

Home on the Range

This week we are featuring a recipe for corn bread sent in by Mrs. C. L. Landis. If you have another recipe for corn bread please send it along as we are interested in a variety of different ideas.

Mrs. Landis wrote that she uses whole wheat flour in her recipe as they have a flour mill where they grind their own grains.

We also received a recipe from Mrs. Morris Zook from Honeybrook for Sugarless Cookies. Mrs. Zook would like interested readers to send in more recipes that use sugar substitute.

4 teaspoons baking powder
1/2 teaspoon salt
1/4 cup brown or raw sugar
2 beaten eggs
1 cup milk
1/4 cup oil or melted shortening

Mix dry ingredients then add the others stirring until smooth about 1 minute. Pour into a greased pan about 9 x 9 inches and bake at 375 degrees for 25 minutes. Serve hot with butter, syrup, honey, or milk.

Mrs. C. L. Landis
Ronks

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Sugarless Cookies

1 cup raisins
1/2 cup chopped dates
1/2 cup chopped apples
3/4 cup chopped nuts
1 cup water
1/2 cup vegetable shortening

Corn Bread

1 cup yellow roasted corn meal
1 cup whole wheat flour (stone ground or fine)

2 well beaten eggs
3 teaspoons liquid sweetener
1 teaspoon vanilla
1 teaspoon soda
1 cup flour

Boil raisins, dates and apples in water for 3 minutes. Add shortening to melt then cool. Add rest of ingredients with nuts last. Chill and drop by teaspoons on cookie sheet. Bake at 350 degrees for 10-12 minutes.

Mrs. Morris Zook
Honey Brook

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Lep Cake

2 cups brown sugar
1/2 cup melted butter or lard
1 egg
1 cup thick milk
1 teaspoon soda
3 cups flour
salt

Combine and bake at 325 degrees in loaf pan until done.

Mary Hoover
Stevens

xxx

Fruited "O's"

Blend:
1 package fruit flavor gelatin (3 ounces)
One-third cup light corn syrup
3 tablespoons butter
Put in saucepan, turn heat on medium, heat until boiling. Remove from heat. Add four cups cherries, mix well.

Pour into a buttered cake pan and when cold, cut into squares.

Mrs. Aaron B. Zimmerman
Manheim RD1

xxx

Smoked Sausage and Potatoes

8 slices thick-sliced bacon, diced
2 lg. onions, chopped
6 lg. potatoes, cooked, peeled and cut into 1" cubes
1 long smoked sausage (or 2) (or substitute Polish kielbasa or Italian sweet sausage)
2 red or green bell peppers, cut into 1" squares
salt and pepper
In a large skillet, fry bacon

until brown and crisp. Remove and set aside. Add onion to drippings and saute until golden brown. Add potato cubes and stir over low heat until potatoes are lightly browned, about 15 min. Cook kielbasa in boiling salted water 15 min. Drain and cut into 1/2" slices. If using sausages, brown on all sides in another skillet; cut into 1" slices. Add kielbasa or sausages to potatoes. Add peppers and stir over low heat for another 10 min. Season to taste with salt and pepper. Pile on a serving platter and sprinkle with reserved crisp bacon.

Donna Hetzel
Atlanta, Ind.

xxx

Cornstarch Pudding

1 quart milk
2 eggs
1 cup brown sugar
2 tablespoons flour
1 tablespoon cornstarch
1 teaspoon vanilla
Beat eggs, flour, cornstarch and sugar. Heat milk in double boiler. When milk is hot add two cups of hot milk to the egg mixture. Add to other milk and cook eight minutes. Add vanilla. Pour in serving dish and sprinkle with chocolate chips.

Mrs. Walter Wise
Womelsdorf, RD1

xxx

Shoo-Fly Pie

1 1/2 cups molasses
1 1/2 cups hot water
1 teaspoon baking soda
Crumbs:
2 cups flour
2 1/2 cups brown sugar
1 cup lard
Bake at 350 degrees until done.

Mrs. Eli S. Smucker
RD1
Gordonville

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Plan Time Wisely

Everyone has twenty-four hours in a day. And if you can't do as much as you think you should there's probably a reason. Extension specialists at The Pennsylvania State University explain that either you're trying to do too many projects or you're not using your time to best advantage.

Many things determine how you'll use your time. Each family has a different pattern of activities and the time schedule of other family members helps determine yours.

Each day there are certain things you must do. These jobs are inflexible. For example, you may need to drive your husband to work at a certain time or feed the baby on schedule. And there are some household jobs you can do any time. These are the flexible jobs. Times for cleaning the house, doing the mending or ironing, and taking care of your personal appearance are some flexible jobs you may fit around the inflexible ones. But remember to try not to do so many flexible jobs each day that you're worn out thinking about them, caution the Extension specialists.

You can usually do something about the feeling of frustration that arises if

you have so much to do you can't take interruptions in stride. Plan cushions of time to take care of the usual interruptions, such as telephone calls, door-to-door salesmen, or unexpected needs of the children. It's easier to fit a project into a few minutes than to squeeze it into too few. And it's a good feeling to do a little more than you planned instead of not being able to do all the things you wanted to do, recommend the specialists.

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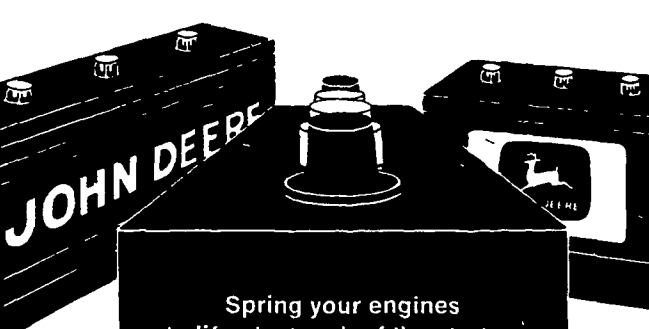
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