

ORGANIC LIVING

By

Robert Rodale

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wheatgerm crust are also very popular.

"The best thing you could say about Grass," according to founder Bobby Goldman, "is that we're a hundred years behind the times, when people knew very little about additives, preservatives, etc., and Mom couldn't help but put delicious natural foods on the dinner table."

The same formula has brought success to the Common Ground, a modest natural foods restaurant in Brattleboro, Vt. Stir-fried chicken and Chinese vegetables are a traditional favorite there. Other popular items include local, fresh-baked turkey with chestnut stuffing, fresh salads, homemade soups and make-them-yourself sandwiches served on whole grain bread. Even their mayonnaise is prepared fresh daily on the premises.

With such emphasis on quality, natural foods eateries may turn out to be the gourmet restaurants of tomorrow. In this age of increasingly synthetic, convenience cuisines, they could go a long way toward warding off what Shelton sees as "a gastronomic 1984."

(Editor's Note: The opinions appearing in "Organic Living" are those of its author, Robert Rodale, an independent columnist. Rodale's comments do not necessarily reflect the thinking of the Lancaster Farming editor or anyone else on the Lancaster Farming staff.)

Local Sheep Growers Okay Wool Agreement

Lancaster County wool growers voting in a referendum ending November 15 approved a new agreement between the American Sheep Producers Council Incorporated and the Administrator, Agricultural Marketing Service.

The agreement provides for the Administrator of ASCS to withhold a part of the price support payment to producers on shorn wool and unshorn lambs marketed during the years 1974 through 1977. These deductions will be used by the Council to finance advertising and promotion programs for wool and lamb.

The agreement will become effective if approved by two-thirds of the total

number of producers, or two-thirds of the total volume of production represented in the referendum.

In Lancaster County, a total of 47 wool producers voted. 40 producers owning 3,259 sheep voted in favor, 6 producers owning 94 sheep voted against the agreement and one ballot was declared ineligible by the County ASC Committee.

The ASC office urges all farmers who sold wool or unshorn lambs to file application for price support payment. Payments will be made if the national average price for wool sold in 1974 is less than the incentive payment rate of 72 cents per pound.

Dairy Cows

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for laboratory analysis when the suspect that residues may be present. They send in samples for routine surveys made on a nationwide or area basis to find out if residue problems are widespread. They also send in samples from individual farms and feedlots where previous tests have detected violative residues.

Whether your cow passes inspection or is condemned can depend on you, the dairyman. Federal inspectors are intensifying their surveillance of animals

to preclude drug, antibiotic and chemical residues getting into meat and meat products.

The wise dairyman won't risk having his animal condemned because of such residues—by loading it up with antibiotics just so he can get it to market, but will follow the withdrawal time requirement stated on the label. Good managers will take steps to cull their herds in time to get maximum return from the packer.

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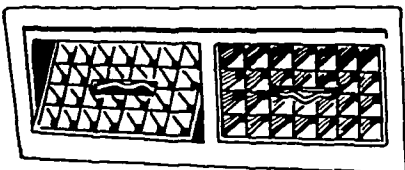
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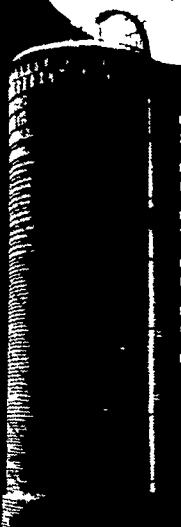
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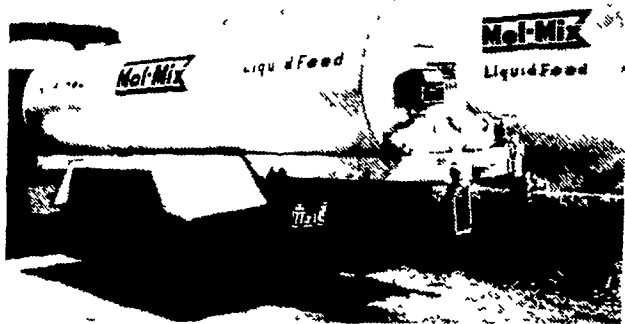
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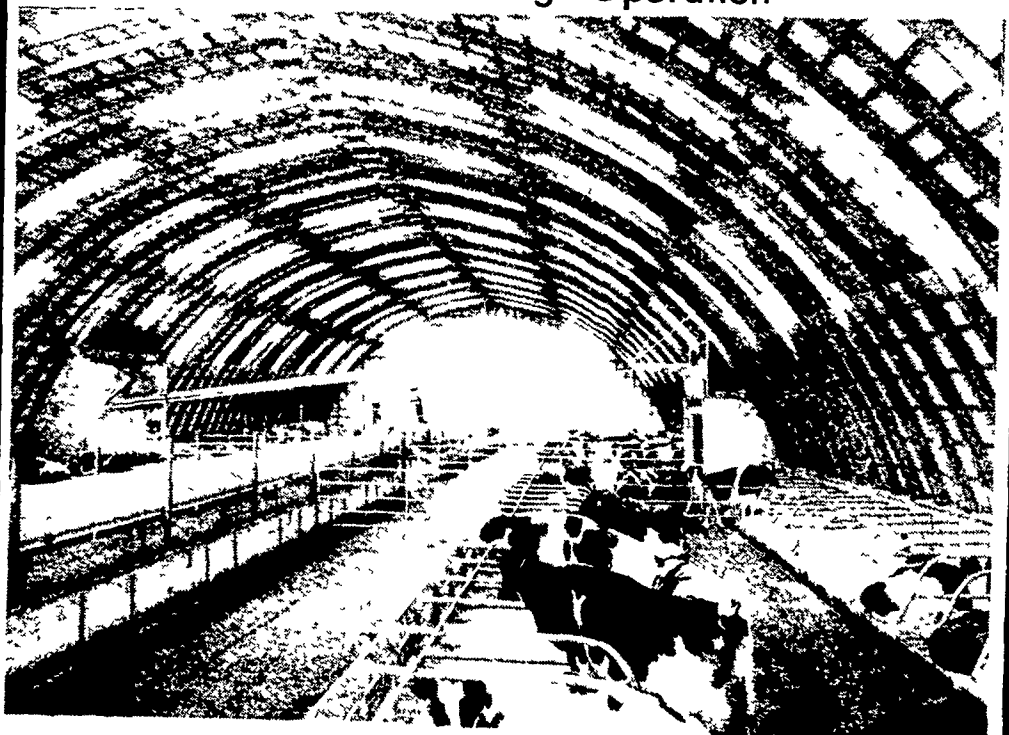
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