

LADIES HAVE YOU HEARD?



By Doris Thomas, Extension Home Economist

Tips On Preparing Wild Game

During pioneer days hunting wild game, large and small, was a necessity. Today, however, it's more of an invigorating adventure. With hunting season here, it's also open season for game cookery.

People eating game for the first time usually try to compare it with beef, pork, or other domestic meats, but good cooks will remember that game has a distinctive flavor which for the most part, is not comparable with the meat of any other group of animals.

But we need more than recipes to fully enjoy eating game. It must come from the field to our kitchen in good condition. That means that every sportsman should know the proper way to clean, transport and store what he shoots.

The necessity for dressing game immediately after shooting depends, of course, on the weather. Hunters agree that game birds may be carried through the day without cleaning. If the temperature is warm and the birds are to be kept more than one day without cleaning. If the temperature is warm and the birds are to be kept more than one day

without ice or refrigeration, they should be drawn as soon as possible but leave the feathers on until reaching home.

The abdominal cavity of mammals must be cleaned out the same day they are killed. Carefully remove splintered bones, pieces of feathers or fur and shot from shot wounds. This makes it possible to cook wild meat in a good condition.

Loosely wrap fresh game birds and then store them in the coldest part of your refrigerator for two or three days before cooking. For best flavor, cooked game should be stored in a covered container and eaten within three to four days. Or you can freeze the birds, if they are waterfowl.

As you would do with poultry, you can roast, broil or fry tender birds. These birds have light-colored skin, and may need to be well basted. Older birds, more solidly fleshed and fattier, require moist cooking - stewing or braising. They are also suitable for cooking in a pressure cooker.

If you prefer a milk rather than a game flavor, soak the bird in a salt or vinegar solution overnight in the refrigerator.

Berks County Society 4

The regular meeting of the Farm Women Society 4 of Berks County was held on Tuesday, November 5 at the home of Mrs. William Shuler, RD4, Boyertown.

Mrs. Harold Good, president, presided over the meeting with 15 members present. Mrs. Roy Youse is in the Reading Hospital and members are encouraged to send cards.

Christmas gifts have been purchased for the Wernersville and Hamburg State Hospitals. Anyone wishing to send other gifts or cookies should deliver them to Mrs. Good before November 35.

All members going to group 10's night of entertainment at Camp Swatara on November 20

Inflation Fighter Tips

Shopping takes more skill today than it did in Grandmother's day. Where she had two products to choose from - you have fifty, thanks to modern technology. These days it's harder to make an informed, wise purchase. But here are some tips to avoid unnecessary drains on your spending power.

- Limit yourself to products with features you'll use. For example, don't buy a combination can-opener-knife-sharpener if you don't plan to use the knife-sharpener.

- Purchase only those products you know you'll use. Buying all the newest in pans or casseroles is wasteful if you will only use your old favorites anyway.

- Buy at a level of quality appropriate to your intended use. A lower quality garment may be the best buy in a child's swim suit, if it's not worn a great deal and will soon be outgrown.

- Consider the costs of maintenance and upkeep before you buy. A "drycleanable only" dress may cost you much more in the long run than several "machine washable" ones.

- Avoid impulse buying, but plan ahead. Buy what you need. Then budget a set amount to be spent "just for fun."

must be at Mrs. Paul Bechers by 6:15 p.m. that evening.

There will be a game night with the patients of Berks Home November 12. Mrs. Jacob Rothenberger will bake cakes for the refreshments. All are asked to donate game prizes.

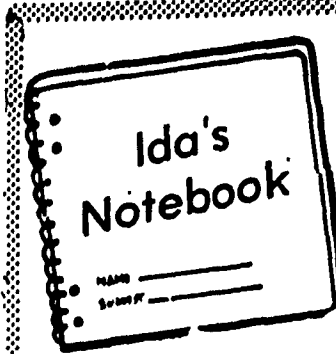
The state convention will be held January 6-7 in Harrisburg. Group 4 will donate cookies for the tea hour. Two members from the group will serve as ushers Tuesday morning.

Linda Taylor has been named County safety chairlady and will compile a list of suggested safety programs which will be made available to each group.

Group 4 will have their annual banquet December 5. Several locations were discussed and Mrs. Charles Taylor will complete the arrangements and notify members.

New officers will be installed by the county president at the December meeting.

Committees for the next two years were announced: Mrs. Ronald Barrett, Mrs. Alfred Harrison and Mrs. William Shuler, program; Mrs. Francis Mauger, Mrs. Richard Farrell and Edna Angstadt, membership; Mrs. Harold Good, Mrs. Raymond Haring and Mrs. Leroy Steffey, ways and means; Mrs. James Bechtel, Mrs. Roy Youse and Mrs. Paul Becker, sunshine; Mrs. Lester Kulp and Jean Waldo, auditors; Mrs. Walter Burkepile, Mrs. Jacob Rothenberger and Georgeanna Fullertown, nominating; Mrs. Alfred Harrison, photography and Mrs. Ronald Barrett and Mrs. Charles Taylor, convention delegates.



Ida Risser

Banquets seem to be the thing to go to in November. Somehow we managed to have two or three each week. Now that is too many! At least the bathroom scales says it is.

Maybe I should do what the couple sitting nearby at a recent banquet told me they did. She only ate a small bowl of jello for breakfast while he ate a dish of cornflakes for each meal the day of the banquet.

It seems as though we always want to get our money's worth and don't think of the consequences. Now I shall have to practice the best exercise a dieter can use—shake my head "no" while pushing my chair away from the table.

Little children love to dress up at Halloween and collect a big bag of sweets.

Cindy went to one party dressed in her Daddy's overalls and old straw hat. She went trick or treating in my old gypsy costume.

What can older boys do when they are not allowed to wear masks, after they are 12 years old? Some boys in our neighborhood solved the problem by dressing their dogs in cut-off jeans, T-shirts and belts. Such a sight, but it paid off for everyone as even the animals got dogfood.

Last week I did an unprecedented thing—I bought a box of pie crust mix. When I served the lemon meringue pie, my husband ate it without comment as is usual. So, I had to ask him what he thought of it. His answer surprised me—

"The lemon was fine but I didn't care for the crust." Whereupon I confessed it was a mix.

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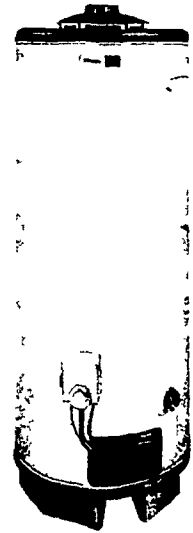
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