

# LADIES HAVE YOU HEARD?



By Doris Thomas, Extension Home Economist

**CLEAN CLOSETS KEEP CLOTHES CLEANER**

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A clean clothes closet will help keep your clothing clean and neat. Storing clothing in a dusty closet often results in dusty clothing.

Closets should be cleaned thoroughly at least twice a year. The best time to do this is when seasonal clothing is switched for winter or summer.

The process of cleaning a closet involves more than sweeping, mopping, vacuuming and dusting. A good "cleaning" will include an inventory of the clothing stored in the closet. An evaluation should be made of each garment to determine its need for repair, cleaning

and whether or not it should be disposed of by throwing it away or giving it away. If the garment is still usable it could be sold at a garage sale or items could be recycled.

The inventory should include hats, handbags and footwear also. Examine each item carefully to determine whether or not it is needed or is being used. Ask if it is still fashionable, has it been used recently, does it fit into the wardrobe color scheme, and is it still in usable condition.

Cleaning a closet includes brushing down walls and shelves; washing walls, shelves, woodwork and rods; sweeping and mopping or vacuuming the floor. Allow your closet to dry and air out before returning clothing to it. A mild air freshener may be placed in it to help keep garments fresh smelling.

As you put the clothes back into the closet remember to put clothes worn infrequently near the back of the closet. Clothes worn more frequently should be placed for easy access. Organize the clothing for convenient use; all work clothes together, dress clothes together, and sportswear together. Place hatboxes and handbags in an orderly way on closet shelves. Be sure box

markings are to the front so they can be seen easily. Shoes can be stored on the closet door or wall in shoebags, on a shoe rack on the closet floor or in boxes stacked neatly on shelves or on the floor.

To keep a closet clean between major cleanings, sweep or vacuum the floor each time a room is cleaned. Keep things in order on shelves or on the closet floor and return garments to the proper section of your closet rod after wearing.

**RECYCLING CAN START AT HOME**

Recycling is high on the fad list right now; so why not take advantage of this trend and recycle some things right back into your own home.

For example, check the furniture again if you are thinking of throwing it out. If the frame is still strong and the springs in good condition, it may be renovated and look as good as new - or even better than the new you could purchase for the same price or more.

Look over the old blankets you are about to throw away. They could furnish good material for that rug you've been meaning to braid - or hook. Those scraps of material which have ac-

## Farm Women Calendar

**Saturday, November 2**  
 Farm Women Society County Convention at the Lancaster Bible College. Featured afternoon speaker will be Jane Alexander, Deputy Secretary of Agriculture.

**Thursday, November 7**  
 Farm Women Society 20 meeting at 1:30 p.m. with Arlene Fisher and Pearl Best as hostesses.

**Friday, November 8**  
 Farm Women Society 13 meeting at 7:30 p.m. with Mrs. Robert Bomberger and Mrs. John Miller as hostesses.

**Saturday, November 9**  
 Farm Women Society 1

meeting at 1:30 p.m. with Mrs. Noah Kreider and Mrs. Willis Bucher as hostesses.

Farm Women Society 10 meeting at the home of Ruth Landes.

Farm Women Society 2 meeting at the home of Mrs. Paul Donough.

**Protein**  
 Complete protein means that all the essential amino acids (building blocks of proteins) are present in the right amount

**Carbohydrates**  
 Carbohydrates furnish energy. After they are digested and absorbed into the body they may be: used directly for energy, stored as glycogen in liver and muscles, or converted into fat.

**Steamed Buns**  
 Shape those regular refrigerator biscuits into balls. Set each on a square of waxed paper. Place in steamer over boiling water. Cover pan, steam ten minutes, serve hot.

accumulated for years could be used to make patchwork used to make patchwork skirts, pillow tops and other articles that are currently in vogue. Old nylon hose can be used for stuffing home made cushions.

It is possible that some old lamp shades can be rejuvenated. Perhaps all it will take to make it "new" again is to cover it with fabric or paper to blend with

your room decor. If the inside has darkened, spray-paint with white or coat with white shoe polish for better light reflectance. To get the pattern for your cover, simply roll the shade on newspaper, marking the shape as you roll it. Glue top and bottom edges and the seam with white transparent glue and finish the edges with braid.

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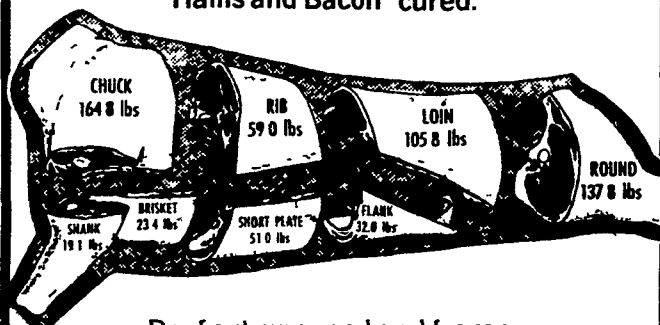
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65TH ANNIVERSARY

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# BILL MOORE AT THE WISHING WELL



William M. Moore (right) Democratic Candidate for Representative in General Assembly, District 102, and Harold B. Kreider, pose at the Wishing Well at Kreider's Mum Farm North of Lititz.

Mr. Kreider has been associated with Bill Moore for the past several years, through various activities of the Pennsylvania Farmers Assn., and worked together through Farm Legislative Meetings at the State Capitol.

Mr. Kreider, a Conservative Republican, wishes to endorse William A Moore, a Democrat, because he feels Mr. Moore is very qualified to represent the people of the 102nd District in the General Assembly.

The rural people of District 102 need Bill Moore's down-to-earth experience and attitudes to represent them in Harrisburg, to replace Robert Rowe of Lebanon who is not seeking re-election, who has had a good voting record, and has done a good job of representing the rural people of District 102

**VOTE FOR WILLIAM A. MOORE ON NOV. 5th**

## BULLETIN:

### ROLLS & ROLLS OF CARPET ON STOCK

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