

Dairying Is His Interest

(Continued From Page 1)

In the 4-H classes, Rick's animal placed 2nd in the senior yearling class and 8th in the district competition. Other 4-H activities also kept Rick busy as he participated in many leadership programs such as the teen leader council of Lebanon County, and attended the Leadership Conference in Dublin Gap. He also attended the Leadership Council training at Penn State prior to the 4-H Congress.

As an outstanding 4-Her Rick also went to the

Citizenship Short Course held in Washington D. C. and Capitol Days in Harrisburg.

Rick participated on the dairy judging team at the State 4-H Festival and placed 12th individually.

Between his busy moments in 4-H, Rick is also active in the Cedar Crest FFA Chapter and is presently serving as the chapter treasurer and the county secretary.

For his work in FFA projects that have included dairy, grain and field crops, Rick has been awarded the Chapter Star Farmer Award and record book awards.

Rick explained that he would like to continue in

farming after he graduates from Cedar Crest High School in the spring.

Rick is interested in going to college to major in dairy science and would eventually like to work in extension with dairy.

"I'd like to stay around the farming area," he explained "and am mainly interested in dairying."

While long term interests are still in the formulating stage for Rick, he knows that his plans will be for the near future, as he will be traveling to visit Penn State following his being named a finalist in the distinguished Junior Member Club of the Pa. Holstein Association.



Showing his Holstein dairy animals at various shows this summer kept

Rick busy. He exhibited cows in both the 4-H and FFA divisions.

Consumers' Corner

Use Care When Canning

Constant vigilance might well be the watchword for homemakers as they handle, process, prepare and eat food.

Although certain forms of mold, yeast and bacteria can be important in some areas of food production, other forms can be quite harmful and even fatal.

With canning season upon us, it is important to be alert to the dangers of one of the worst

offenders in the whole story of food processing

This organism, a type of bacterium, produces a deadly poison and causes the disease, botulism. The organism is colorless, odorless and tasteless.

The disease it causes has marked symptoms, including muscular weakness, double vision, dilated pupils, swelling of the tongue, and paralysis of the throat and eye muscles, often making it impossible for the person to see or speak.

Unless the disease, which is sometimes mistaken for tetanus, is diagnosed correctly within a few hours, it is fatal.

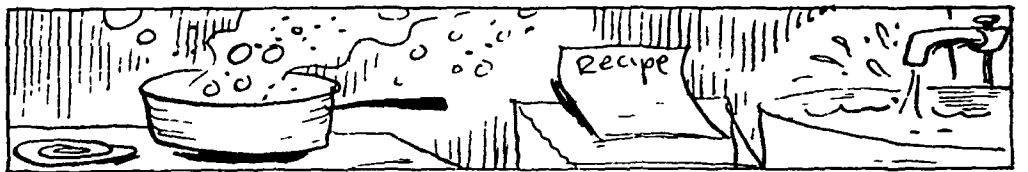
Fortunately, this disease can be prevented. The organism that causes it grows in a non-acid or low-acid medium and in the absence of air.

A jar or can of low-acid food that has not been properly processed is a fertile place for bacterial growth. The organism can survive a temperature of 212 degrees for 8 to 10 hours. But it can easily be destroyed at a temperature of 240 degrees and 10 pounds pressure in a matter of minutes, depending on the food.

For this reason, it is important to use a pressure canner that has been tested and is working properly, when canning low-acid foods. These foods include meats and all vegetables, except tomatoes.

One Or The Other

The persistent reporter demanded an explanation and the truth: "Make up your mind—you can't have both," pronounced the politician.



COOKING CORNER
How to Boil Water

Enough Water

1 Pot

(Note: a pot is somewhat similar to a cup in shape, but larger and usually made of some sort of metal. It frequently has a long handle as well.)

Put water into pot. (Pot must be large enough to hold all the water you wish to boil.) Light flame under pot. Cook until bubbles appear. Keep your eyes closed during the latter part of this process, as a watched pot never boils.

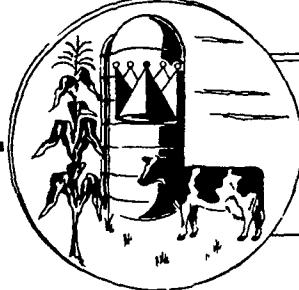
When using a kettle follow same directions. When the water boils, the kettle will whistle. It will be hot, so do not slap its face.

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"So we started all over again, retesting and balancing the complete ration - the hay, silage and grain. After following this balanced program for 3 months, the cows started to freshen easier, milk better, and breed better. By the beginning of Summer the cows were up 10 pounds of milk per cow per day and by the middle of Sept. the herd was up 20 pounds of milk per cow per day from when we started. This is the highest they've ever been."

"I had never really wanted to get over 45-50 pounds of milk per cow per day for fear of tearing up the cows, but now they've been averaging over 50 pounds for more than 3 months and the herd health is still in excellent condition."

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