

Home on the Range

October is the month of changing weather with frosty days and chilly nights. Easy to make casseroles are a good food idea for this month and can be easy to make with all those stored vegetables from your summer gardens. In the next few weeks we would like to receive your favorite recipes for hearty casseroles and favorite fall dishes that your family enjoys.

Also we would enjoy receiving recipes for dishes that annually appear on your

table for the Thanksgiving meal whether it be a special dessert or side vegetable dish.

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If the oyster in your stew blushes up at you, don't worry, says, Miss Trudy Dougherty, Extension Home Economist, Chester County.

Occasional coloration in oysters has been traced to a red plant coloration or algae which usually does not appear until an oyster is frozen or cut while being shucked. Certain algae, when eaten by

an oyster will result in the oyster assuming the same coloration as the plant.

Oysters occasionally feed very heavily on red organisms and the pigment is then contained in the tissue of the oyster until it is finally digested. The red pigment is entirely harmless to humans and should be of no concern to the oyster consumer. This phenomenon has been recorded for more than 25 years and probably was occurring before that time.

Oysters are subjected to close surveillance by regulatory agencies to insure that oysters reaching the consumer are of a uniform high quality and in good condition. Healthy oysters may be green, brown, yellowish red or even black. There are many reasons for these variations in color. The most common reason in all cases is the particular food organisms upon which the oyster feeds. Occasionally, coloration is caused by minerals in the water. The coloration of oysters does not in any way affect their eating quality, however.

Hamburger Rivel Soup

1 pound hamburger meat
1 small onion
2 teaspoons parsley
pinch of saffron
4 quarts of water
1½ pound of frozen or 1 quart fresh corn
2 cups flour
2 eggs
salt and pepper to taste

Brown hamburger meat and onion in soup pot (about 6 quarts). When browned slightly add salt, pepper, parsley and saffron with about 4 quarts of water. Bring to a boil, add rivels and continue to boil slowly for at least ½ hour until corn is cooked and rivels are not doughy inside. Makes 12 servings.

Rivels:

Make a well in flour and add eggs; cut or stir with

fork until flour is moistened.
Mrs. Elvin Martin
RD4
Lititz

xxx

Burger Casserole

1 pound ground beef
½ cup sliced celery
¼ cup chopped onion
1 can vegetable soup
¼ teaspoon salt
1 cup mashed potatoes

In skillet brown beef and cook celery and onion until tender. Stir to separate meat. Pour off fat. Add soup and salt. Spoon into one quart casserole. Mound potatoes around edge of casserole. Bake at 425 degrees for 15 minutes, makes 3-4 servings.

Mrs. L. Garman
Manheim

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Chili Con Carne Soup

Brown 1 pound hamburger meat. Add 2 tablespoons salt, 1-17 ounce can kidney beans, 2 cups tomato juice. Add to cooked macaroni, about 1½ quarts. Makes about 3 quarts.

Mrs. Walter Zimmerman
RD2, Denver

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Drop Donuts

3 cups sweet milk
3 cups sugar
3 eggs
3 teaspoons cocoa
1 teaspoon nutmeg
6 teaspoons baking powder
9 cups flour
½ teaspoon salt

Mix like any dough, mix well. Drop by teaspoonsful into hot lard or cooking oil. Be careful not to have the oil too hot, so they bake through before they get too brown on the outside. They usually turn around themselves if one side is baked. When finished, roll in granulated sugar while still warm.

Eva S. Weaver
New Holland RD1

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Oatmeal Cookies

¾ cup shortening
1 cup brown sugar
½ cup granulated sugar
¼ cup water
1 egg
1 teaspoon vanilla
1 cup flour
1 teaspoon salt
½ teaspoon soda
3 cups quick oats

Add raisins, chocolate chips, nuts, or coconut.

Elva Stauffer
New Holland RD2

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Upsidedown Pudding

In an 8 x 8 cake pan, place 3 tablespoons butter and 1 cup brown sugar. Place on stove until sugar is melted and browned a bit. Then add

sliced raw apple or other milk fruit.

Make a dough of the following ingredients and place on top of the fruit.

1 cup sugar
3 tablespoons melted butter
1 egg
½ cup sweet milk
1½ cup flour 2 teaspoons baking powder

Cream sugar and melted butter. Add egg and beat well. Sift baking powder and flour together and add alternately with the milk. Bake at 350 degrees for about 50 minutes. Turn upside down and serve warm with

Carol Hurst
Ephrata

xxx

Butterscotch Pudding

2 cups brown sugar
1 tablespoon butter
3 tablespoons flour
1 egg
2½ cups water
1 teaspoon vanilla

Make like caramel pudding. Add marshmallows, peanuts, bananas - as much as wanted. Whipped cream may also be added.

Catherine Shirk
Ephrata, RD3
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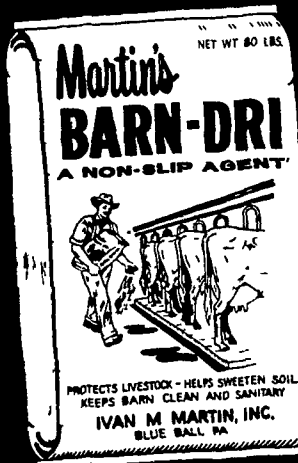
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