

# Postmaster

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Lightly coat meat with flour, salt and pepper; brown in shortening; add onion to tomatoes and water; add carrots, celery, potatoes and seasoning. Cover and simmer for 2 hours or until meat and vegetables are tender.

Approximately 15 to 20 minutes before serving add dumplings and cover pan again to bubble.

Dumplings:

- 1 cup flour
  - ½ teaspoon salt
  - 1½ teaspoons baking powder
  - ½ cup milk
  - 2 tablespoons melted fat or salad oil to make soft dough
- Combine ingredients and drop into bubbling stew by teaspoonful. Cover pan and cook for 15 minutes. Served with a tossed salad, iced tea or milk.

### HAZEL'S APPLE DUKEY

- 1 cup sugar
- butter or oleo the size of an egg
- 2 cups flour
- 3 teaspoons baking powder
- ½ cup milk or water
- 1 egg
- pinch of salt
- vanilla

Slice apples in bottom of buttered dish, dot with butter and sprinkle on cinnamon. Pour batter on top. Bake at 325 degrees in glass dish about 50 minutes.

Serve warm or cold with ice cream or milk.

### RAISIN-NUT SPICE CAKE

- 1 cup raisins
- 2 cups water
- ½ cup shortening
- 1 cup sugar
- 1¼ cups flour
- 1 teaspoon soda
- 1 teaspoon cinnamon
- 1 teaspoon cloves
- 1 teaspoon nutmeg
- 1 teaspoon allspice
- ¼ teaspoon salt
- 1 egg beaten
- ½ cup chopped walnuts (optional)

Add water to raisins and boil 10 minutes. Remove from heat, add shortening and let cool while you sift together sugar, flour, soda, spices and salt. Add to cooled raisin mixture and beat well. Add egg and beat again. Bake at 375 degrees for 35 to 40 minutes in a 9" x 13" pan which has

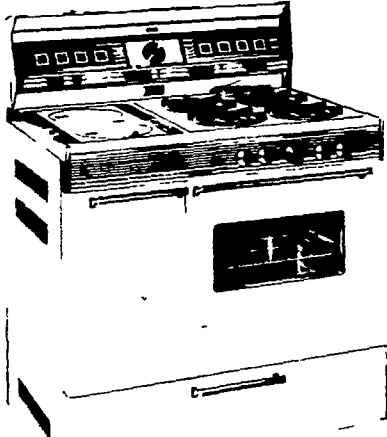
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# Farm Women Societies

## Society 4

Society of Farm Women 4 held election of officers for president and vice-president. Mrs. Henry Reist was elected president and Mrs. Edwin Yeaglin was elected as vice president.

Delegates to the State Convention in Harrisburg in January will be Mrs. Charles Newcomer and Mrs. Cyrus Gamble.

Next meeting will be Sat., Oct. 26th at the home of Mrs. Fianna Wile, Mountville with Gerald Lestz on "Our Amish Heritage."

## Society 21

Farm Women Society No. 21 met at the home of Mrs. Frank Aument. Co-Hostesses were Mrs. Melvin Meck and Mrs. Richard Wood. Nineteen members were present with one guest. Roll call was answered by imitating the sound of an animal.

President, Mrs. James Long, led the business portion of the meeting. The annual Christmas bazaar will be held on November 14. We might go to Conestoga View in November to entertain the guests. A 25 dollar donation will be sent to meals on wheels.

The county Convention is to be held on November 2. Tickets are available for \$4.00 each.

The Ways and Means committee handed in funds to the treasurer.

Members were reminded that dues will be collected at the next meeting.

Thank you notes were received from Mrs. John Delong, Mrs. James Shenk and Mrs. Charles Long. A long dress or skirt are the two choices for Sewing Garment of the year. Our November meeting was changed from November 14 to November 7. Our program was Country Fair night with Mrs. Thomas Bradley winning with the most ribbons and Mrs. William

## Society 27

Society of Farm Women 27 held a Work Project night at a recent meeting at Mrs. Wilbur Erb's home. Mrs. Herbert B. Frey was co-hostess. Mrs. Sam Heleman was in charge of the devotions.

During the Work Project time terry cloth bibs, washable bed pads, physical therapy cylinders, and disposable newspaper bags were made for a nursing home. Life saver yarn dolls were also made. The total of all items made, came to a count of 60 dozen items completed.

Mrs. Albert Fry Jr. was re-elected as President for one year and Mrs. Robert Shearer was voted as Recording Secretary for two years.

Children of the members will be entertained at a Halloween Party, October 22, in Mrs. Robert Shearer's barn.

Arrowsmith for the most blue ribbons.

Ann Brown Sec.

## Farm Women Calendar

Tuesday, Oct. 8

Farm Women Society 22 Meeting 1:00 p.m.

Wednesday, Oct. 9

Personnel management Meeting at the Farm and Home Center 9:00 a.m. - 4:00 p.m.

Thursday, Oct. 10

Farm Women Society 9 meeting at the Colemanville United Methodist Church.

Friday, Oct. 11

Farm Women Society 13 meeting at 7:30 p.m.

been greased and floured.

### SURPRISE VANILLA DELIGHT

- 2 packs of instant vanilla pudding (3½ oz.)
- 3 teaspoons vanilla
- 1 envelope of Dream Whip or one small container of Cool Whip
- 2 bananas

USE BLENDER to make vanilla pudding and follow box directions, add vanilla. After making pudding slice bananas into pudding and add Dream-Cool Whip. Place in large bowl and chill. Crumbled vanilla wafers can be sprinkled on the top. Quick and easy dessert - a delight to serve.

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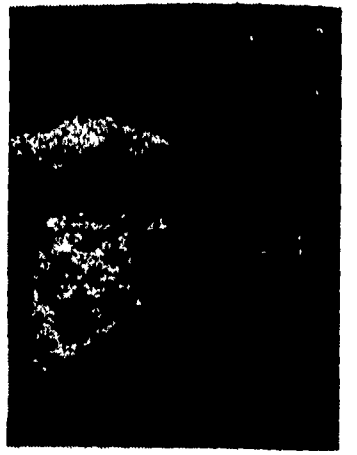
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## Thought For Food



### Rock Lobster Currie, Afrikaans

Parboil 2 packages (8 oz. each) frozen South African rock lobster tails by dropping into boiling salted water. When water re-boils, drain immediately and drench with cold water. Cut away underside membrane and remove meat from shells in one piece. Peel and mince 1 medium onion. Pare and dice 1 medium apple. Melt ¼ cup (½ stick) butter in skillet and saute onion and apple until yellow, but not brown. Stir in 3 tablespoons flour and ½ teaspoon salt. When blended, add 1 cup chicken stock and stir over low heat until sauce begins to thicken. Stir in 1 cup cream and continue stirring until smooth and thick. Add ½ to 1 teaspoon curry powder. Dice cooked rock lobster meat. Add to sauce and heat thoroughly. Serve with boiled rice, chutney, canned peanuts and coconut. Yields 6 servings.

## UNCLAIMED FREIGHT COMPANY and LIQUIDATION SALES

- 5-12" T.V.'s B-W reg. \$109.95 OUR PRICE \$50.00
- 8-hide-a-beds reg. \$289.95 OUR PRICE \$149.00
- 8 - hide-a-beds reg. \$309.95 OUR PRICE \$159.00
- Dealer refused - 9 - 2 pc. Living Room Suites reg. \$529.95 OUR PRICE \$289.95
- 12 - 2 pc. Sofa & Chair reg. \$509.95 OUR PRICE \$269.95
- 3 pc. Sets reg. \$769.95 OUR PRICE \$389.95
- 11 - 2 pc. Modern reg. \$589.95 OUR PRICE \$289.95
- 50 Upholstered Folding Chairs reg. \$24.95 OUR PRICE \$9.95 each
- 4 full Trailers to choose from.

Trailer load of Recliners refused - on our floor now. From dealer up state. Still left - merchandise refused from store in Florida. T.V.'s - portables & Consoles - refused from dealer in Cleveland - still have some left.

- 2000 - 8 Track Tapes - \$2.00 EA.
- 21 - Freezers - uprights 2 - Chest Freezers cu. ft. 10, 13, 16, 20.
- Many styles of Bedroom Suites 40 to 50 PERCENT OFF. - Manufacturer of these suites sold out.
- Box Springs & Mattress.
- 50 - Blenders - 8 speeds reg. \$32.50 OUR PRICE \$19.00
- 44 - cases Liquid Detergent Concentrate - reg. \$16.89 - 12 quarts OUR PRICE \$7.00 - 12 qts.
- Hundreds of Stereos - Consoles & Components - from manufacturer warehouse sale.
- 10 - sets Bunk Beds - reg. \$289.95 OUR PRICE \$149.00
- Many kinds of Electric Coffee Makers.
- 3 - Automatic Sewing Machines w-Case reg. \$359.95 OUR PRICE \$129.95
- 15 - Nite Stands - reg. \$109.95 OUR PRICE \$25.00 ea.
- 12 - Refrigerators - 14, 15, 17 & 18 cu. ft.

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