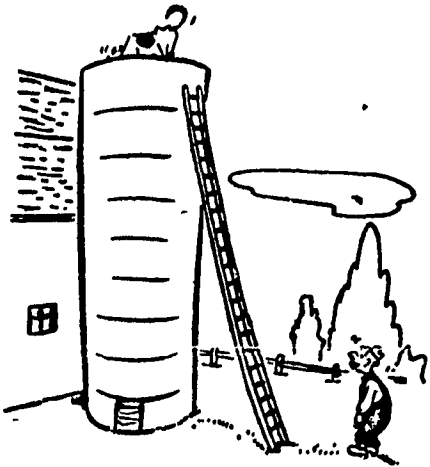


TRY A CLASSIFIED AD
PHONE 626-2191 or 394-3047



"Ever since I started using McNess Silage Booster she just can't seem to wait."

MR. H.S. SAYS: One year we treated our silage with _____ at a cost of \$400.00. The last two years we used McNess Silage Booster and are very well pleased. The cost is only \$152.00 for the same amount of silage.

CATTLE KNOW THE DIFFERENCE
We Want You to Know the Difference

DON'T MISS THIS BARGAIN
SEND YOUR LUCKY 13 COUPON ALONG WITH YOUR NAME AND ADDRESS TO:

McNESS

Box 140 East Earl, Pa. 17519
Phone 215-445-6983 717-733-7541

THIS LUCKY 13 COUPON ENTITLES ME TO

\$13.00 OFF

REGULAR RETAIL PRICE OF ONE BAG OF

McNESS SILAGE BOOSTER
ONLY AT THE ABOVE ADDRESS

ONE BAG WILL TREAT 100 TON OF SILAGE
ONE BAG FREE WHEN YOU BUY TWELVE

High Blood Pressure Identified As Prime Factor In Strokes

"We must stop thinking of stroke as an inevitable accident of nature, and begin to think in terms of stroke prevention."

According to Dr. Howard S. Robbins, president of The American Heart Association, Lancaster, Pennsylvania chapter, this emphasis on stroke prevention must begin early in life, because the underlying causes of stroke can build up for decades before a stroke actually strikes.

"Medical research has identified high blood pressure as perhaps the

most important factor thus far identified in stroke. Early detection and control of high blood pressure would appear to be a key to the prevention of stroke."

"Heredity," Dr. Robbins added, "also plays a part in stroke, but we can't do much to change our family tree. What we can do is modify our lifestyle to control the other risk factors involved in stroke. In addition to high blood pressure, these factors are high blood cholesterol level, diabetes, heavy cigarette smoking, excess weight and lack of exercise."

In terms of everyday living, the first step in stroke prevention should be a visit to the family doctor to check on general health, blood pressure, blood cholesterol level, and to test for diabetes.

This medical checkup is vital. To emphasize this, Dr. Robbins cited high blood pressure as a condition that has few symptoms in its early stages. Without regular blood pressure checks, high blood pressure could exist undetected for years, greatly increasing the future risk of stroke, heart attack, or kidney disease. Once it is detected, high blood pressure usually can be effectively controlled with modern drugs and diet.

"The next step in stroke prevention," Dr. Robbins continued, "should be an objective look at our lifestyle. If we enjoy a diet rich in fats and cholesterol, smoke excessively, are overweight and seldom exercise, we may be increasing our future risk of stroke. Now is the time to

modify this lifestyle, try to control these risk factors, and reduce our future risk of having a stroke."

For more information about stroke and stroke prevention, ask the American Heart Association, Lancaster, Pennsylvania chapter, for its free leaflet, "Body Language."

Thought For Food



Crab Egg Puffs

For cream puffs: Bring 1 cup water and ½ cup butter to a rolling boil in a saucepan. Add 1 cup all-purpose flour and ¼ teaspoon salt, stirring vigorously over low heat until mixture forms a ball. Remove from heat. Beat in 4 eggs all at once, continue beating until smooth. Beat in ¼ cup Parmesan cheese. Drop dough by tablespoonfuls onto lightly greased baking sheets. Bake in a preheated 400°F. oven 18 to 20 minutes or until lightly golden brown. Pierce with sharp tip of a knife and return to oven 5 minutes to dry out insides of cream puffs. Cool on wire racks; cut off tops.

For filling: Combine all ingredients thoroughly: 6 hard-cooked, finely chopped eggs, 1 can (7½ oz.) crabmeat, drained and finely chopped, 1 cup finely chopped celery, ½ cup mayonnaise, ½ teaspoon dry mustard, and ½ teaspoon salt. Fill cream puffs using approximately 2 tablespoons filling per puff; replace tops. Chill before serving. Makes approximately 2½ dozen.

ORDER YOUR FALL SEED GRAIN NOW

While Supplies Are Ample

Cert. Pennrad Barley
Barsoy Barley
Cert. Abe Wheat
Cert. Arthur 71 Wheat
Cert. Redcoat Wheat
Winter Rye
Timothy
Cert. Climax Timothy
Permanent Pasture Mixes
Complete Line of Farm & Garden Seeds.

P. L. ROHRER & BRO., INC.

Smoketown, Pa. 717-299-2571

ELECTRIC FENCE CONTROLLER REPAIRS

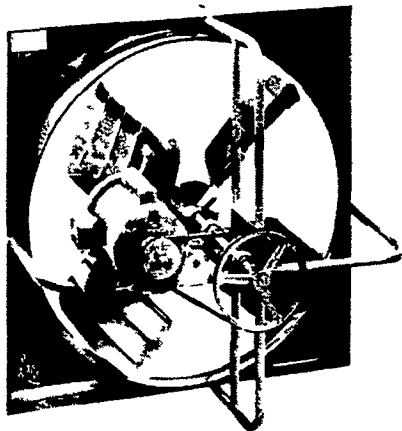
Authorized Factory Service on Most Shockers
REPAIR THEM NOW

Glenn M. Hoover

Leola RD1, Oregon Pike 17540

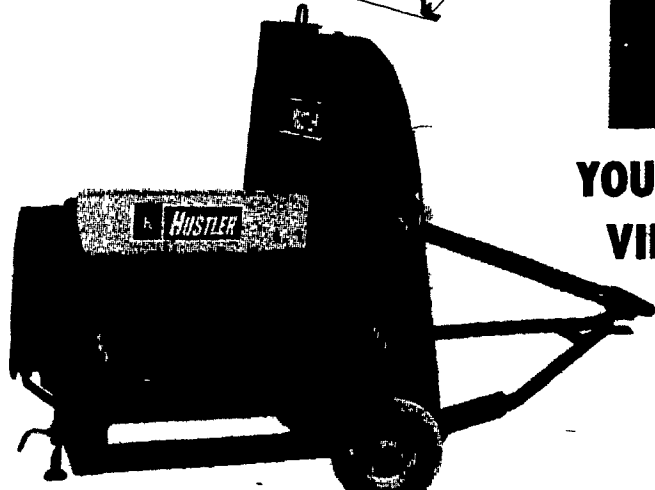
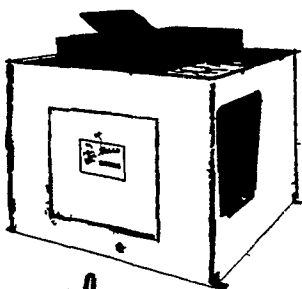
656-8020
Manufacturers of Kafstals
Veal Stalls Bale Wagons

LOOKING FOR DEPENDABLE FEED-LOT EQUIPMENT?



HEAVY-DUTY BELT DRIVE FANS

RITCHIE CATTLE WATERERS



56" FILL-RITE HUSTLER BLOWER
SPECIAL \$895.00 COMPLETE



YOUR BEST BUY — A "WET-CAST" VIBRATED CONCRETE STAVE SILO

LANCASTER SILO CO., INC.

2008 Horseshoe Road LANCASTER, PA. 17601
2436 Creek Hill Road

Choose the **PROFIT PLANNED** Feeding System



... expertly planned **JUST FOR YOU!**

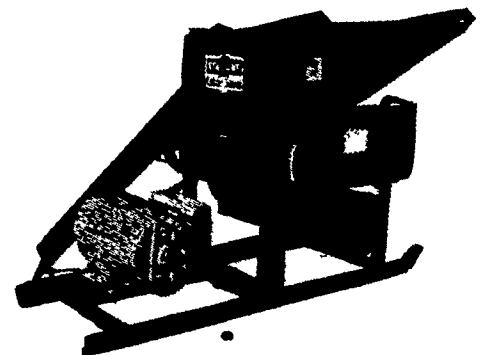
STARLINE ROLLER-MILLS FOR ALL TYPE GRAIN



Model 101

SILO UNLOADER

★ Giant 30-inch impeller throws down tons of silage per hour from 20'-30' dia. silos.



USED EQUIPMENT

(1) Used 20 ft. Badger Silo unloader w-motor.
New & Used Blowers in stock ready to go.