

# 4-H Leaders Helping Children

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Philadelphia cream cheese olives

Spread cream cheese on rye toast. Slice olives in half and place two halves on each cracker square.

## HOME-MADE NOODLE SOUP WITH SPAM (Use large kettle)

- 1 lb. bag noodles
- 1 pk. onion soup mix
- 1 cup chopped celery
- 1 can Spam (diced or chopped)
- 2 No. 2 cans or (2 10 oz. packs frozen) corn
- 2 beef or chicken bouillon cubes
- 6 hard boiled eggs (chopped)
- parsley flakes, salt, pepper

Partially cook noodles, drain and let stand. Using a large kettle, fill about 3/4 full with water and bring to boil. Add bouillon cubes and onion soup mix. Stir. Add celery, corn and Spam. Bring to boil again. Add noodles and chopped eggs. Sprinkle in parsley flakes. Add salt and pepper to taste. Cook until ingredients are done. Add water when and if necessary. This makes many, many hot servings of hearty soup.

## CHICKEN LOAF

- 7 3/4 lb. Chicken
- 4 cups bread cubes, crust off
- 2 cups milk
- 2 cups chicken broth
- 5 eggs, beaten in portion of milk
- Salt and pepper to taste

Mix together. Put into long pans, about 1 1/2 inches deep (grease pans first) Bake at 350 degrees about 1 1/2 hours. Make gravy out of extra broth (except when using tuna or salmon) and when serving put some over squares of loaf. Garnish with parsley.

## HOME MADE EGG CHEESE

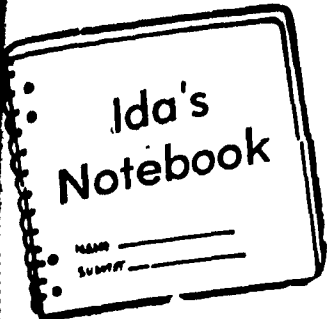
- 1 qt. milk which has soured (takes about 3 days)
  - 1 qt. sweet milk
  - 1 teaspoon salt
  - 6 to 8 eggs (lightly whipped)
- Bring sour milk to boil. Add sweet milk, salt and eggs. Simmer about 2 to 3 hours, stirring occasionally until yellow liquid gathers on surface and the milk and egg combination begins to cake.
- USE: Spread this cheese on toast and add honey as a topping.

## ZUCCHINI CASSEROLE

- 1 1/2 pounds zucchini, sliced and cooked (don't peel)
- 2 eggs well beaten
- 1 teaspoon salt
- 1/2 cup milk
- 2 teaspoons grated onion
- 1 cup grated American cheese

**Related To Agriculture**  
Although less than 10 percent of the people live on farms today, it's estimated that about 40 percent of all jobs in the U.S. are related somehow to agriculture. Related fields include marketing, processing and transportation of food products, plus the manufacture and distribution of equipment and services needed by farmers.

**Meat Special Survey**  
Do meat specials turn on buying power? According to a recent survey, approximately one-third of those responding said they did. Two out of ten indicated that price specials never determined meat purchases. Here's the percentage story: 35 percent said, "most of the time," 25 percent said, "some of the time," 20 percent replied, "only once in a while," and the remaining 20 percent answered, "never."



Ida Risser

We've just finished a week full of activities as we entertained a 4-Her from Maine. Even our home life was changed as he insisted on camping along the Conestoga night after night even though a thunder storm sent them running to the house for shelter the first night.

He and Philip built a big fire in a hole they dug and had us down in the meadow for popcorn and marshmallows one evening. And then the next night they cooked the whole meal with some help from Judy.

We took him on a tour of a pretzel bakery where four and a half million "bavarian" pretzels are baked each week. At Green Dragon Market he tried to buy everything in sight as gifts for his family and we had trouble getting him home in order to help unload

a big truck of straw which we bought there. He took a tobacco leaf home, some wheat, dried honesty and our own honey plus pictures of the plain sects in our county. xxx

Seeing some very naughty children in a store the other day stirred up a number of thoughts in my mind. I've lived long enough to see that permissive parents often live to regret their allowing children to be undisciplined. At a luncheon recently I listened to four teachers tell of numerous parents bringing children to kindergarten and saying "I can't do a thing with them." Personally, I agree with a statement an Amishman made "If you wait until they are out of the high chair you've waited too long." Either the parents will be "boss" or the children will be and I decided long ago that the parents should be.

One day my husband shocked a friend of ours when she asked how do you discipline children. He told her if you only have one there isn't much you can do but when there are two you just knock their heads together. Of course he was kidding, but then once in awhile discipline is necessary.

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10 MILES SOUTH OF LANCASTER

- 1/2 cup diced ripe olives (optional)
- Combine eggs, salt, milk and pour over squash and onion. Grate cheese on top. Top with dried buttered bread crumbs. Bake at 350 degrees 35 min.
- PEACH SHORT CAKE**
- 1 1/4 cups flour
- 1/2 teaspoon salt
- 1 tablespoon sugar
- 1/2 cup butter
- 1 egg yolk
- 2 tablespoons milk
- Mix and pack into 8 X 8 inch pan. Combine 6 peaches, sliced thin, with 1 1/2 tablespoons flour, 2-3 cup sugar, 2 tablespoons butter and 1/4 teaspoon cinnamon. Arrange on top of dough. Bake at 375 degrees for 1 hour.
- This is good served with ice cream.

**Over 100 Percent**  
Crop production per man hour has increased 148 percent. Livestock production per acre has increased 124 percent. Livestock production per breeding unit is up 111 percent. This productivity helps keep prices for food in this country lower than in any other country.

**Summer Roast**  
Summertime or not, a roast just must come to the table every so often or the family feels a bit slighted in the menu department. When you are purchasing a roast, get a big one. Meat leftovers, most usable any time, are really at a premium when the days are hot and humid.

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