

# Poultry Market Reports

## WEEKLY NEW YORK EGG MARKET

From Monday, July 22 to Friday, July 26

	Mon.	Tues.	Wed.	Thurs.	Fri.
<b>WHITE</b>					
Fcy. Ex.					
Large	57	58	58	58	58
Large	53	54	54	54	54
Mediums	45	45	45	45	45
Pullets	37	37	37	37	37
Peeweese	27	27	27	27	27

<b>BROWN</b>					
Fcy. Lge.	53	54	54	54	54
Mediums	Unquoted				
Pullets	Unquoted				
Peeweese	Unquoted				

<b>Off Grade</b>					
Large	46	47	47	47	47
Checks	30	31	31	31	31½


Tone — Large Sizes Steady, Small Sizes Easy.  
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## NEST RUN EGGS

Prices are from Egg Clearinghouse, Inc., (ECI) Durham, N.H. and reflect trading prices for gradeable nest run eggs (GNR) on ECI, a nationwide trading center for producers, packers and marketers. GNR eggs are classified by weight in 30-dozen cases, and traded in lots of either 300- or 750 cases. Prices are FOB buyers dock, and are computed Tuesday and Thursday of each week. This week's prices for each classification were:

Classification	New Weight Per Case	Tuesday	Thursday
Extra Large	51 lbs.	0	0
Class 1 - Large	48 lbs.	45	46
Class 3 - Medium	42 lbs.	37	37
Class 4 - Small	39 lbs.	29	29
Breaking Stock	48 lbs.	37	39
Checks	48 lbs.	32	33

## TRY A CLASSIFIED AD



**BLACK and WHITE HOLSTEIN FARM**  
2220 DAIRY ROAD  
LANCASTER, PENNA.

**CANADIAN WISCONSIN MINNESOTA**

DEALERS IN TOP GRADE DAIRY COWS  
Dairy Cattle Auction Sale 3rd Friday Night Every Month

**CHARLES C. MYERS, Owner** Phone 717-569-2106  
717-569-6800  
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**NEW FORD MOLD BOARD PLOW**

Fast, simple, durable New 3 to 5-bottom mounted models and 4 to 8-bottom semi-mounted A choice of 14, 16 or 18-in bottoms. Optional high pivot beams with automatic reset minimize stone damage, save you time in the field. High-speed bottoms plow at 6 mph. New Heavy-duty 2-way plows with 2, 3 and 4-bottoms also.

**FORD** ALLEN H. MATZ, Inc.  
505 E. Main St., New Holland  
Ph 354 2214

## Baltimore Eggs

**Wednesday, July 24**  
Baltimore eggs: Prices unchanged to 1 cent higher of large sizes, unchanged on mediums. Demand no better than fair.

Cartoned Eggs: Prices to retailers, state graded (min one case sale) white.  
Grade A Large 61-66, mostly 61-63; Grade A Medium 52-58, mostly 52.55.

## Eastern Pa. & N. J.

**Live Poultry Report**  
Wednesday, July 24

Prices unchanged to ½ cent higher on light type hens. Demand fair for barely adequate to short offerings with slaughter plants generally only working part-time. Heavy type hens short of a fair call.

Prices paid at farm: Light Type Hens 4-7, mostly 6-6½ in PA.; mostly 6-7 in N.J.; Heavy Type Hens TFEWR.

## Philadelphia Eggs

**Wednesday, July 24**

Prices unchanged to 1 cent higher on large and extra large; unchanged on mediums. Cartoning demand fair. Offerings about adequate on all sizes for current needs. Undertone steady.

Prices to retailers: Sales to volume buyers, consumer grades white eggs in cartons, delivered: Store door, A Extra Large 56-60½; A Large 55-59½; A Medium 47-48½; ROW.

## Omaha Cattle

**Thursday, July 25**

Compared with last week's close: average-choice to prime 1050-1300 pound steers 1.50-2.00 higher, other steers strong to 1.00 higher with standard and low-good holsteins 2.50-3.00 higher. Choice and prime 950-1050 pound heifers 1.50-2.00 higher, others steady to 1.00 higher. Cows 3.00-4.00 higher despite late downturn. Bulls 1.00-2.00 higher.

STEERS: Five loads Choice and Prime 1050-1133 pounds 3-4 46.25-46.50, modest volume same grade 1046-1264 3-4 45.50-46.00, few loads 1252-1281 4 45.00-45.25. Choice 975-1300 2-4 44.00-45.75, some 1325-1364 3-4 43.00-43.50, load 1387 4-5 42.00 Mixed Good and Choice 950-1225 42.50-44.50, some 950-1000 41.50-42.00 late. Good 35.00-43.00, 2-3 Holsteins 35.00-37.00 Standard and low-Good 34.00-35.50.

## Fogelsville

**Sale of July 16, 1974**

Hens, heavy type 5-20; Pullets 11-41, mostly 35-38; Roasters 5-39, mostly 34-37; Ducks 30; Turkeys, hens 40; Rabbits 17-52½; Guineas 1.81; Pigeons (per pair) 1.22-3.08;

Total coops sold 289.  
Poultry received Monday 7 p.m. to 10:30 p.m. Tuesday 7 a.m. to 12 Noon. Sale at 11:30 a.m.

Directions — Take Rt. 22 thruway. Exit at Fogelsville exit. North on stoplight in Fogelsville, turn left, proceed 1 mile.

## Delmarva

**Broiler-Fryer Market**  
Wednesday, July 24

Ready to cook movement fair though still lacks desired aggressiveness to fully clear available supplies. Slaughter schedules reduced at several plants in line with expected needs. Today's less than trucklot asking prices tended slightly lower within unchanged ranges on both plant and US Grade A. Advance interest slow in developing in face of higher asking prices. Live supplies fully adequate. Undertone unsettled.

Current broiler-fryer negotiated prices for immediate delivery mostly multiple-drop shipments to New York City from Delmarva:

Range: US Grade A 35-36½; Plant Grade 34-36; Premium US Grade A 39-40; Premium Plant Grade 37-38. Weighted Average: US Grade A 35.70; Plant Grade 34.82; Premium US Grade A 39.79; Premium Plant Grade 37.95.

**HEIFERS:** Four loads Choice and Prime 888-1043 pounds 2-4 44.50 early, small supply same grade 900-1112 3-4 43.75-44.00. Choice 825-1025 2-4 42.00-43.75. Mixed Good and Choice 750-1000 40.00-42.00, some late 750-825 39.00-40.00. Good 35.00-40.50. Small lots Standard and Good 33.50-34.50.

**COWS:** Utility and Commercial 24.00-25.50 late, a few Utility 26.00-26.50. Canner and Cutter 20.00-24.00, Mixed Cutter and low-Utility 24.25-25.00.

**BULLS:** 1 & 2 1400-1800 pounds 26.00-30.00, a few 1 31.00-33.00.

**FEEDERS:** Three loads Choice 918 pound steers 40.50, few Good and Choice 735-828 pound steers 33.00-36.00.



Foiget-me nots are said to cure the bites of snakes and mad dogs!

## HIGH PRESSURE WASHING

OF POULTRY HOUSES AND VEAL PENS

**BARRY L. HERR**

1744 Pioneer Road Lancaster Pa  
Phone 717 464 2044

## NEW ENGLAND WEEKLY SHELL EGG REPORT

Tuesday, July 23, 1974

Prices paid per dozen Grade "A" brown eggs in cartons delivered to retail stores:

	EX LARGE	LARGE	MEDIUM	SMALL
MASS+	58-59	56-63	52-60	36-44
Mostly	59-61	57-59	53-55	37-39
NEW HAMP	56-63	54-61	50-57	34-41
Mostly	58-59	56-57	52-53	36-37
R.I.	62-63	60-61	56-57	40-41
Mostly				
VERMONT	58-68	56-66	52-62	
Mostly	60-67	58-65	54-59	
MAINE	60-62	58-60	54-56	38-40

+Includes Central & Western Sections Only.

## Peoria Cattle

**Thursday, July 25**

**CATTLE:** Receipts this week 3800, compared to last week 4200, and to a year ago 2400.

Compared with last weeks close, slaughter steers 1.50-2.50 higher. Slaughter heifers 2.00-3.50 higher. Cows 1.50-2.00 higher. Bulls steady. Receipts about 70 percent slaughter steers, 20 percent slaughter heifers and the balance mostly cows.

**SLAUGHTER STEERS:** Choice and Prime 1200-1285 pounds 3-4, 45.75-46.25; couple loads Monday 47.00. Choice 950-1300 2-4 44.50-

46.50; four loads 1018-1200 46.75-47.00. Mixed Good and Choice 900-1300 41.50-44.50. Good 38.00-42.00. Standard and Good Holsteins 35.00-36.00. Couple loads 37.50-37.75.

**SLAUGHTER HEIFERS:** Choice 850-1050 pounds 2-4, 43.00-45.00, late 43.00-44.50. load Monday 45.50. Choice and Prime 900-1150 3-4, 42.00-44.50. Mixed Good and Choice 800-1150 40.00-43.00. Good 36.50-40.00.

**COWS:** Utility and Commercial 22.50-26.00. High dressing Utility 26.50-27.00. Cutter 22.00-24.50. Canner 20.00-22.00.

**BULLS:** 1-2, 1100-1700 pounds 28.00-32.00, few 1, 33.00.



## Doctor in the Kitchen®

by Laurence M. Hursh, M.D.  
Consultant, National Dairy Council

**Salt In Hot Weather?**

Salt? We wouldn't want to live without it. We couldn't live without it. Salt is a constituent of seawater, of the soil, of plants and of every living cell and tissue.

And we all remember reading in our history books that wars have been fought over salt. We not only need it nutritionally but in ancient times, in particular, it was the means of preserving precious food. Civilizations were built on salt's availability.

The proper exchange of salt in the human body is essential to life. The impairment of this process interferes with the proper fluid content of the tissues and with the electrical components of the tissues. When something goes wrong with the handling of salt in the body, there is serious trouble.

**A Seasoning Favorite**

Thus there is no more vital element in human physiology than ordinary table salt - sodium chloride.

Salt is, of course, also a great favorite because it is a seasoning that brings out the flavor of other ingredients in

our food. And some salt is naturally present in food, in varying amounts.

Foods from animal sources, including meat, fish, poultry, milk and cheese, contain more sodium than do foods from plant sources. Foods from the sea are, of course, higher in sodium than fresh water fish.

Which brings us to warm weather - and the belief that is circulated each summer that extra salt is needed when people work or exercise and perspire a great deal.

**Diet Gives You Enough**

Actually, the ordinary American diet provides sufficient salt for an adult to survive even the most vigorous sweating as long as his intake of water is maintained. Survival research in the U.S. Army in which I have personally been involved has proven that soldiers do not need things such as salt tablets, but they do have to drink sufficient liquids.

At the grocery store you can purchase either iodized or plain salt. I recommend iodized.

## Lancaster Farming

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