

LADIES HAVE YOU HEARD?



By Doris Thomas, Extension Home Economist

Reach for a Peach
Reach for a peach! It's summer and now is the best time to do it.

Choose peaches that are fairly firm or that are becoming a trifle soft. Skin color between the red areas should be yellow or at least cream-colored.

Avoid very firm or hard peaches with a distinct green color. They are probably immature and won't ripen properly. Also avoid very soft fruits. These are probably overripe.

Don't buy peaches with very large flattened bruises (they'll have areas of discolored flesh underneath) or peaches with any sign of decay. Decay starts as a pale tan spot which expands in a

circle and gradually turns darker.

If you buy peaches that are just a little too firm for immediate eating, you can let them ripen at room temperature. Refrigeration will slow the ripening process. Peaches that are not ripe will keep in the refrigerator for about a week. After a week they will begin to shrivel.

Here is a recipe for a sumptuous dessert,

Fresh Peach Cinnamon Sundaes
8 fresh peach halves, peeled and pitted
1 cup sugar
1 cup water
1 tablespoon lemon juice
2 tablespoons red cinnamon candies

2 tablespoons cornstarch
Heat sugar, water, and lemon juice to boiling. Reduce heat to simmering, add peach halves, and cook 10 minutes. Remove peaches and place on individual serving dishes, cut side up. Add cinnamon candies to syrup and simmer until candies dissolve. Add cinnamon candies to syrup and simmer until candies dissolve. Add cornstarch; continue to cook until thickened. Cool syrup until lukewarm. To serve: Place a scoop of vanilla ice cream in each peach half and top with warm syrup.

More Economical To Sew School Clothes

When it comes to school clothes for your children, this year, more than ever, it's more economical to sew clothes than to buy them.

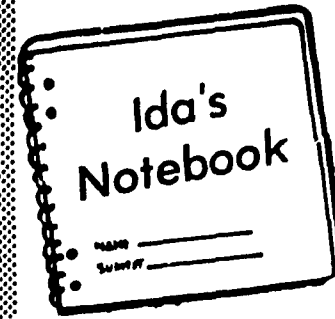
Major pattern companies offer a large selection of

patterns for children's clothes, both boys' and girls'. They are comfortable and designed with children's personalities in mind.

When you select patterns and fabrics for children's clothes, keep in mind the versatility and appeal of coordinating garments, just as you do in your own wardrobes and use fewer patterns, too.

Look for simple princess-style dresses with or without sleeves, jumpers, skirts, pants with bibs, for girls. For boys, you can sew T-shirts and pants.

Suitable fabrics for children's clothes include corduroy, cotton duck, chino, polyester knits, washable suede cloth and washable satins and velveteen for dress-up. For outer wear, look for vinyls, meltons, fleeces, tweeds, washable fake furs and fuzzy piles.



Ida Risser

Year's ago when we first planted blueberries my husband really looked forward to "HIS" bushes bearing their first berries. For the first few years he picked the handful or two which they gave and we all enjoyed them. In fact, his parents tell the story of their very first big blueberry which was carefully carried into the kitchen, laid on a cutting board and sliced in half with a knife to be shared.

pour from the "Eye of Water". The tropical waterlilies were in full bloom too.

Previously we visited the conservatories and saw orchids, ferns and tropical plants such as coffee, black pepper, vanilla and a banana tree.

This time we noticed espoliered fruit on a peach tree growing on a trellis. This method allows more plants in a smaller space. This is a nearby and worthwhile attraction for Lancaster countians.

xxx

Philip and Cindy have spent a lot of time preparing demonstrations to be given on the County level. Cindy made a fruit salad plate and Philip showed the proper use of tools to make a handyman project.

They were rewarded by being picked to go to Capitol Region 4-H Day in York County.

But now that they are giving us gallons each picking, they are "Ours" and guess who has the honor of picking by the hour? All kidding aside I'm really glad we have enough to freeze, sell, make pies, sauce for ice cream and still have plenty to put on our morning cereal or eat with short cake.

xxx

One beautiful afternoon the month our 4-H Community Club traveled to Longwood Gardens and were treated to many lovely sights which we had missed on previous visits.

We saw the Italian Water Garden, took a woodland path along a lake, saw the waterfalls and heard the chimes in the Tower. Then we rested a bit and saw 8,000 gallons of water per minute

GARBER OIL CO.
TEXACO
Fuel Chief HEATING OIL
& OIL HEATING EQUIPMENT
AIR CONDITIONING
MOUNT JOY, PA
Ph. 653-1821

\$ SAVE ON FOOD \$ CORKS CANNED GOODS

★ SPECIALS THIS WEEK ★

BETTY CROCKER SNACKIN' CAKE - **45¢**

Apple Sauce - Raisin

LG. SINGLE ROLL
PAPER TOWELS

35¢

HOURS:
THURS. 12:00 - 8:00
FRI. 12:00 - 8:00
SAT. 9:00 - 6:00

150 FRUITVILLE PIKE
MANHEIM, PA.

UNCLAIMED FREIGHT COMPANY AND LIQUIDATION SALES

Local mattress manufacturer went bankrupt — purchased large amount of their inventory.

9 - Single Sets - Reg. \$129.95 **OUR PRICE \$60.00** set — 1 king set - reg. \$389.95 **OUR PRICE \$150.00** set — 4 Queen sets - reg. \$359.95 **OUR PRICE \$140.00** — 9 - double sets - mixed - reg. \$139.95 **OUR PRICE \$65.00** set — 5 double sets reg. \$199.95 **OUR PRICE \$80.00** set — 5 single sets \$169.96 **OUR PRICE \$65.00** set.

Just purchased from the largest manufacturer of stereos, 2 trailer loads of stereos and stereo equipment. They are moving their warehouse. We are liquidating a large part of their stock. Stereo components that range in price from \$329 to \$589. **OUR PRICE \$169 to \$229.** Consoles regular \$389.95 to \$829.95 **OUR PRICE \$169.95 and up.**

New York Furniture Show on our floor now 36 living room suites - refused from a store in florida, we purchased, sofa & chair reg. \$459.95 **OUR PRICE \$189.95 to \$209.95.**

100's of 8 track tapes - 20 - ten speed & three speed bikes - boys & girls - 31 - air conditioners - 30 - nite stands - reg. \$89.95 **OUR PRICE \$25.00** ea. - 3 - gun cabinets - 43 - double dressers - finished - reg. \$229.95 **OUR PRICE \$55.00** - 45 - chests - finished - reg. \$189.95 - **OUR PRICE \$55.00** 7 - bunk bed sets - complete - reg. \$269.95 **OUR PRICE \$149.95** - 3 love seats - reg. \$289.95 - **OUR PRICE \$100.00** - 10 - living room chairs - reg. \$209.05 **OUR PRICE \$50.00** - 40 - refrigerators - 39 - clocks - grandfather & grandmother - 14 - gas stoves - 10 - electric - 10 washers & dryers - 111 recliners - **\$54.00 up.**

MANY MORE ITEMS TO CHOOSE FROM — IF YOU DON'T SEE IT — ASK FOR IT MOST ITEMS 40% TO 70% OFF. FULL WARRANTY.

330 CENTERVILLE ROAD — RT 30 BY-PASS — CENTERVILLE EXIT - NEXT TO 84 LUMBER., LANCASTER, PA.
MON. - FRI. — 10 A.M. to 9 P.M.
SAT. — 10 A.M. to 5 P.M.
PHONE: 397-1337

Harvest Vegetables Early

Pick fruits and vegetables in the early morning when it is cool rather than late afternoon. Be careful about bruising produce when picking it. Gather vegetables at the proper stage of maturity because cooling can't restore the quality of a product that's overmature or partially spoiled.

If planning to can or freeze some vegetables or fruit, it's wise to make as many preparations as possible ahead of time - before you

harvest. For example, have the jars washed or the freezer containers assembled. This kind of organization will reduce the time from picking until processing and insure you of better quality foods. A rule for high quality produce is to harvest no more than you can process within two hours after picking. And you reduce the problem of having to cool the produce if you follow this rule.

HAY WANTED

Kaolin Mushroom
Farms Inc.

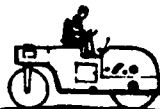
CALL
1-215-268-2262

ASPHALT PAVING SPECIALISTS

- ROADS ● STREETS
- PARKING LOTS
- RECREATION AREAS
- FARM LANES
- DRIVEWAYS

SAVE WITH OUR ECONOMICAL
STONE AND OIL PROCESS

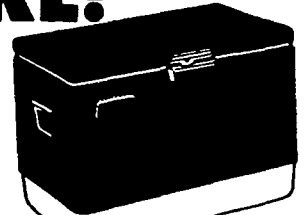
**FREE
ESTIMATES**
BOOK YOUR
PROJECT
NOW!



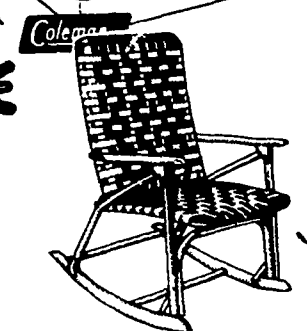
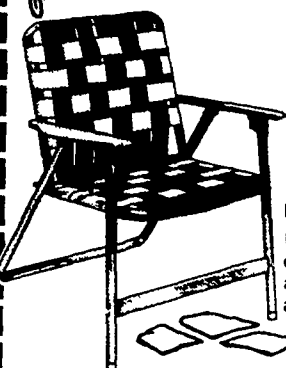
A. G. KURTZ PAVING INC.
PHONE: DENVER 267-7591

DENVER, R.D. 1

SUMMER CAMPING IS HERE!



TELESCOPE



DELUXE WEB CHAIR
Real comfort in this roomy arm chair with 2 1/4" wide web on strong aluminum frame with hardwood arms folds for storage

GAS GRILLS

**PICNIC &
BARBEQUE TOOLS**



WE SERVICE
Coleman
Lanterns
Camp
Stoves

LEACOCK

Coleman Center

85 Old Leacock Rd.

R.D.1 Ronks, Pa.