

LADIES HAVE YOU HEARD?



By Doris Thomas, Extension Home Economist

How To Choose Buttons

Add distinction to your wardrobe by choosing buttons that make your clothes look smart and fashionable.

Whether you're buying buttons for a garment you've just sewn or are merely changing the appearance of an older garment, here are some tips for choosing buttons.

- Carry a large swatch of fabric with you or take the belt or the garment itself to help you visualize the buttons in relation to the garment.

- Consider the style of the garment. If a garment requires many buttons, a simply styled button is best. An unusually shaped or designed button is more appropriate when the style and fabric of the garment are basic, simple and understated.

- If the garment design includes loop closures, use ball, half-ball or dome-shaped buttons.

- When the buttons are being used for decorative purposes, be sure the shank

will fit flat against the fabric so buttons won't drop.

- Note the fabric weight. Heavyweight fabrics can support heavyweight buttons or lightweight buttons that give a "heavy" appearance. But lightweight fabrics always require lightweight buttons.

- Consider fabric design. For fabrics with design interest button selections can go in two directions. The simplest is picking up a smooth-surfaced button in a coordinating color. The more adventurous selection is to include design theme into your button selection. When in doubt, remember that metal can be used on practically anything.

- Consider color. Your button doesn't have to color-match a solid fabric. A far more inventive approach is to use contrasting buttons.

- Check the washability. Before you launder or dry-clean a garment with buttons, make certain the buttons are guaranteed washable or dry cleanable.

Be sure to check this information when buying the buttons. Look for it on the back of the button card or if uncarded, ask the

salesperson.

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salesperson.

Save Money —

Bake Your Own Bread

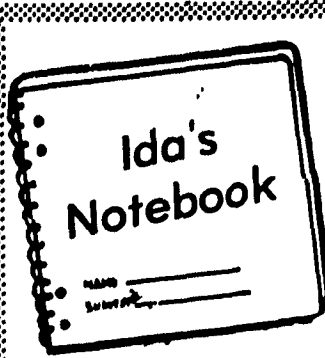
Making your own bread can be an answer to rising bread costs. But you need to consider the cost of ingredients, energy and time before you decide to make all of your bread. Here are some tips to keep in mind about baking your own bread.

Baking bread can be artistic, creative and scientific activity and it takes practice to develop skills. If you have the time to practice and improve your skills, bread baking can save you money.

If you bake bread in quantity, try to buy basic ingredients such as flour, yeast and sugar, in the largest possible amounts. If you buy these ingredients in small packages, you can double or triple the cost of a loaf of homemade bread.

Choose store brands over name brands of basic bread ingredients and watch for special sales on flour. Two loaves of bread, weighing one pound each, require about six to seven cups of flour, or about one and one-half pounds. This will help you judge approximately how much flour you need to bake bread for your family.

The recipe you choose will also determine the cost of your homemade bread. Some recipes, such as quick-rising bread that calls for twice as much yeast, can be more expensive. Also, using nonfat dry milk and water can be less expensive than using whole milk.



Ida Risser

When I work in the garden and pick all those green and yellow beans, I see many things and think of a variety of subjects which I could write about in this article.

There is the tiny, Jenny Wren sitting on the meadow fence and warbling so happily as she prepares to build another nest. Just yesterday Philip put up a box on the post and already it is being used. Her first nest was in a knot-hole in a old unused post and I believe she managed to raise the little ones without having the cats catch them.

Another thing I notice is the cows and their manner of mooing. I've always felt the could communicate with each other and sometimes with me. If one gives a low moan of pain the others will all run to investigate.

When we first started

farming and only had a few cows, Josephine would always come up to the house and bawl until I noticed she was alone. She was telling me the rest were in the cornfield at the lower part of

the meadow and I had the unpleasant job of getting them back into the pasture.

xxx
I have the theory that children should be prepared for the outside world before they take their first job. There are often personality conflicts which must be lived with in order to get along.

And so, I feel that some of my unpleasant moods merely help them to deal with others who might not always be sweetness and kindness either. Everyone should practice patience and I'm certainly one of them but I excuse some of my actions by saying that in the end they do serve a useful purpose for our children.

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