HEARD?

By Doris Thomas, Extension Home Economist &

Sewing Shortcuts Save Time

enough time. But you can make better use of your time through organization and planning. This is true for sewing as well as for other

Each seamstress has developed time-savers which work for her. It may be a matter of thinking through the problem and finding an easier way to solve it. Sometimes it takes a suggestion or an idea to start the thinking process.

home freezing

CANNING FREEZER **SUPPLIES**

Including a wide variety of glass fruit jars, jelly glasses. ciosures, etc.

> SUGAR for canning Granulated & Raw Sugar

FINE DINNERWARE

TOBACCO MUSLIN For protecting fruits & vegetables from birds.

> WIRE FIELD FENCING --

L-P GAS SERVICE

W. L. Zimmerman & Sons

Dial 717--768-8291

Open Thurs, til 8. Fri. till 9 Closed Wed. Afternoons INTERCOURSE, PA. The next time you sew, try

to analyze your techniques No one seems to have and see if you can develop easier or quicker ways to accomplish the same results. Here are some time-savers you might like to try the next time you sew.

> When cutting out a garment that needs no matching, place right sides of the fabric together so that the paper pattern is pinned to the wrong side of the material. Make any necessary markings on the wrong side where needed. Also center back or center front seams will be ready for stitching without extra handling.

Make markings as you cut. Use small snips in the seam allowance to mark center front and center back and stitching lines for darts. Mark dart points with pins and sew as soon as you remove the pattern.

Cut notches out beyond the seam allowance for easier visibility. For a group of two or more notches, cut one long notch. Cut a notch or clip at top of sleeve to indicate shoulder seam.

Vary length of the machine stitch to save time and give professional results. For example, when stitching darts, stitich towards the point of the dart, and shorten machine stitch for the last half-inch of stitching. Continue stitching off the fabric for about an inch. This twists the thread and eliminates the need for tying knots or back stitching. The shortened stitich will keep the stitching from coming out if the thread should become untwisted.

Use the shortened machine stitch for stitching curves, and at corners where you must be very accurate. In both of these places you must

The World's Leader in

CHAIN SAWS

MODELS FROM 2 to 16 H.P.

trim away seam allowances close to the stitching line to achieve a professional appearance. The smaller stitch will lessen the danger of the fabric pulling out of the

Stitching "in the ditch" is a time-saver adopted by many seamstresses from ready-to-wear techniques. It simply means stitching on the right side of the garment in the grove or seam line. The most common places where it is used are for the second stitching of bias bindings, waist bands, cuffs and some styles of rolled collars. There are many places where you can adapt this idea and save the time you would spend on hand stitching.

Pressing as you sew gives more professional appearance and saves time, too. If you press as you sew, you usually eliminate the final pressing job.

Use the unit method of sewing for speed and easier handling. This means that you complete each garment piece or unit before attaching it to another,

Indoor Outdoor Treat

Lentil casseroles are not just hearty wintertime eating, they are also appetizing - and just as good for you — in the summer. In fact, they are excellent additions to the picnic table.

High in protein and low in fat, lentils store well and cook quickly. If kept in a tightly covered container. lentils will keep for several months. With no coddling at all, they cook to puffed tenderness in a mere half hour. In addition, lentils are versatile substitutes for noodles, potatoes, beans, rice, and meat in many dishes.

When buying lentils, follow these tips from the U.S. Department of Agriculture's Agricultural Marketing Service:

-Look for lentils with a bright, uniform color, generally a greenish-brown. Loss of color usually indicates long storage, lack of freshness, and lentils that will take longer to cook. Eating quality, however, is not affected.

-Look for lentils of uniform size. Mixed sizes will result in uneven cooking, since smaller lentils cook faster

than larger ones. -Avoid lentils with visible efects such as foreign material and pinholes caused by insect damage. These are signs of a low quality product.

To cook, place 2 cups of lentils in a heavy sauce pan



You must have a jump_suit if you went to be "with it" This one cemes in two lengths No 3277 comes in sizes 10, 12, 14, 16, 18 Size 14, shert, takes 21/8 yards of 44-inch fabric, long, 33/8 yards of



This captivating fur-like stale is easy to knit in mehair or a soft woel. Knit ene new fer the holi days. It will make a delightful gift Send for Pattern No 1278

Send 50¢ for each dress pattern. 30¢ for each needlework pattern (add 15¢ for each dress pattern, 10¢ for each needlework pattern for mailing and handling) to AUDREY LANE BU-REAU, Morris Plains, New Jersey 07950

and add 5 cups of cold or warm water and 2 teaspoons of salt. Bring to boiling point, reduce heat, cover tightly, and boil gently for 30 minutes. Yield: about 4 cups of cooked lentils.

Use lentils in your favorite casserole recipe or try this Style Lentil Ranch Casserole. Since it freezes nicely, it's an ideal recipe to make ahead and stow away in the freezer for future enjoyment.

Lentils Ranch Style 4 cups cooked lentils 1 pound ground beef package onion soup mix ½ cup cooking oil

1 cup catsup teaspoon prepared mustard

1 teaspoon vinegar 1 cup water

Brown beef in oil. Stir in remaining ingredients and bake in a casserole at 400 degrees for 30 minutes. Serves &

74-D-600 16 ft. van P.S. 2 speed rear 74-D-300 Stake (New) Spirit 76 Pickup. \$2998.00

DUDGE,

Route 230 East, Next to Shopping Center Elizabethtown, Pa.

S SAVE ON FOOD S

KELLOGGS [CEREAL] PRODUCT 19 SUNSWEET MED. PRUNES

THURS. 12:00 - 8:00 FRI. 12:00 - 8:00 SAT. 9:00 - 6:00

150 FRUITVILLE PIKE MANHEIM, PA.

Clean Household Accessories

major cleaning chores such as scrubbing walls and waxing floors. However, small accessories also need to be cleaned and freshened occasionally.

For example, you need to clean throw pillows. How to choose to clean the pillows will depend upon what materials were used to cover and stuff them.

outer covering of the pillow and wash or dryclean it, fabric and trim. If you can't

are attached to the pillow, follow these instructions. If not, send pillows stuffed with feathers to the drycleaners.

Clean pillows with foam or fiber-fill stuffing by throwing them into a bathtub with lots

To most people, "spring of water and a small amount housecleaning" means of soap. Squeeze the water and suds through the pillows. Rinse in clear water and hang up to dry. Shake fiberfill pillows a couple of times during the drying process to fluff up stuffing.

Your pillows will need less washing and will stay fresher if you air them occasionally.

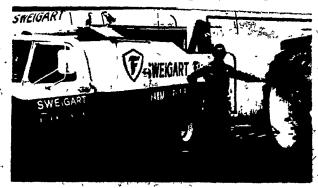
Nutritious Snack

Snack items should be nutri-If possible, remove the tious, since snacking has become a way of life for many U. S. families. Miniature meat balls willfill a variety of snack needs. separately depending on the Combine 1 pound ground beef with 1 teaspoon salt and 1/2 remove the outer fabric, teaspoon pepper. Shape into balls wash your pillow the way using 1 tablespoon for each ball. Which would be the safest for both its confidence in a shallow baking dish and bake at agent for both its stuffing and cover. minutes. For fun eating, insert If directions for washing a pretzel stick into each ball and serve with catsup or cocktail

Onions Will Behave

Onions will behave, even if you have company in the parlor, if you cook them uncovered in a large amount of boiling salted water. The flavor's better, too.

CALL US FOR "ON-THE-SPOT" FARM TIRE SERVICE



NOTICE

We now have 2 fully equipped trucks in operation for on the farm or in

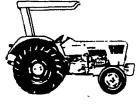
WE ARE RADIO-DISPATCHED: 🛩 🥕

329 W. High St. Phone 665-2258 or 665-3603

no radiator no water pump no water hoses no anti-freeze

ıtz does it

with its-air-cooled diesel engine



And because it's air-cooled, your Deutz tractor cylinder head can run 100°

hotter — provide complete fuel combustion. You get more mileage,

more power . . . no carbon build-up or smoke. Come see this world-renowned tractor in action. Then compare!



STAUFFER

New Holland, Pa. Ph. 717-354-4181"

REPAIR SERVICE R.D.2 East Earl, Pa. Ph. 215-445-6175 1/2 MILE NORTH OF

GOODVILLE ON

UNION GROVE ROAD

FEATURING:

Anti-Vibration Systems

and Production

Automatic Oiling on All Models,

• 40 Years Experience in Design

& B Sales Service

R.D.1 RONKS, PA. 2 Miles South of **Route 23 Along** 772 thru Monterey