

Ida Risser

Parents are concerned for the welfare of their children and do what they think is best. When I remember some of the things that were done to me, and for me, I feel we've come a long way.

They tell me I was put through a horse collar so I wouldn't be "liver-grown", whatever that is. I was carefully put around a table leg too. My first visit away from home was to be over a stream of water so I wouldn't have urinary problems.

Splinters, after being removed, were wrapped in brown paper and put in a pantry. Infections were covered with linseed poultice and plantain leaves were tied on a bee sting. An earache called for a tiny heeted onion to be put in the ear. Ingrown toenails were cut out with a pocket knife. Some of these practices

probably had an element of common sense in them but more often simply "time" was the healer. At the prices some doctors charge these days maybe we should try a few old-fashioned remedies.

The other week I saw an Antique Show in Lancaster which was quite interesting as the variety of items displayed was so great. There were large pieces of furniture with big price tags attached and tiny silver spoons with big price tags attached. Seeing these things helps us appreciate what we already have.

I've attended several household sales recently and bought a few items. After all, what is the use wasting a few hours if you have nothing to show for it. It was easy to find a place for the coffee grinder, but the camel-back

Brazilian Volunteers

(Continued from Page 26)

Brazil, of course, lies in a tropical climate and the humidity does lead to problems. The elder Ranck noticed that all homes in towns have cement floors and there are even cement telephone poles, because wood would not last. Mrs. Ranck pointed out, however, that in the villages the tiny homes have mostly just ground floors.

When Donald and Virginia first arrived in Brazil they lived in a village in a small home, with three rooms and the very bare necessities. According to Mrs. Ranck, they now have "a very modern house." It is quite large because it also includes quarters for volunteers who come there for training.

Pictures show that the Rancks have a refrigerator which looks like any modern refrigerator and they have a gas stove. But not everything is the same. Electricity is 220 volts, and all the water must be boiled for 15 minutes and then put through a filtering unit which filters it twice before it can be consumed.

Many homes in South America do not have screens on the windows, which is an invitation to mosquitoes wishing to disturb your sleep. The Rancks have pictures of themselves sleeping under mosquito netting, but since their visit the Donald Rancks have acquired screens.

In the poorer areas of Brazil the diet consists mainly of beans, rice and manioc root, from which we get out tapioca. Fruits are quite plentiful. Cooking in the villages is done in the house on a small charcoal-like stove.

But for Virginia, marketing in town is an interesting experience. Mrs. Ranck points out that there are many modern supermarkets, just like ours, which carry many of the same brand names we are accustomed to seeing. Despite the modern supermarkets, there are some different customs.

There is a local butcher where you can buy your meat fresh daily. The cost at the time of the Rancks' visit was 80 cents a pound, regardless of the cut. (The average wage for a farm worker in that area is \$1.25 to \$1.50 per day.) So the secret is to get there early while there is a large selection. You choose your meat from the hanging beef, and you're allowed to touch it before you choose - just as everyone else is, of course.

There are vendors who roam the streets daily and in this way fresh fruits can be purchased almost at your doorstep. Almost every product is available in Brazil - television, cars - mostly Volkswagens and Mercedes which are produced in Brazil. But prices are very high, so there are not many Brazilians who enjoy "luxury" items. Mr. Ranck related that when Donald first arrived in Recife he had to purchase a telephone - for \$600 - which he will sell again when they leave.

Also, despite the modern conveniences which electricity brings, there are some problems. For instance, at certain times of the year, the electricity may be turned off for several hours each day - without warning. This makes it a little difficult to plan on storing things in your freezer!

Mrs. Ranck said that some products just were not of the same quality as we are accustomed to. For instance, she said, "The diapers are like cheese cloth, and there are not fitted crib sheets." They had taken along a suitcase filled with needs for the newborn, but through a mixup, they could not get their luggage while they were there. So not only did the baby things not arrive, but neither did most of their clothes for the stay. Mrs. Ranck said, "We washed our clothes out every night and the fan would dry them by morning." The luggage was finally located after the Rancks were home in Lancaster, but it took another month of haggling over red tape and convincing the authorities before Donald was able to get the suitcase.

The Rancks, who are members of Bethel Mennonite Church, pointed out that the work of MCC is done through existing churches in an area. "They never start churches. The real purpose of the volunteer program is to try to assist

trunk is something else again. Oh well, tis said that with antiques we speculate and accumulate.

TRY A CLASSIFIED AD!

Blood Pressure Check

A total of 1016 area residents had their blood pressure checked by the American Heart Association, Lancaster Pa. chapter on May 18.

The chapter's detention program was part of a month-long national and statewide campaign to focus attention on the problem of high blood pressure and give the public an opportunity to have their blood pressure checked as a preventive measure. More than 75,000 Pennsylvanians were screened by Heart Associations throughout the state during the month.

The Lancaster Pa. chapter plans to continue its detection program throughout the year to enable all residents to have their blood pressure checked.

with the physical needs of the people, in the name of Christ, helping the people to help themselves."

They explained that to help the people of Brazil, "You can't just give them things." They said, "The Brazilian workers are receptive in the amount they can receive and understand. Mrs. Ranck noted, "They never waste anything. For what they have they're really good housekeepers." The majority of the workers, Mr. Ranck said are illiterate, in that they cannot read or write. But, he said, "They are really good at what they know."

Mr. Ranck, a dairy farmer, had an opportunity to visit a dairy farm. The farm he visited was milking 96 head of cattle - a mixed breed - and it took six men to milk them twice a day by hand. The milk was not refrigerated, but was put in 10 gallon cans and was taken to town to be sold, mostly to the well-to-do, according to Ranck. He said the entire herd was confined to a one acre lot, and was brought into the barn for milking. They produced about 8,000 pounds per cow, and were fed sudan grass and beet pulp which was carried by cart to the cows. They also got peelings from the manioc root. He said conditions were pretty clean and the cows seemed content.

He noted that Holstein cows there must be rubbed down every day with a cloth saturated with insecticide, or they will get ticks.

And so, the Donald Rancks are working in their small way to make life a little better for people in a developing country. Donald sums up the progress being made, "The successes we feel we're making is often in the minds of the people, not physical developments or something you can take a picture of."

And progress in the minds of a people is surely a long-lasting development.

\$ SAVE ON FOOD \$ CORKS CANNED GOODS

★ SPECIALS THIS WEEK ★

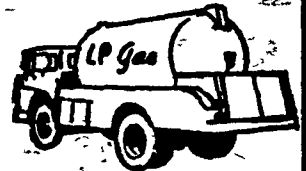
WAYNE DRY DOG FOOD 5 LB., BAG 90¢

HUNT'S CATSUP 20 OZ. JAR 29¢

HOURS:
THURS. 12:00 - 8:00
FRI. 12:00 - 8:00
SAT. 9:00 - 6:00

150 FRUITVILLE PIKE
MANHEIM, PA.

PIG BROODERS
CHICK BROODERS



GAS SPACE HEATERS
& FURNACES

BULK GAS
SERVICE

WE HANDLE A COMPLETE LINE
OF GAS AND ELECTRIC APPLIANCES

Maytag - Caloric - Amana
and Other Well Known Brands

Myer's Metered Gas Service, Inc.



P. O. BOX 71
MANHEIM, PA 17545
Telephone (717) 665-3588



NEST EGG! SPEND IT OR SAVE IT

SPEND IT! A trip, a new car, something you've always wanted would make a nice present to yourself, right now. You won't live forever and it would be nice to enjoy some of the things you have always wanted... right now. But then you might want to

SAVE IT! No glamour in that but cash in reserve brings a wonderful sense of security and a fine return. Someday it may be the best friend you will ever have.

Now Paying up to 7 1/4% Interest on SAVING CERTIFICATES

6 1/2% \$1,000. min. for 1 year
6 3/4% \$2,500. min. for 2 1/2 years
7 1/4% \$5,000. min. for 4 years

Interest penalty is required for early withdrawal

Interest is paid from day of deposit to day of withdrawal... payable quarterly.

SAVINGS ARE INSURED UP TO \$20,000



Main Office
25 North Duke St
Phone 393-0601

New Holland Branch
100 E. Main St
Ph 354-4427

Park City Branch
Sears Mall
PH 299 3745

Lititz Branch
69 E Main St
Ph 626-0251



NEW SPRING LINE

DOUBLE KNIT JACQUARDS
RASCHEL KNITS

OTHER PRINTED KNITS

[ALL DOUBLE KNITS RANGE FROM 62" to 72" WIDE]

ALL FABRIC SOLD AT
DISCOUNT FACTORY
PRICES

SPECIAL CLEARANCE
MEN'S SUMMER PANTS
ASSORTED SIZES...

\$5.00 PAIR

NOW
FOR YOUR
CONVENIENCE!

OPEN TUES. & THURS. EVE.
5:30 to 9 P.M.

MON. - 8:30 to 1 and 2 to 5:30
WED. - 8:30 to 1 and 2 to 5:30
FRI. - 8:30 to 1 and 2 to 5:30
SAT. - 9 to 12

TRAVIS MILLS FABRIC OUTLET

W. Lincoln Ave.
Lititz

Entrance on
West Side of Building