

LADIES HAVE YOU HEARD?



By Doris Thomas, Extension Home Economist

Turkey Suits the Thrifty To a "T"

For American homemakers interested in stretching food dollars, the U. S. Department of Agriculture has these words of wisdom and good cheer, "Turkey suits the thrifty to a 'T'!"

USDA's Agricultural Marketing Service reports that turkeys will be available in record quantities during May, normally a light month. The volume of turkeys coming on the market will be about one-third larger than the most recent three-year average for May. Cold storage holdings on hand likely will exceed the three-year average by about six million birds.

Aside from being downright enjoyable eating, turkeys offer high quality protein at relatively attractive prices.

And here's another important plus: Every bit of the turkey meat can be used. The first serving might be the traditional roast turkey just as it was offered back in the days when turkey was almost exclusively thanksgiving - Christmas fare. Or more in keeping with the approach of summer, turkey can be the piece de resistance at an outdoor family barbecue.

Following the first-time serving are the many appetizing ways to use leftovers: tasty turkey sandwiches - either hot or cold; turkey soup; and many

luncheon and dinner recipes such as curried turkey, sliced turkey creole, turkey corn pudding, and turkey buffet salad.

Truly, the turkey is a bird of many uses - and suits the thrifty to a "T".

Look For Shrinkage Terms
Did you ever take a baby blanket out of your dryer to find it was reduced to the size of a place mat? Or find a dress has become two sizes too small after drying? Both of these cases are the result of shrinkage.

You can avoid such consequences by studying fabric care labels both before and after you buy. Look for specific terms to indicate whether the cloth has been stabilized so any further shrinkage or stretching won't seriously alter its shape or size.

"Sanforized" or "Rigmol" guarantee a fabric will shrink only one percent or less with normal laundering. "Sanforized plus" means the cloth has a finish meeting standards for shrinkage control, wrinkle resistance and smoothness after washing in wash-and-wear and durable-press garments. "Residual shrinkage" indicates the specific percentage of shrinkage left in a fabric. If this is not more than one percent, shape will be affected little. But if residual shrinkage is 3 to 5 percent or more, the change will be noticeable.

For example, a size 16 dress with 3 percent residual shrinkage will shrink 1 1/2 inches in length and more than an inch at the bust. A size 15 shirt with 5 percent residual shrinkage may lose nearly 2 1/4 inches in the chest and an inch in the sleeves.

Any tag stating a fabric is preshrunk should also tell you the amount of shrinkage left in the article. "Preshrunk - residual shrinkage not more than percent." Terms such as "pre-shrunk," "kitchen shrunk," "pre-laundered," or "shrinkage controlled" are meaningless unless a percentage of residual shrinkage is stated.

Farm Women Calendar

Saturday, May 11
2:00 p.m. - Farm Women Society 7 plant and food sale, home of Mrs. - Harold Eby, Kinzer, RD.

Farm Women Society 25
Mother-daughter luncheon, Historic Strasburg.

Tuesday, May 14
7:30 p.m. - Homemakers Night-"How To Deal With Stress and Tension" and "Legal Concerns of Women", Municipal Building, Lebanon.

Saturday, May 18 -
12:30 p.m. - Farm Women Society 12 entertain Soc. 28 at a covered dish luncheon at the Farm and Home Center, Lancaster.

1:30 p.m. - Farm Women Society 5 mother-daughter dinner, Parish House, St. Stevens UCC, New Holland.

2:00 p.m. - Farm Women Society 8 meeting, Gladys Ney, Ruth Felty, Sylvia Warfel, Anna Mae Derr, hostesses.

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Hanging Baskets (Continued from Page 26)

Then there should be a drainage layer and then soil. For an interesting effect, she says you can punch holes in the spagnum moss and have plants coming out through the sides of your basket as well as growing from the top.

Most outdoor hanging containers are hung from a porch, patio or breezeway. A breezeway is adequate for most plants even though they may not get direct sun, because there is so much light available, Miss Levine says. Stauffer says it's helpful if most plants get some morning sun. Impatiens, of course, are one plant that will thrive in shade. Stauffer said that he had seven floral baskets hanging from a tree at his home last year and said the effect was quite beautiful.

Miss Levine cautions that you must be especially mindful of the wind when positioning your outdoor plants. Your container must be firmly anchored and should not be able to come unhooked, or you might find yourself with a hole in a wall or a serious injury.

If you are lucky enough to get a hanging plant for Mother's Day, enjoy it and care for it properly, and you'll have many hours of pleasure as well as an unusual and attractive addition to your decorating schemes.

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