

# 'Seeing' With Music, Love, and Beautiful Colors

[Continued from Page 34]

available. It takes her two or three days to read (6 or 7 records) an average size talking book, of course she does some other things in that time also. She might read a short book in an evening. Small wonder then that she is such a busy person and gets so much out of life.

Joanne has a collection of about 100 sets of novelty jewelry pins. In it there are animals, birds, musical instruments, bugs, butterflies, leaves, shoes, boys on skis, tennis racket, pretzel, birthstone pins, a Toreador and bull and many more. She used to have a salt shaker set collection but gave it away. She also has a collection of bells.

Joanne has come up with some recipes of her own which she gives here, hoping individuals living alone can use them. She also gives some recipes of her mother's which she especially enjoys:

### Broilerburgers

½ hamburger bun for each serving  
Enough hamburger for each half bun  
Velveta, crumbled  
Chopped onions  
Parsley

Mix all into the hamburger. Broil 5 to 8 minutes.

### Meal For One

1 envelope tomato cup of soup  
Mix with ½ cup water.

Make 1 hamburger patty. Put about 1-3 of soup mixture in bottom of small casserole dish. Lay raw hamburger patty in and put the rest of soup on top.

Take another casserole dish, slice 2 carrots and put in the dish. Put a slice of butter on top and cover with foil. Bake in oven-broiler at 300 degrees or in a regular oven at 350 degrees until cooked.

### Dessert (Baked apple)

Cut a half and core one big apple. In hole put mixture of butter, cinnamon and white sugar. Put in a baking dish and put foil on top.

Can bake a potato too. Set oven-broiler at 300 degrees and bake 1 hr. or longer as needed. Can bake in regular oven at 350 degrees.

### Chicken Dinner

Use a small roast pan or cake tin. Butter it, lay a chicken

leg in, 2 large carrots and 1 large potato. Butter carrots and chicken. Cover with foil. Can remove foil 15 minutes before the meal is cooked. Bake in a 300 to 325 degree oven broiler for 1 hour or 1 hour and 45 minutes in a regular oven. It takes extra time for frozen chicken. Can use frozen peas or green beans. The meal can be put in a casserole or foil pan. Cover with foil while cooking.

### Beef Dinner

6 or 8 ounce steak  
1 envelope of mushroom cup of soup  
½ cup water

Put steak in a pan, sprinkle soup on top and add water. Put foil on top. Vegetables may be put in pan too and seasonings if needed.

Bake 1 hour to 1 hour 20 minutes at 300 degrees in oven-broiler.

### Fish Dinner

Turbot or other flat fish  
Butter  
Salt or tomato soup.

Bake in covered casserole or pan. A potato or other vegetables could be cooked in another covered casserole. Bake at 300 degrees in oven-broiler or 350 degrees in larger oven.

Mrs. Henry K. Hess

### Corn Pie

6 ears corn or 2 cans whole kernel corn, drained  
3 or 4 hard boiled eggs  
3 potatoes  
Parsley, salt, pepper

Dice potatoes and cook till they come to a good boil, drain. Dice eggs, sprinkle sugar on corn if you like. Can add whole oysters. Mix all together and put in unbaked pie crust. Put crust or lattice on top. Bake at 425 degrees 10 minutes, turn to 350 degrees. It takes 30 to 45 minutes.

Mrs. Henry K. Hess

### Sweet Story Cake

2½ cups cake flour  
1½ cups sugar  
¾ teaspoon baking powder  
1 teaspoon salt  
½ cup shortening  
¾ cup milk

¼ cup maraschino cherry juice  
1 teaspoon vanilla  
2 teaspoons almond extract  
4 egg whites unbeaten  
18 maraschino cherries, well drained and finely chopped  
½ cup walnuts, very finely chopped

Sift dry ingredients into mixing bowl. Drop in shortening. Combine milk and cherry juice. Add ¾ cup of this liquid. Add flavoring extracts. Beat 200 strokes, or 2 minutes at low speed with mixer. Scrape bowl and spoon, add remaining liquid and egg whites and beat 2 minutes longer. Add cherries and nuts and blend. Bake in two deep 9 inch greased layer pans in moderate oven (375 degrees) 20 to 25 minutes. Cool.

Can be cut in heart shape, using paper pattern.

### Pink Valentine Frosting

2 tablespoons vegetable shortening  
2 tablespoons butter  
1 teaspoon vanilla  
½ teaspoon almond extract  
½ teaspoon salt  
4 cups confectioners sugar  
9 tablespoons scalded cream

Red Food coloring  
Combine shortening, butter, vanilla, almond extract and salt. Blend. Beat in 1 cup sugar. Add hot cream alternately with remaining sugar, blending well after each addition.

Add only enough cream to spread nicely. Add few drops or enough red food coloring to make a nice pink color.

Mrs. Henry K. Hess.

### Noodle Casserole

8 ounces noodles  
2 cups chicken cooked and cut in pieces  
¼ cup chopped celery  
Little onion chopped  
1 small can mushrooms and liquid  
1 can cream of chicken soup  
1 cup chicken broth

Boil noodles, drain. Mix all ingredients and put in buttered casserole. Top with bread crumbs sauteed in butter. Bake at 350 degrees 30 minutes.



During the 17th century people believed that gout could be cured by perspiring. They were all wet.

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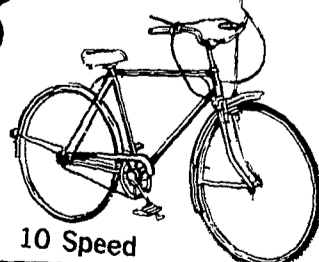
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