

Doris Zimmerman . . .

Hats Off to this Community Service Volunteer

March being American Red Cross Month, our hats are off to a Red Cross volunteer, Mrs. John R. (Doris) Zimmerman, Ephrata RD1. She serves as an aide at the Ephrata Hospital every Thursday from 6 to 9 p.m. and also substitutes for others. She has been doing this for ten years. Her duties as a Red Cross aide include delivering mail and flowers to patients, filling water pitchers and giving bedtime snacks.

Mrs. Zimmerman also works as an X-ray porter, taking patients to be X-rayed. She usually does this Tuesday and Wednesday from 8 a.m. till noon. She says "I look forward to going there. It makes you thankful you have a healthy body."

Doris was chairman of Ephrata Township for the cancer drive one year and helps solicit for the drive nearly every year. She doesn't do volunteer work for lack of something to do, because she is a busy homemaker, farmer's wife and mother. Perhaps it is because she always had the desire to be a nurse but being the oldest of five girls she helped her father, Henry Fox, Ephrata RD1, with his farm work instead.

Mrs. Zimmerman still works out on the farm. She helps her husband with plowing, disking, driving the tractor to the baler and brings silage in to the steers. Their farm is operated entirely by their family.

Zimmermans 60 acre farm, known as J-Dee Farm, is located on Stevens Road in Ephrata Township. It is a very picturesque farm with its level ground and well kept buildings. They also rent 55 acres. They grow 85 acres of corn and the rest is planted in wheat and barley. John's parents who lived on this farm 30 years, raised steers and kept 600 laying hens. John and Doris used to raise six acres of tobacco and kept 600 laying hens. They feed about 700 head of steers a year, so must buy some grain. They have one 10 by 50 foot upright silo which is used for high-moisture corn and four 40 by 100 foot trench silos. John also drives a cattle truck for Ken Wenger of Akron. He hauls cattle to the stockyards and goes to Virginia for cattle, in fact he gets most of his steers that he finishes in Virginia.

Zimmermans have three children. Nancy took a business course and graduated from Ephrata High School in 1971. She is a secretary for Feedmobile, Inc.; Lititz. She plans to be married in early summer. Nancy plays the piano, and was in 4-H sewing four years and is an expert seamstress. She is making her own bridal gown and her sister's gown for the wedding.

J. Ronald, 15, is in ninth grade at Ephrata High School. He is vice-president of the Freshman Ag class and is on the wrestling team. He played trombone in elementary and



Mrs. Charles McSparran

junior high school band. He is vice-president of the 4-H tractor club. He is a strong boy and good help on their farm. He is a junior member of the American Shorthorn Association, and enjoys hunting very much.

Judy, 12, is in seventh grade in Ephrata junior high school. She is interested in crafts. She embroiders and is learning to knit. She belonged to the craft club at school and recently joined the tennis club. Judy beds the steers and helps in the field.

The Zimmermans are very active in the Red Rose Baby Beef Club. John is one of the twelve leaders in Lancaster County, being leader for the Ephrata area. All three children have been in it. Ronald and Judy still are.

John is co-chairman of the 4-H baby beef committee at the Ephrata Fair. Mrs. Zimmerman helps in the show ring and stays with the baby beef exhibit. Nancy does the typing for the steer show at the fair. The three children have received several trophies for their animals exhibited at the fair. Nancy received a third place trophy in 1971 and a first in showmanship and a first in fitting in 1972. Ronald had the grand champion Angus in 1973 and placed second in fitting. Judy had reserve champion and placed third in fitting in 1973 with her Hereford.

They have also exhibited at other shows. Nancy placed first at the Keystone Exposition, Judy third and Ronald fourth in November 1972. At the Timonium fair, just a week apart, Ronald placed first with a crossbred steer and Judy first with her Angus. Judy had the reserve champion Hereford baby beef at the Pa. Farm Show in 1973.

John is active in Ephrata Young Farmers. He is vice-president this year and was treasurer. They meet once a month and have special classes once a week in the winter. They have a banquet, a home-made ice cream party in the summer and a ladies night. Zimmermans go to the Pa.



Mrs. John R. (Doris) Zimmerman, Ephrata RD1, a Red Cross Volunteer, delivers mail to patients at Ephrata Hospital.

Young Farmers picnic. Last year it was in Adams County and the year before in Indiana County. John is also a member of the Pennsylvania Farmers Association. They go to the county Farmers Association picnic in the summer.

Zimmermans are members of Indiantown Mennonite Church. Doris is very active in her church sewing circle and is also the secretary. They make a number of quilts for the Morgantown Relief Sale. They get together once a month or more to quilt. They sell their quilts at the Mennonite Central Committee center. The MCC is located near the Ephrata Hospital and sells clothes. They also send clothes to Appalachia, overseas to South America, Haiti, etc. All the money received from selling things is used to buy food, purchased through the government. They have five or six quilting frames at the MCC and church members also go there to quilt. Doris helps bale clothing there for shipment. Doris teaches a junior mothers' Sunday School class, alternating with another teacher. John is head usher and Nancy is president of her youth group.

Doris was treasurer of Lincoln PTA two years and is chairman of their ways & means committee this year. She helps take the census of Lincoln School District. This is volunteer work and the money for this service goes to the PTA. Doris says "I enjoy that too. I've done it for six years."

Mrs. Zimmerman raises and sells sugar peas, Stoles Evergreen and Silver Queen sweet corn and strawberries at their farm. She freezes a lot of vegetables and beef and cans beans, tomato juice, pears, peaches and cherries.

She and the children take care of the lawn. She likes flowers and plants such annuals as petunias, geraniums, marigolds, zinnias and cockscomb. She also has tulips and roses.

Zimmermans like to travel. They have gone to Florida twice, to Colorado and Vermont.

Doris' main hobby is baking with yeast. She keeps a supply of sticky buns on hand in her freezer to serve on quick notice. She likes to cook. She entertains with family dinners for Thanksgiving, Christmas, New Year's Day, summer picnics and chicken barbecues.

She is a good seamstress. She was in 4-H sewing a couple years but learned mostly from her mother. She is making her gown for Nancy's wedding.

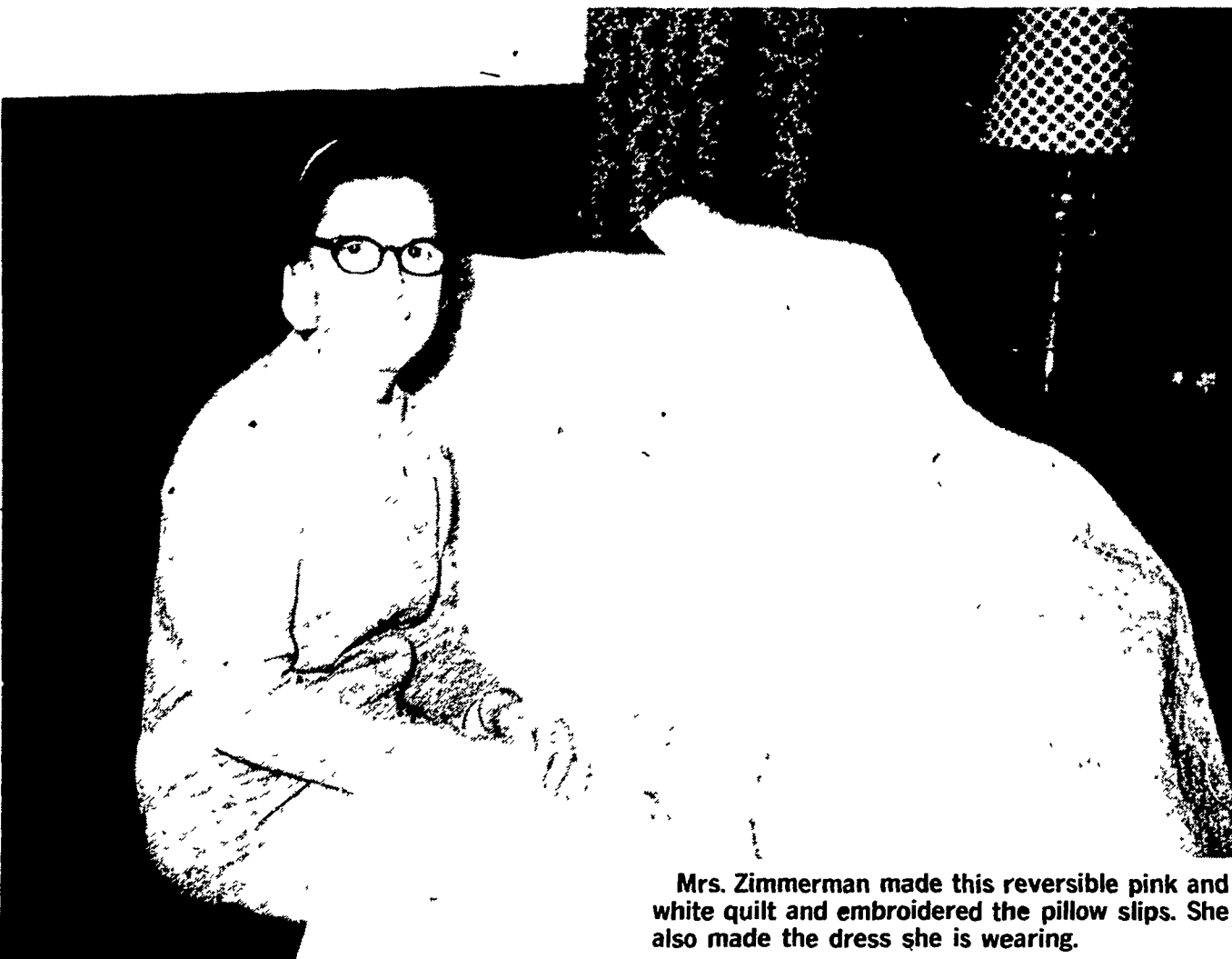
She enjoys reading good novels and stories, likes to embroider pillow cases and scarf sets, and also enjoys ice skating and sledding with her children.

Here are some favorite recipes of the Zimmerman family:

Beef Swirls

- 1 pound ground beef
- 1 cup fine fresh bread crumbs

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Mrs. Zimmerman made this reversible pink and white quilt and embroidered the pillow slips. She also made the dress she is wearing.