

Shepherding in Lancaster County

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the sheep but usually helps every day. She helps when an ewe has difficulty lambing and helps feed. She goes out and checks the ewes if Bill is away.

She also supports him in all his church and pastoral duties. She teaches a teenager's Sunday School class and works mostly with the young people. She has the young people of their church for spaghetti suppers at their home several times a year.

Peggy, like most farmers' wives, takes care of the lawn. They raise potatoes and sweet corn for their own use and she freezes some of the corn. They have their own grapes so she makes grape, cherry and other jellies. She also paints the inside of their house. She sews some for herself and Kathy and makes curtains and draperies for their home.

The Longeneckers enjoy traveling and usually combine their sight-seeing with attending their denomination's annual conference. Rev. and Mrs. Longenecker went twice to Long Beach, Calif. One time they drove to a conference at the University of Oregon, and took her parents along. They also saw many places enroute. They went to Florida a few years ago, and have also been to New England. Last year Rev. Longenecker broke his heel and couldn't go to California so Mrs. Longenecker and Tommy attended the conference.

Peggy reads a lot. She says "I read anything I can get my hands on and Tom does too. Bill has quite a library and religious periodicals and I read them."

Peggy and Bill are very hospitable to any guests coming into their home and love to share their facilities, not only to church groups, but also hosting their family reunions.

She has a few short cuts to help her prepare for company ahead of time thus saving the last minute rush in preparing food for a lot of people. She gives us her recipe for a biscuit mix which can be used for pancakes and dumplings and a hot chocolate mix. Another do-ahead recipe is a frozen salad, also a delicious, yet easy to make fruit dessert. As we might expect she also gives a recipe for lamb.

Biscuit Mix

(For pancakes, biscuits and dumplings)

Sift together:

- 9 cups flour
- 1-3 cup double action baking powder
- 1 cup plus 2 tablespoons non-fat dry milk
- 4 teaspoons salt

Cut in 1 1/4 cups vegetable shortening.

BISCUITS: One-half cup water to 2 cups mix.

Bake 10 minutes at 425 degrees.

DUMPLINGS: 2-3 cup water to 2 cups mix.

Drop in boiling broth. Cover and cook 12 minutes.

PANCAKES & WAFFLES: Add:

- 1 teaspoon sugar
- 1 slightly beaten egg, stirred into 1 cup water.

To 2 cups mix

Store mix in tightly covered plastic tub or glass jar.

Hot Chocolate Mix

- 1 pound powdered milk (8 quart box dry milk)
- 1 large (2 pound) box instant cocoa mix
- 6 ounce jar non-dairy creamer
- 2-3 cup powdered sugar (10X)

Mix together one-quarter cup mix to 1 cup boiling water.

Store mix in tightly covered plastic tub or glass jar.

Pineapple Cream

Cheese Salad

Combine and cream:

- 2 3 - ounce packages cream cheese
- 2 tablespoons lemon juice
- 1-3 cup salad dressing
- 1 teaspoon salt

Add:

- 1 1/2 cups diced or crushed pineapple
- 1 pint fresh or frozen strawberries (drained)
- 1/4 cup chopped nuts
- 2 cups miniature marshmallows

Fold in:

- 1 package whipped topping mix or Dream Whip

Pour into mold and freeze.

Fruit Dessert

(12 servings)

Stir together:

- 1 can crushed pineapple, don't drain
- 3 oranges, chopped fine
- 3 bananas, chopped fine (pour juice of 3 lemons over bananas to keep from turning brown)

1 1/2 cups sugar.

Dissolve 2 envelopes unflavored gelatin in 1 pint cold water. Pour 1 1/2 cups hot water into the cold gelatin, then pour total liquid over fruit and let stand. Stir while thickening to prevent bananas from staying on top.

Mix in large bowl. Makes 2 1/2 quart of fruit. Fruit cocktail or other fruit could be substituted for oranges and bananas.

Barbecued Lamb Shanks

(Front leg or lamb drumstick).

- 8 lamb shanks
- 1/2 cup flour
- 1 teaspoon salt



This ewe and twin lambs are one of many sets at Longenecker's.

- 1/2 cup salad oil
- 1/2 cup brown sugar
- 2 teaspoons dry mustard
- 1/2 teaspoon salt
- 1/2 teaspoon pepper

1 cup ketchup

2 tablespoons vinegar

1 (1 pound) can tomatoes

Roll lamb shanks in flour and salt mixture and brown several at a time in large pan. Pour off all fat. Meanwhile combine brown sugar, dry mustard, salt and pepper. Stir in ketchup and vinegar. Pour over lamb shank in Dutch Oven. Then pour tomatoes over. Cover and bake in moderate oven (350 degrees) 1 1/2 to 2 hours, until meat is tender, or simmer on range top. 8 Servings.

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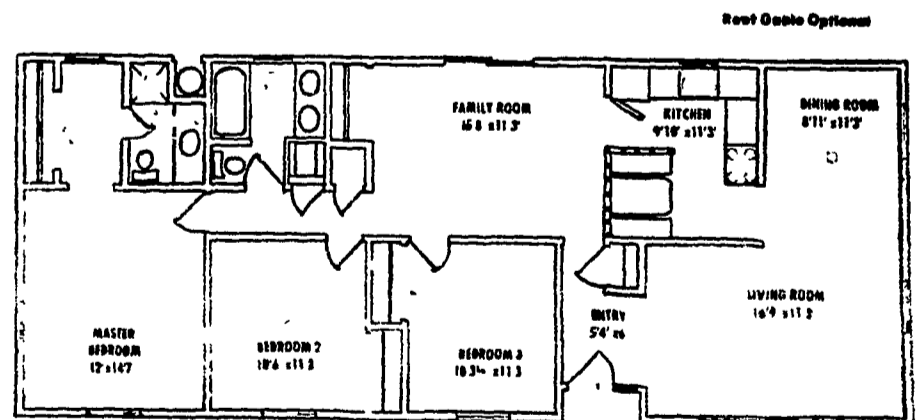
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