

Recipe Exchange . . .

# Home on the Range

This week we have received a number of recipes in response to Mrs. Hurah's request for Poor Man's Steak. Two of these are published below, the others will appear in next week's edition. We hope all of our

readers will enjoy them. Also this week are recipes for dressings. Making your own salad dressings is perhaps the easiest way to variety, satisfying your own special tastes, and economy. Often, the taste can be altered by substituting different spices than called for in the recipe.

If you have a request for a special recipe, one that you have been looking for or would like to have that may be offered to you by one of our readers, send your request along with your favorite recipes to "Recipes" Lancaster Farming, P.O. Box 266, Lititz, Penna. 17543.

**Poor Man's Steak**  
1 pound hamburger  
1 cup cracker crumbs  
1 cup milk  
1 teaspoon salt  
1/4 teaspoon pepper  
1 small onion (chopped fine)  
Mix well and shape in a narrow loaf. Let set for at least eight hours or overnight. Slice in pieces and fry til brown. Put slices in layers in roaster and spread mushroom soup on each

piece. Use at least one can of soup. Bake for one hour at 325 degrees.

"This is my recipe for Poor Man's Steak, and I hope it is what Mrs. Hursh wants."

Mrs. Aaron N. Hoover  
Leola RD1

**Poor Man's Steak**  
2 pounds hamburger  
1 cup cracker crumbs  
1 cup milk  
1 teaspoon salt  
1/4 teaspoon pepper  
1 chopped onion

Mix together and press into a loaf pan or on a cookie sheet. Chill overnight, cut into four inch squares if on sheet or slice if in pan. Roll in flour and brown on both sides. Place pieces in roaster. Cover with one can mushroom soup and one can water mixed. Bake at 300 degrees for one and one-half hours.

Erla Martin  
Lititz, RD1

**Salad**  
1 package lemon gelatin  
2 cups hot water  
22 large marshmallows  
2 3-ounce packages cream cheese  
1 tablespoon salad dressing  
1 cup fine chopped celery  
1 cup crushed pineapple  
1 cup cream  
1 package cherry gelatin  
2 cups water

Dissolve lemon gelatin and marshmallows in hot water. Mix cream cheese and salad dressing and add to gelatin mixture. Add celery and pineapples. Chill until set. Then add cherry gelatin on top. May be served on lettuce.

Mrs. Harvey E. Martin  
Lititz, RD2

**Ribbon Salad**  
Bottom Layer:  
Use two boxes lime gelatine, prepared as directed on package. Let set.

Center Layer:  
1 can crushed pineapple  
1/2 cup sugar  
1 envelope gelatine  
1/2 cup cold water  
1 8-ounce package cream cheese

1 pint whipped cream  
1/2 cup chopped nuts  
Heat pineapple and sugar, then add envelope gelatine that has been dissolved in 1/2 cup cold water. Stir in cream cheese. Cool this, then add whipped cream and nuts. Pour on top of first layer and let set.

Top Layer:  
Use two boxes of strawberry gelatine prepared as directed on package. When cool put on top of second layer and refrigerate.

Mrs. Merle Mishler  
Hollsopple RD2

**Soup Salad Dressing**  
Combine:  
1 can condensed tomato soup (not diluted)  
1/2 cup sugar  
2 teaspoons salt  
1 1/2 teaspoons dry mustard  
Dash Paprika  
1 cup salad oil  
1/2 cup vinegar

1 teaspoon Worcestershire sauce  
Medium onion, grated  
Blend till sugar is dissolved and dressing looks thick and rich. (Editor's Note - Put all ingredients in blender for quick, easy, thorough mixing.)

This dressing keeps in refrigerator. Good dressing for any kind of

lettuce salad.  
Mrs. Elam Rutt  
RD1  
Ephrata

**Mayonnaise**  
(Cooked)  
2 egg yolks (beaten)  
1 cup salad oil  
Mix above ingredients together in bowl.  
2 tablespoons flour  
2 tablespoons vinegar  
(Continued On Page 25)

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