24-Lancaster Farming, Saturday Jan. 26, 1974

Recipe Exchange ...

Home on the Range

This week we have received a number of recipes in response to Mrs. Hursh's request for Poor Man's Steak. Two of these are published below, the others will appear in next week's edition. We hope all of our



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readers will enjoy them. Also this week are recipes for dressings. Making your own salad dressings is perhaps the easiest way to variety, satisfying your own special tastes, and economy. Often, the taste can be altered by substituting different spices than called

for in the recipe. If you have a request for a special recipe, one that you 1 cup cracker crumbs have been looking for or would like to have that may be offered to you by one of our readers, send your request along with your favorite recipes to "Recipes" Lancaster favorite Farming, P.O. Box 266, Lititz, Penna. 17543. Poor Man's Steak

- 1 pound hamburger
- 1 cup cracker crumbs 1 cup milk
- 1 teaspoon salt
- ¹/₄ teaspoon pepper
- 1 small onion (chopped fine) Mix well and shape in a narrow loaf. Let set for at least eight hours or overnight. Slice in pieces and fry til brown. Put slices in lavers in roaster and spread

22 large marshmallows 2 3-ounce packages cream 1 tablespoon salad dressing 1 cup fine chopped celery 1 cup crushed pineapple 1 cup cream 1 package cherry gelatin Corn fed beef. 2 cups water Also Frankfurters and Dissolve lemon gelatin and Bolognas made. marshmallows in hot water. Mix cream cheese and salad dressing and add to gelatin

AMOS BAWELI Leola RD1, Pa. 656-6985

piece. Use at least one can of soup. Bake for one hour at 325 degrees. "This is my recipe for

Poor Man's Steak, and I hope it is what Mrs. Hursh wants."

Mrs. Aaron N. Hoover Leola RD1 XXX Poor Man's Steak 2 pounds hamburger 1 cup milk 1 teaspoon salt ¹/₄ teaspoon pepper 1 chopped onion let set. Mix together and press into a loaf pan or on a cookie sheet. Chill overnight, cut strawberry into four inch squares if on sheet or slice if in pan. Roll in flour and brown on both sides. Place pieces in roaster. Cover with one can mushroom soup and one can water mixed. Bake at 300

XXX

Salad

mixture. Add celery and

pineapples. Chill until set.

Then add cherry gelatin on

top. May be served on let-

1 package lemon gelatin

2 cups hot water

cheese

hours.

prepared as directed on package. When cool put on top of second layer and refrigerate. Mrs. Merle Mishler degrees for one and one-half III Soup Salad Dressing Erla Martin Combine: Lititz, RD1 1 can condensed tomato soup

tuce.

Mrs. Harvey E. Martin

XXX

Ribbon Salad

Use two boxes lime

gelatine, prepared as

directed on package. Let set.

8-ounce package cream

Heat pineapple and sugar,

then add envelope gelatine

that has been dissolved in $\frac{1}{2}$

cup cold water. Stir in cream

cheese. Cool this, then add

whipped cream and nuts.

Pour on top of first layer and

boxes of

gelatine

1 can crushed pineapple

Bottom Layer:

Center Layer:

1 envelope gelatine

¹/₂ cup cold water

1 pint whipped cream

¹/₂ cup chopped nuts

½ cup sugar

cheese

Top Layer: Use two

1

Lititz, RD2

(not diluted) ¹/₂ cup sugar 2 teaspoons salt 1½ teaspoons dry mustard Dash Paprika 1 cup salad oil

1/2 cup vinegar

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1 teaspoon Worcestershire sauce Medium onion, grated Blend till sugar is dissolved and dressing looks thick and rich.

(Editor's Note - Put all mixing.) definitely in refrigerator.

lettuce salad. ingredients in blender for 2 egg yolks (beaten) quick, easy, thorough 1 cup salad oil This dressing keeps in- together in bowl.

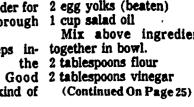
XXX Mayonnaise (Cooked) Mix above ingredients

Mrs. Elam Rutt

· RD1

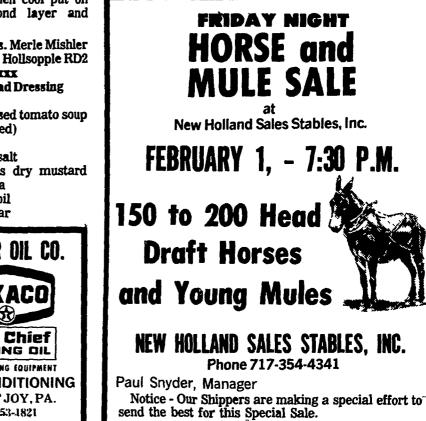
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dressing for any kind of





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