

# LADIES HAVE YOU HEARD?



By Doris Thomas, Extension Home Economist

**Iron Important Tool In Sewing** Your iron is one of your most important sewing tools. In fact, today, you may use it more when you sew than for ironing. But just because modern fabrics don't wrinkle doesn't mean they don't require careful pressing as

you sew. Careful pressing can do as much for a professional appearance as good sewing techniques.

Many fabrics are made in whole or part with manmade fibers. Most of the manmade fibers require low heat so there is a tendency to exert too much caution and underpress these fabrics.

When you sew, test press a swatch of the fabric before pressing the garment. This will help you determine the amount of heat and steam needed for a smooth appearance. Your steam iron may not give enough moisture for most permanent press fabrics and synthetic knits, so also use a dampened press cloth. The press cloth also will protect the surface of the fabric and prevent the shine and flattening that can develop from too high heat.

The areas that need the most pressing attention are those that happen to have more than one fabric thickness—seams, facings and hems. Seams should have an even press for the length of the seam. Exert the most pressure at the line of stitching if possible, rather than at seam edges, so the marks of the seam allowance don't show through to the right side. This is best done with the use of a pressing cloth and at the very edge of the ironing board. In some cases, a seam roll or board will be a help.

The edge of facings should always turn under slightly to the wrong side so they will not be seen on the right side of the garment. Sewing techniques, such as grading and

understitching, will help, but careful pressing can complete, the professional appearance.

You don't want the fabric line at the top of the hem to be visible from the right side either. Press the bottom of the hem with enough steam and pressure to give a smooth look. A circular or flared skirt will need careful pressing to shrink out as much fullness as possible.

Steam the fullness out of a set-in sleeve then shape with your fingers. Don't touch the iron to this area of the sleeve. Don't press a crease down the center of a set-in sleeve, either. It is a simple matter to press the sleeve at the edge of the ironing board, or use a sleeve board.

When the fabric has been folded on the bolt, a crease is sometimes visible at this fold. When you cut out a garment, try to avoid this crease line, for it may be extremely difficult or impossible to remove.

Pressing requires time and patience. It also requires good pressing equipment. Check the condition of your ironing board. If it is warped or if the cover and padding are not smooth, you will have a more difficult time achieving professional results.

A good press job camouflages poor sewing techniques, but even the best sewing job will look better with careful pressing. It is often the pressing that makes a garment the prize winner.

**New Use For Peanut Hulls**  
As you munch away on a peanut butter sandwich, do

you ever wonder what became of the hulls that were once on all those peanuts.

The peanuts we eat shed 350,000 tons of hulls each year. Some of the hulls are used for cattle feed, poultry litter and garden mulch. But many of the hulls are burned near the shelling plants, usually in rural or small urban communities.

Research scientists at the United States Department of Agriculture have been working on the problem of peanut hull waste. They came up with some new artificial fireplace logs made of peanut hulls. The hulls are combined with the same

hydrocarbons used in the commercial manufacture of wood filled artificial logs.

In experiments, scientists found that logs made with peanut hulls burned for three hours, while logs made with wood fillers burned four hours. But the peanut logs burned more vigorously and, when a salt mix was added to the formulation, peanut hull logs burned with a blue-green flame with occasional red flares. The peanut hull logs were easier to ignite, odorless and give off little smoke.

Peanut hull firelogs are still in your future but soon you may be warmed by the hulls of the peanuts in your peanut butter sandwich.

**BRUNING PAINT**  
WILL SPRAY PAINT YOUR BARN & SHEDS with **Bruning Country Squire** PAINT & AIRLESS EQUIPMENT AT MOST REASONABLE RATES.  
Phone (AC) 215-445-6186  
**PHARES HURST**  
RD1 Narvon, Pa. 17555

BE AN **EARLY TAX BIRD . . .**  
Let others FRET and STEW in APRIL  
**HERM SWORDS** WILL DO YOURS **NOW** IN YOUR OWN HOME  
Call 569-3701 For An Appointment  
HERMAN SWORDS, Income Tax Consultant  
Lancaster, Pa.

**Ida's Notebook**

Ida Risser

This year I decided to do something different. Earlier this month, all of my family went to the Farm Show. Some of them went as often as three times, to enter food and clothes and pick them up again. Then all of the children went to judge potatoes as a 4-H team.

What did I do different? I stayed in Lancaster County and visited the Museum. The children had commented favorably after seeing it with school groups. So now it was my turn and I had the building all to myself and could proceed at my own speed.

As I've always been interested in history, the scenes were quite fascinating to me. Some evoked pleasant thoughts of early settlers in Lancaster County and others showed cruel persecution of them in Europe. The clothing and furnishings of each group also deserved a lot of attention.

xxx  
As I get older, it seems that keeping things "in order" is important to me. But this isn't always possible

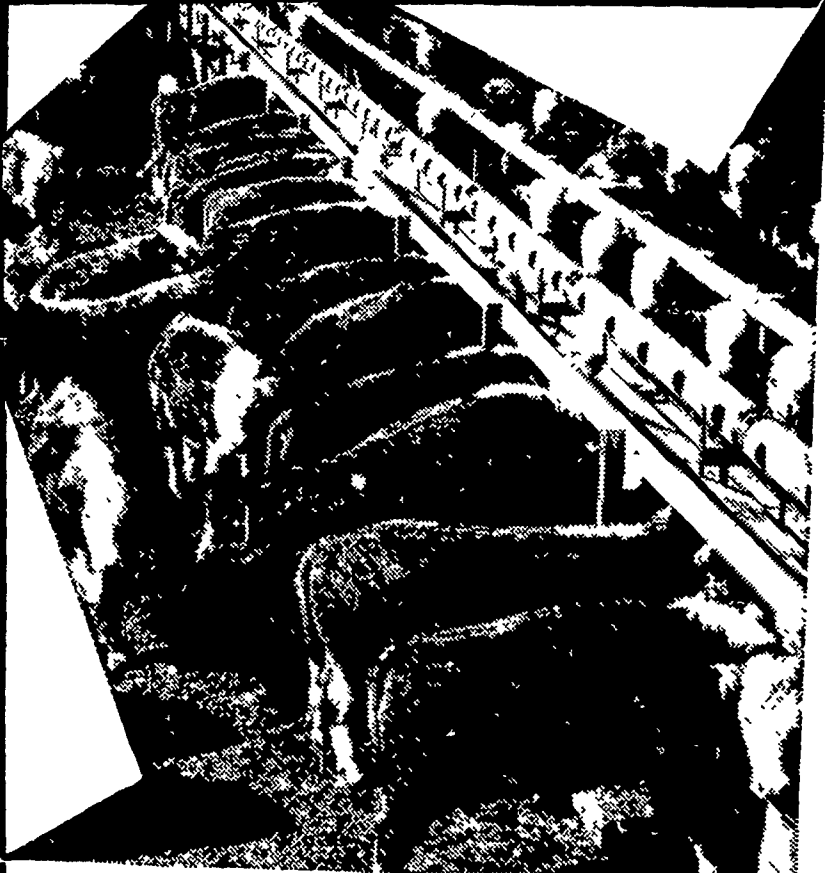
with children playing in the house. There are marbles all over the livingroom rug as they shoot them. Other times they set up the toy train and track and I must step over and around it to make the beds.

Just now, Cindy is embroidering a bureau scarf and I find my scissors on the floor and the thread between the sofa cushions. Then they play monopoly, which lasts from one day to the next.

But of course I know that only too soon these three will grow up and leave us as the older three have done. So I try to enjoy them now.

Here are a few more German words copied from an old dictionary which are similar to Lancaster County family names.

- Brenneman - burner;
- Spangler - tinman; Weiss - know; Herr - Mr.; Wagaman - wagonmaker; Wilhelm - William; Helm - helmet; Weber - weaver; Grube - ditch; Slabach - brook; Vogel - bird; Shreiner - joiner; Baur - tree; Wertsch - worth; Zimmerman - carpenter; Lohr - salary; Glick - luck.



**TOP Quality FEED**

**YOUR PROFITS GROW BIGGER**  
WHEN YOU INTRODUCE  
**FLORIN STEER SUPPLEMENT**  
OR  
**FLORIN ECONO-BEEF**  
INTO YOUR CATTLE FEEDING PROGRAM.

Get either supplement now for earlier weight gains and more pounds of beef per feed dollar.

**DEPEND ON US . . . FOR ALL YOUR FEED NEEDS.**

**RELIABLE FLORIN FEEDS**

**WOLGEMUTH BROS., INC.**  
MOUNT JOY, PENNA. PH. 653-1451

Th Terre Hill Silos

These are part of our business. Why not check with us before you buy.  
We Service What We Sell

**A. C. HEISEY**  
Farm Equipment Inc.  
RD1 Jonestown, Pa. 17038  
Ph. 717-845-4526  
Located 1/2 mile South of Fredericksburg off Route 343