

LADIES HAVE YOU HEARD?



By Doris Thomas, Extension Home Economist

**Cranberries—
The Fruit With Bounce**
As a cranberry eater, you may think that all cranberries are alike—that "When you've seen one, you've seen 'em all."
Actually, there are many cranberry varieties. All varieties share a common trait—the ability, if ripe, to bounce. This test comes

after harvesting when the berries are put through a machine which blows the chaff away. Mechanical separators give each berry seven chances to bounce over four-inch barriers. Good firm cranberries will bounce; "bounce-less" berries are discarded as unfit for marketing.

On the market, cranberries are sold fresh or as convenience products in bottles, jars, and cans. Such processed products should be stored in a cool, dry place to retain best quality. However, once the container has been opened, handle the product carefully as you would any perishable food. Leftovers should be refrigerated.

This recipe for festive **JELLIED CRANBERRY-TURKEY LOAF**, boasting

cranberry sauce and turkey, is designed to highlight any buffet table. It's easily made to have ready and waiting for guests:

Cranberry layer:
1 envelope unflavored gelatin
¼ cup cold water
1 can (1 pound) whole berry cranberry sauce
1 can (9 ounces) crushed pineapple
1-3 cup broken nutmeats
1 tablespoon lemon juice

Soften gelatin in cold water. Dissolve over hot water. Add remaining ingredients. Turn into a loaf pan 10x6x1½ inches. Chill well.

Turkey layer:
1 envelope unflavored gelatin-
¼ cup cold water
½ cup cold water
¼ cup mayonnaise
2 tablespoons lemon juice
Grated rind of ½ lemon
½ teaspoon salt
2 cups diced cooked turkey
Add:

½ cup diced celery
Soften gelatin in ¼ cup cold water. Dissolve over hot water. Combine with remaining ingredients. Spoon over cranberry layer. Chill thoroughly until firm. Turn out on crisp greens. Makes 6 to 8 servings.

How To Select Knitwear
More and more consumers are buying knitwear at a rate never matched before—even by wash-and-wear clothing when it was introduced on the market.

Although knits, especially for men, are riding the crest in popularity they aren't the answer—for everyone. Knitwear has both good and bad points and requires thoughtful buying decisions.

Consumers were quick to recognize the good things about knits in men's clothing. Knit suits look and feel good. The knits are supple—they "give" to body movements and because of this are more comfortable to

Farm Women Societies

Society 6

The monthly meeting of Farm Women Society 6 was held on Saturday, Jan. 5, at the United Methodist Church in Milton Grove.

Barbara Eberly led the devotions. She read two poems "A Living Sermon"

wear than most woven fabrics.

Double-knit suits also wrinkle less and won't pucker. They keep their creases and shapes and are ideal for travel. One of their greatest assets is that they are virtually uncrushable even when folded and packed in a suitcase. And they require little care and look new longer.

Consumers have also noticed some things to be cautious about with knits. Knits tend to snag. Some people find synthetic-knit fabrics too warm for summerwear or too cold for winter. And because of the variety of natural fibers, synthetic fibers and blends of both that are used in knits, care must be taken in cleaning and laundering.

Knits made of cotton, wool or natural fibers with no shrink-resistant finish may shrink from being wet. Polyesters and acrylics are usually heat-set to hold their size and tend to be more stable.

There is no way you can evaluate snag potential on the spot. But it helps to remember that any tightly knitted fabric will snag as readily as a rough-textured surface knit.

Knits are great for men and women's wear. But shop for them with an eye on care and wearability.

and "You Must Meet God in the Morning". The group then said the Twenty-third Psalm and prayed the Lord's Prayer. The Pledge of Allegiance was recited.

Reports were given of food and fruit baskets given to members and friends for the Christmas holidays.

The program consisted of a slide presentation by Muriel Saylor which showed highlights of her trip to islands and countries around the Pacific Ocean. They included Hawaii, Tahiti, The Fijis, New Zealand, Australia, The Philippines, Hong Kong, Taiwan, and Japan. Included were pictures of her son's wedding in the Philippines.

The hostesses were Mary Thome, Alice Greiner, Minnie Kolp, and Miriam Heisey.

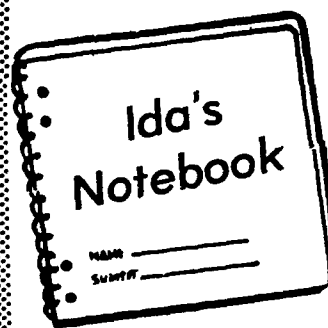
Society 31

Farm Women Society 31 held their snow-delayed Christmas party recently at the home of Mrs. Anna Mary Glick. Two new members, Mrs. Linda Landis and Mrs. Ann Risser were installed.

The group decided to pay banquet and room expenses for delegates going to the state convention. They are Mrs. Connie Rutt, Mrs. Harriet Spayd, and Mrs. Eleanor Kreider.

The visit to Conestoga View which had been snowed out has been rescheduled for Thursday Jan. 17. Solanco Community Health Clinic was suggested as a possibility for the county project this year.

The program was an original poem by Mrs. Susan Kauffman describing the year's events, games, and revealing of secret sisters.



Ida Risser

The new year has just begun and the holiday season is behind us. We would like to sit down and enjoy our winter of rest and catch up on some reading, writing or sewing. But no, that's impossible, as the mailman just brought the 1974 seed catalog.

As we look over the new varieties of flowers and the improved vegetables, we're forced to think ahead and plan the toil of another summer. The silver medal winners are perfection itself in the colored illustrations, but somehow in my garden they attract bugs and turn out less than perfect.

Each growing season we are challenged anew to do better than the year before and profit by our mistakes. Our ten year old has already marked the catalog to show me which annuals she wants to plant for 4-H in 1974.

XXX

Are you observant? Most of us are at one time or

another. At least we observe those things we are interested in; why, our boys never fail to see when the cookie jar has been filled.

It seems we often see what we should not see and then fail to see what we should notice. Oh, we notice the film of dust on a neighbor's table but we forget to mention a prized heirloom which sits quietly in a corner. We can walk into a room and out again without even noticing the wallpaper unless, of course, we've just done some repapering in our own home.

As pre-schoolers, my children saw so many things and asked so many questions that often I didn't have an answer. One night a little boy looked at the tiny red lights on a far-away tower and asked me how the lights stay in the sky.

"Do they nail them up there?" he inquired. He is now grown, but still quite observant.

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