



by MARY LEE THOMPSON

Watch your job titles, there! We're going to have to make some changes in our vocabulary to eliminate sex discrimination in employment. The U.S. Census Bureau has revised 52 of the 441 job titles in its Occupational Classification System.

In most cases the suffix "man" has been replaced with "worker" or "operator." Such titles as laundress or stewardess are changed to launderer and flight attendant.

Some of the other changes

- are:
- .. clergymen to clergy
- .. credit men to credit and collection managers
- .. salesmen to salesworkers
- .. office boys to office helpers
- .. pressmen to printing press operators
- .. seamstresses to dressmakers
- .. fishermen and oystermen to fishers, hunters, and trappers
- .. chambermaids and maids to lodging quarters cleaners
- .. maids (in private homes) to private household cleaners
- .. firemen to fire fighters
- .. policemen to police
- .. railroad switchmen to railroad switch operators
- .. busboys to waiters' assistants

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Says

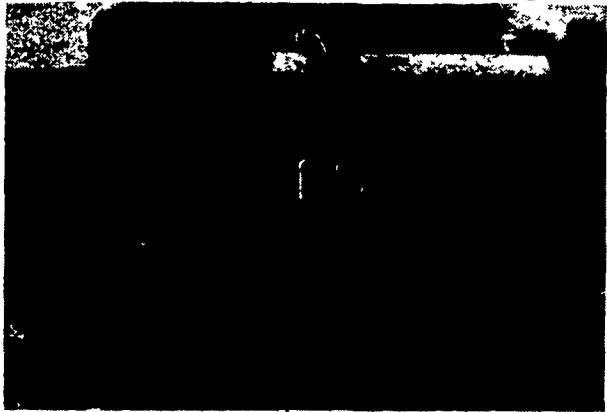
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- INSULATE - Be sure you have at least your ceilings insulated. A minimum is 4 inch batt type or 6-inch poured type.
- REDUCE THERMOSTAT - Keep the thermostat at 68, and wear warmer clothing to compensate.
- Do not leave doors standing open, even while only briefly stepping outside. Add storm doors in northern climates.
- Avoid illness, but own good health insurance, just in case.

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## Young Farmers Discuss Use of Sour Colostrum

by Bernard C. Linn  
Vo-Ag Student Teacher

Area farmers from Eastern Lancaster County met at Garden Spot High School recently for a discussion on the use of sour colostrum in dairy calf feeding. Four dairy farmers; Robert Book, John Yost, Ken Skiles, and John Landis, formed a panel of farmers who related experiences with the use of sour colostrum in their dairy calf feeding program.

Using sour colostrum in dairy calf feedings is in experimental stages on various farms. Colostrum, a thick creamy substance containing nutrients and antibodies, is the liquid

which first passes out of the cow's udder. Many farmers call this liquid "junk milk" because it can't be bottled. This milk is a valuable nutrient source for weaning calves. The colostrum is allowed to sit for a number of days, so it can ferment. This fermented, or soured, colostrum is given to the calf to coat the young animal's stomach and protect it from harmful bacteria.

The panel of farmers reported success with sour colostrum in their feeding program, with few or no calf deaths while using the formula. The panel members revealed that sour colostrum is an economical and readily available alternative to milk replacer. The only negative point that could be found in using the sour colostrum could be that it gave a sharp odor during warmer summer weather.

Covered plastic buckets, usually 15 to 20-gallon capacity, are the best containers to use in aging the colostrum, the panel reported. Colostrum is stored in areas near the calf stalls, and should be stirred at least twice a

day. In preparing the soured colostrum for feeding, it should be diluted with very hot water in a one-to-one ratio. The colostrum is fed through a nipple bottle or bucket.

### Kreider Herd Cited

Milk and butterfat production levels established by Registered Holstein cows in this area have been reported by Holstein-Friesian Association of America. All cows are from the herd of John E. Kreider, Willow Rd., Lancaster enrolled in the Dairy Herd Improvement Registry (DHIR) official testing program.

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Fugle Rosa, 5-11, 21,730 pounds milk, 836 pounds butterfat, 3.8 percent test, in 305 days milked.

Hewview TS Elvis Freda, 8-1, 16,250 pounds milk, 710 pounds butterfat, 4.4 percent test in 305 days milked.

Will-o Tidy Jean, 4-5, 16,280 pounds milk, 555 pounds butterfat, 3.4 percent test in 305 days milked.

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