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foliage and flowers like the separate little geranium flowerlets, Johnny-jump-ups, pansies, forsythia and coral bells.

Another way she drys flowers is to hang them in a dry place. Flowers she drys by this method are cockscomb, celosia, golden rod, yarrow, statice and all kinds of strawflowers.

She dries daisies, roses, snap dragons, hydrangea flowerlets, columbine, fuchsia marigolds in silica gel.

She also presses flowers. She uses a magazine. Opening the pages she lays a piece of newspaper on the page, then the flower and lays another piece of newspaper on top the flower. She turns a couple more magazine pages and repeats the process with another flower and so on. She changes the newspapers every day for one week as much moisture from the flowers is absorbed in the newspapers. She has two sets of newspapers and lets the one set dry for one day then uses it the next day again. She lets them there another without changing newspapers, under heavy weight. She presses any flower that grows in a cluster and presses each flowerlet and the leaves separately.,

Mrs. Frymyer raises a lot of flowers in the summer so she has her own to preserve for arrangements. She grows some begonias in the house in winter time. She did have a lot of African

She raises many kinds of herbs including sage, basil, dill, rosemary, thyme, apple mint, horehound, peppermint, spearmint, lavender, rue, wormwood, borage, chervil, parsley, fennel, oregano, rose geranium to make jelly, and a few others.

Cora has a large vegetable garden which she and her two children tend to. Even Grandma Lohr gets into this project, picking the vegetables and the grapes. They can and freeze a lot of things.

The Lohr family came from Somerset County when Cora was six years old and her father was then caretaker of the Lancaster Fair Grounds. There were three other girls and a boy in the family. Since then they lived around Lancaster and they feel this is their home. Cora graduated from Manheim Township High School and later worked at Hamilton Watch Company and in a couple fruit markets.

Mr. and Mrs. Herbert Frymyer ran a fruit market known as "Frymyers Market" just south of Lyndon on routes 272 and 222 for many years. After Herbert's death 13 years ago Cora's mother, Minnie Lohr, came to

No color deservações estas estas

live with her and her two children, John and Joan.

John is 21 and a senior at Millersville State College. He is interested in the sciences and will get into something in that field after graduation. He works at WDAC as a part time announcer. took a three year correspondence course at Cleveland Institute of Electronics and just received his diploma this past summer. He has a second class radio operators license and will be taking his first class test soon in Philadelphia. He belongs to Lancaster Forest Fire crew. He was one of eight who went to Montana and Idaho to fight forest fires the past summer.

Joan is a senior at Lampeter-Strasburg High School and taking an academic course. She wants to be a special education teacher. She sometimes helps with Lancaster Association for Retarded Children, and at Manheim Township High School she helped the children with swimming. She also helped last Christmas vacation and this Halloween with the Martin Mylin deaf school. She was a tour guide at Amish Village last summer. She is in different organizations-American Field Service and Youth Education Association (formerly FTA). She plays the piano and is taking lessons at present. Joan also sews. She makes some of her own clothes.

Mrs. Frymyer says "I have my kids to raise and I enjoy them." She does the cooking for the family although she says "The kids can cook." She is self employed but her first duty is her family. The whole Lohr family, Minnie's children and grandchildren-about 30 of them, get together once a month and celebrate the birthdays and Christmas when they give \$1.00 gifts. They usually meet in Cora's brother's garage or at her one sister's place where she has a pavilion, a swimming pool and a large area for quoits and volleyball. One of Mrs. Frymyer's sisters is Mrs. Anthony Thomas, mother of Tina, Miss Pennsylvania.

Mrs. Lohr has crocheted doilies for years but a couple years ago she started crocheting afghans and she has now made six or seven. Cora is also making her second afghan so being creative might be partly inherited. Cora also sews for herself and Joan.

Cora says "I love to refinish furniture." She did a kitchen table and chairs and a buffet. She hopes to do the rest of her beautiful dining room suit also. She has a few pieces of antique furniture. One of her prized pieces is a cherry chest of drawers that her grandfather made for her grandmother in 1860 as a wedding gift. Cora also

collects antique dishes.

Another of her hobbies is reading. She reads magazines, novels and books on country cultures, gardening, plant life, herbs and all kinds of crafts.

With all her busy home life Cora is active in her church and other community organizations. She is a member of the First Assembly of God Church on Columbia Ave., Lancaster where she served several years as assistant superintendent of the Primary Department in the Sunday School and substitutes as superintendent sometimes.

She is a member of the Lampeter Fire Company Auxiliary and helps with their two festivals each year and at their food stands at sales. She is a member of Business Christian Professional Women Council and served as project advisor. She is recording secretary and on the executive committee this year.

Cora bakes fruit cake and cookies. She gives these recipes which are seasonal. She also uses the pumpkin bread recipe for fruit cake.

Pumpkin Bread

- 1½ cups sugar
- 1 2-3 cups flour
- 1 teaspoon baking soda
- 1½ teaspoons baking powder 2 eggs
- ½ cup salad oil
- 34 teaspoon salt
- 1½ cups mashed pumpkin
- 1 teaspoon each of cinnamon,

cloves and nutmeg Mix sugar, eggs, oil, and pumpkin. Sift all dry ingredients and add to pumpkin batter. Bake in a greased and floured loaf pan for about one hour at 325 degrees. Chopped dates, nuts, raisins or candied fruit may be added. Apple sauce may be substituted for pumpkin.

Pumpkin Custard Pie 2 cups mashed pumpkin

- 2 cups sugar
- 3 eggs
- 4 tablespoons flour 1 teaspoon salt
- 1 teaspoon cinnamon
- 1 teaspoon nutmeg
- 1 quart milk

Mix sugar, flour, salt and spices and add to mashed pumpkin and beaten egg yolks.

Add milk and fold in stiffly beaten egg whites. Bake at 350 degrees until set, about one hour.

XXX Cheese Cake

- 24 ounces cream cheese (3-8
- ounce packages)
- 4 eggs
- 1½ cups sugar a teaspoon vanilla
- Beat well together. Press crumb mixture into bottom of spring form pan: 16 crushed graham crackers

6 tablespoons melted butter 1-3 cup sugar Pour in cream cheese mixture and bake at 325 degrees until set,

- 30 to 45 minutes. Remove from oven and cool 10 minutes.
- Spread on top: 1 pint sour cream
- ½ cup sugar 1 teaspoon vanilla
- Return to oven for five minutes.

XXX

Orange Chiffon Cake

- 1 cup flour
- 34 cup sugar 11/2 teaspoon baking powder
- ½ teaspoon salt Make a well and add in order:
- ¼ cup salad oil
- 3 unbeaten egg yolks
- % cup orange juice (4cup plus 2 tablespoons)
- Grated rind of 1 orange
- ½ teaspoon vanilla Beat with a spoon until smooth.
- Measure into a large bowl:
- 4 egg whites

½ teaspoon cream of tartar Whip until whites form stiff peaks. Pour batter over egg whites and gently fold in.

Pour into ungreased tube pan and bake at 325 degrees for 55 minutes, then 10 minutes at 350 degrees. Turn pan upside down to cool. May be sprinkled with powdered sugar or galzed with powdered sugar mixed with orange juice.

XXX

Angel Drop Cookies

- 2 egg whites 1/4 teaspoon salt
- 1 teaspoon vanilla
- 34 cup sugar ½ cup cut up dates
- 1 cup broken pecans
- 1 tablespoon flour
- Beat egg whites, salt and vanilla until soft peaks form. Gradually add sugar, beat until stiff peaks form. Sprinkle dates and nuts with flour and fold into egg whites.

Drop by spoonfuls about two

inches apart on greased cookie sheet. Bake in moderate oven at 350 degrees for 10 to 12 minutes. Let cool a minute before removing from cookie sheet.

Christmas Salad

Dissolve 1 package of lemon gelatine in 2 cups hot water. Add 14 large marshmallows and set to cool. Beat one eight-ounce package of cream cheese until very smooth and add one Number 2 can crushed pineapple (drained) and 1 cup chopped pecans. Add this to the lemon gelatine mixture and pour into a 10x14 inch dish. Put into refrigerator to harden.

While this is setting, make two packages of cherry gelatine and chill. When first mixture is hard, pour red gelatine on top of the pineapple mixture. Place in refrigerator to get hard.

This may be cut in squares and served on a lettuce leaf garnished with salad dressing.

XXX

Molded Cranberry Salad 1 can whole cranberry sauce

- 1 cup boiling water
- 1 3-ounce package strawberry gelatine
- 1 tablespoon lemon juice
- 1/4 teaspoon salt
- ½ cup mayonnaise
- 1 apple diced

1/4 cup chopped nuts Make gelatine. Add other ingredients and let harden.

XXX Kourambiathes

- (A Greek cookie) 1 pound butter
- 1 cup finely chopped nuts
- 1 egg yolk

when cooler.

- 1 cup powdered sugar
- 1 teaspoon vanilla
- 1 teaspoon baking powder 5 - 6 cups flour

Cream butter, egg yolk and vanilla. Mix dry ingredients and work in. Shape in crescents. Stick a clove in each. Bake at 325 degrees for 12 minutes. Roll in 10X sugar when hot, repeat again



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