

Ida Risser

Heigh, ho, and it's off to the fair we go. There are many local fairs but we decided to take our children to the Bloomsburg Fair for a days vacation from school.

Philip was quite enthusiastic about all the new machinery and tractors. He collected an ample supply of pamphlets and folders to read on the way home. Cindy and I enjoyed all the flowers, canned goods and fancywork. Even Allen was impressed with the blue ribbon field squash -- it weighed 399 pounds! I wonder how they handled it?

The many Grange exhibits attracted a great deal of attention as they displayed such a large variety of fruits, seeds, vegetables and nuts. They all stressed the bounteous harvest and had a Bible as the focal point.

My daughter was surprised to see the many kinds of meat which had been canned -- beef heart, sausage, and chicken. We freeze almost all of our meat at the present time.

There was a big crowd at the Fair and it was a good day for "people watchers." Folks sat on the benches to rest and watch the flood of humanity passing by. If you were thin you could see someone thinner, if you were fat

you could see someone fatter and if you were crippled you could find someone who was in even worse shape.

After peering through the fence at a few horse races, we left for home and a pleasant drive through woods that are beginning to turn red and yellow.

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We think we've had a problem this year as we had to buy two new freezers and rent a locker due to unexpected butchering of some animals. But you should hear our son Jeffrey's story.

He bought an old chest freezer at a sale for \$7.50. Then, he bought a side of beef and I wrapped it for him. He even rolled up a BIG steak and marked it "groundhog" just to fool the guys in his apartment at Penn State.

He got a friend from Doylestown with a truck to take it to State College. The fellows carried it to the second floor apartment and then within a few weeks it quit working and was too expensive to repair.

Now they must drive 30 miles to a town with a locker plant.

## Fix-It Tip

Assuming the furnace you have is the right size for your house and that it was installed properly, if you are not getting adequate heat then the heating plant is not operating at maximum efficiency.

Properly weatherstripped doors and windows, storm sashes on all windows and a caulked house can keep a lot of heat inside. An adjustment and cleaning by a professional every year will help keep fuel costs down and the house warmer.

Establish a comfortable thermostat setting, 70 or 72 during the day and four degrees lower at night. Settings lower than that will cause the furnace to burn extra fuel trying to reheat a cold house in the morning.

## Cash Prizes For Top Apple Cooks

The Apple Marketing Board is looking for apple cooks. You may want to try for one of the cash prizes to be awarded by the Pennsylvania Apple Marketing Board for outstanding recipes using apples.

The contest, conducted under the supervision of the Apple Marketing Board in cooperation with the Pennsylvania Department of Agriculture, offers the cash awards. Top prize is \$100.


People wishing to enter are asked to send their recipes, giving ingredients, step-by-step cooking instructions and the number of servings to Apple Recipe Contest, Pennsylvania Department of Agriculture, 2301 N. Cameron St., Harrisburg, PA 17120.

The contest is limited to residents of Pennsylvania. The deadline for entries is October 31, 1973.

Winning recipes become the property of the Apple Marketing Board and will be included in a prize-winning recipe booklet. Fifty-thousand copies will be printed and widely distributed by the Board.

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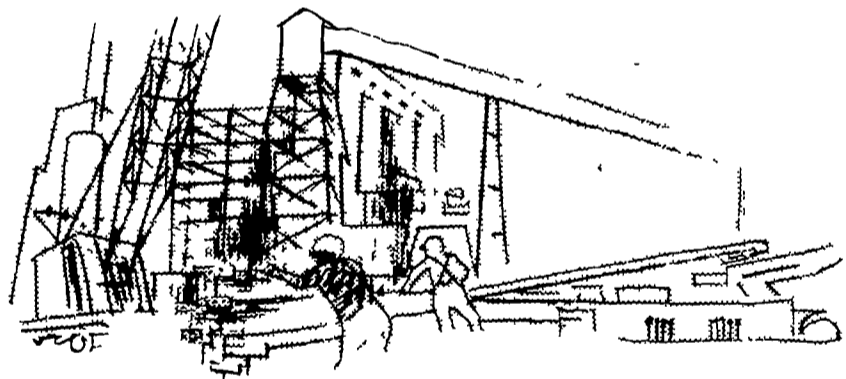
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Conserving energy is not only essential in these days of dwindling resources but a way for consumers to hold down their electric bills.

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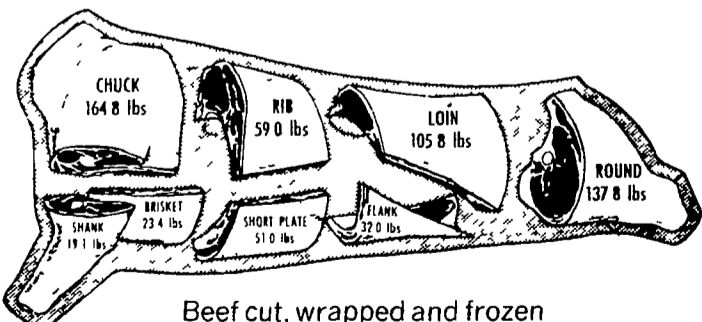
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