

CEA Proposes Exchanges Publish Daily Trading Data

The U. S. Department of Agriculture's Commodity Exchange Authority (CEA) recently announced a proposed regulation which would shift from CEA to contract markets the collection and publication of daily trading information.

The change under consideration would require contract markets to assemble and report to CEA daily volume of trading and open contract data currently being reported separately by each clearing member. In ad-

dition, it would require contract markets to publish volume of trading and open contract information each day.

The revision under consideration was scheduled to be published in the August 21 Federal Register. Persons interested in the proposal may make a written request for a hearing or file a written statement with the CEA Administrator prior to October 8, 1973.

Heart Disease Study

"Approximately 80 per cent of the people who develop coronary heart disease can be identified prior to heart attacks". That's the findings of a leading heart specialist upon concluding a 22 year study of heart disease.

Dr. William Castelli, director of laboratories, Farmingham Heart Study, stressed that measurement of factors of physical condition can identify high risk individuals. Factors such as high cholesterol, high blood pressure, diabetes, heavy cigarette smoking and abnormal electrocardiogram can point to a person who is most likely to develop heart disease.

The Farmingham Heart Study which followed case histories of

5,000 men and women, notes that in the first 16 years one out of every 14 men aged 30-39, one out of six aged 40-49, one out of four aged 50-59, and one out of three over the age of 60 developed some form of heart disease.

The women in the study according to Dr. Castelli, however, were found to have only about a fifth of the rate of heart attacks under the age of 50 and about half the rates of men over 50.

What can the individual do to reduce his chances of having a heart attack? Here are some suggestions from the Insurance Federation of Pennsylvania. . . whose Life Insurance member companies have been

County Hosting Norwegian Girl

A 22-year old Norwegian woman will be visiting Lancaster County under the auspices of the International Farm Youth Exchange program beginning Sunday, September 2.

The motto of the program is



Mary Anne Aune

"To learn another way of life by living it", and Mary Anne Aune will do just that as she stays with two Lancaster County families for six weeks. The first part of her stay will be spent with the Chester Immel, Jr. family, Lititz RD3. She will then go to the Fred Crider family, Nottingham RD2. The IFYE program is spon-

sored by the National 4-H Club Foundation, and is coordinated locally by the Penn State Extension Service.

Miss Aune had been a member of Norske 4-H for seven years, and is currently serving as an adult leader in her country.

Some of the special interests she will study while in this country include the 4-H clubs and their volunteer leadership structure, folk songs and recreational activities, the culture of our country and the

educational system of the United States.

The visit to Lancaster County is just a small part of her six-month visit to the United States. Miss Aune stayed in South Dakota for three months, and she will visit another county in Pennsylvania in order to get a broad view of life in this country.

Financial sponsorship is provided by friends of 4-H through the Cooperative Extension Service and the National 4-H Foundation

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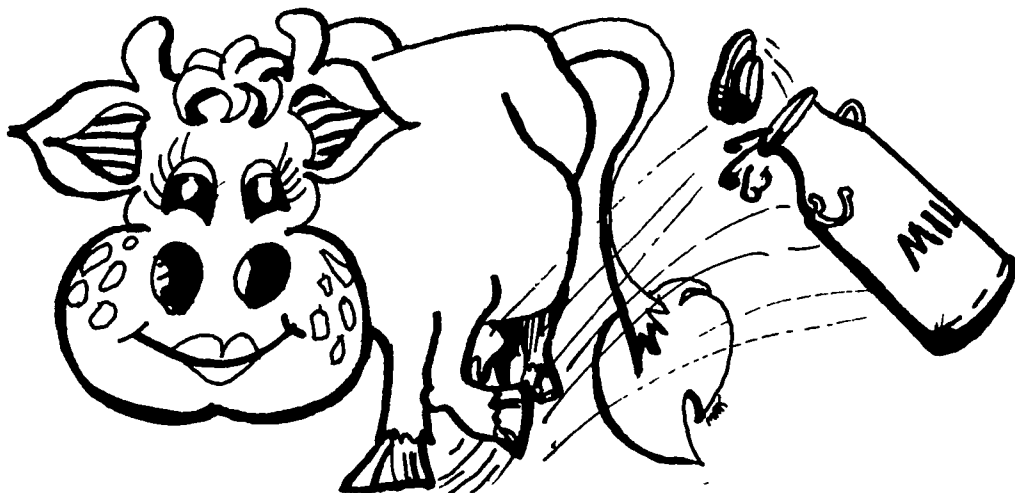
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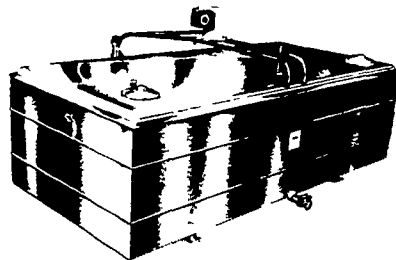
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