

Can it be the end of July? When the children notice the calendar, they sigh as they realize vacation is more than half over. I feel like saying, "What vacation?" Most of the time we feel so rushed we don't find time for the little things we should do

Somehow we find time to harvest the beans if we can just find time to plant them. Or we find time to go to the dentist or optometrist if we only take time to phone for an appointment. And we find time to give a big lecture but not a kind word.

In our family we tend to become involved with too many activities and be overloaded so that we don't enjoy them. Life is just rush from one thing to another.

XXXX

At the end of a hot day, when the hay is in the barn and unloaded, one of the boys will say - let's make ice cream. While I mix the ingredients, one of them will chip away at the block of ice we keep in the freezer.

One night we discovered we



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were out of vanilla and so we used mint and were pleased with the results. The nice part is that on following evenings we can eat ice cream without all this effort until the eight quart can is empty.

XXXX Long ago people certainly had a variety of things to stuff their mattresses. On my attic are bags of cork chips which my parents used. My husbands parents had bags of horsehair which was put in their mattress.

As a child, I had a chaff bag. This contained clean straw which became fine chaff after much

Farm Women Calendar

Saturday, July 28

6:30 p.m. - Farm Women Society 4 Family Picnic, Salunga Pavilion.

6:30 p.m. - Farm Women Society Entertain Husbands. Conestoga-Sheraton.

Wednesday, August 1

12 Noon - Lancaster County Farm Women Executive **Board Meeting - County Farm** Women Picnic, Central Manor Camp Grounds.

Thursday, August 2

1 p.m. - Farm Women Society 17 meeting.

6.30 p.m. - Farm Women Society 20 Covered Dish Family Picnic, Legion Park.

Saturday, August 4 1:30 p.m. - Farm Women Society 1 tour Middle Creek Wildlife

Museum. 2 p.m. - Farm Women Society 6 Family Covered Dish Picnic, Milton Grove Sportsmen's Club. Farm Women Society 3 trip to Ocean City.

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Society 2

Society of Farm Women 2 held its monthly meeting in Oscar Ruhl's Picnic Grove, Manheim RD2. There were 21 members and two visitors present.

Mrs. Ray Hershey presented the devotions and the roll call was answered by naming a favorite

The president, Mrs. Jay Witmer, had charge of the business meeting. She announced that the county picnic will be held Wednesday, August 1 at the Central Manor Camp Grounds. A covered dish luncheon will be held at 12

The Home-makers Camp will be held August 26 to 28 at Camp Swatara.

The program consisted of a book review on "Butter at the Old Price" by Mrs. Charles Weaver.

The next meeting will be held at Kauffman's Park, Manheim with a covered dish supper at 6:30

The County officers will be guests.

Society 7

Farm Women Society 7 met July 14 at the home of Mrs. Raymond Eshelman. Mrs. Eshelman led devotions. The Lord's Prayer and the Pledge of Allegiance were recited by

New York State has a new placement exchange service which uses a central data bank to locate vacancies in nursing homes and healthrelated facilities. It may save more than \$10 million each year in local and state Medicaid costs and an equivalent amount in federal funds, according to Social Services Commissioner Abe Lavine.

The County Picnic will be held at Central Manor on August 1 at 12 Noon.

It was decided to give \$50.00 to the Welsh Mt. Clinic and \$20.00 to the Welsh Mt. Head Start program to finance field trips for the children.

Miss Romaine Engle, a policewoman, showed a film and gave an interesting talk on self protection for women.

The next meeting will be September 8 at the home of Mrs. Earle Beane. Mr. Martin Rudy will be the speaker. He will speak on "Covered Bridges." The roll call will be "a favorite landmark."

Salads arrive at a picnic properly chilled if they travel by double boiler. Put the chilled salad in the top compartment and fill the lower part with ice cubes.

Put the bottle of baby lotion in a glass of hot water before bathing baby. By the time baby is bathed, the lotion is warm and the child is not frightened by the shock of the cold lotion.





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