

Chester County Rose Selected For Honors

Later this year a Chester County commercial rose grower will be introducing to the world Perfume Delight, one of three new varieties of roses named by All-American Rose Selections, Inc. (AARS) as 1974 award winners.

The Conard-Pyle Co., West Grove, producer of Star Roses, is the largest of 2,100 nurseries throughout the Commonwealth that are inspected regularly by technicians of the Bureau of Plant Industry, Pa. Department of Agriculture. The inspectors look for plant diseases, insects and cultural practices and then certify and license the nurseries to sell disease-free stock. The licensing and certification is accomplished annually.

Introducing an AARS award winner is nothing new for Conard-Pyle. Perfume Delight will be the 22nd selection for which they have had exclusive propagation rights, 20 of these in the last 16 years. Nor is the trip to the winner circle a new experience for the breeder of Perfume

Delight, O. L. Weeks. The Ontario, California, wholesale grower and hybridizer has had six previous selections including last year's, Gypsy.

Perfume Delight, a richly fragrant, clear pink rose is the only hybrid tea rose to win an All-American award for 1974. The rich, spicy fragrance of Perfume Delight will fill a room from a single bloom. Three plants in a garden will add delightful perfume to the whole area.

Pennsylvania's ornamental horticulturists are a factor in the industry and the production of Conard-Pyle alone is most impressive. Annually the Chester County firm turns out 500,000 rose bushes, 250,000 potted roses, 150,000 miniature roses, 600,000 ornamental plants in containers, 75,000 garden chrysanthemums and 30,000 delphinium.

Having been in the nursery business since 1850 and specializing in roses since Conard-Pyle has posted some important records. Of existing nurseries, none in the U.S. have



Doctor in the Kitchen®

by Laurence M. Hursh, M.D.
Consultant, National Dairy Council

LUNCHES DURING VACATION

This is the time of the year most mothers are faced with having the kids home for lunch. Summer camps, day camps, or trips away from home notwithstanding, there are many days during the summer when the luncheon routine brings up the old question, "what shall I prepare for the family?"

Well, the school lunch program that your children were involved in during the school year offers the best pattern — the four food groups. The challenge to many mothers is to do as well for their children during vacation.

How About a Sandwich

First off, let's consider the sandwich. With this American

been growing roses for a longer period of time, they introduced miniature roses to the U.S. and to this day are the largest producers of miniature roses in the world.

Pa. Department of Agriculture nursery inspectors also keep tabs on some 1,000 dealers or garden centers around the state. These normally are inspected twice each year, in the spring and fall. 16 technicians are employed year-round and a few more are used during the summer months. These field inspections are supported by a full-scale, modern plant pathology and entomology laboratory at the Agriculture Building in Harrisburg.

favorite you can give the kids two of the food groups at once — the meat group and the breads and cereals group. Filling for the sandwich can be frankfurter, hamburger or cheeseburger, cold luncheon meat, sliced chicken, tuna fish, or for that matter, peanut butter, or egg salad, or fish fillet. All these qualify in the meat-fish-poultry-egg group. And cheese, while a dairy product, is a fine meat substitute. Pizza, too, would contribute to nutrition similar to a sandwich.

As for fruits and vegetables — one of the four food groups — the choices in summer are vast and delicious. But for children, especially, I would suggest raw vegetables such as carrots, radishes, tomatoes, cucumber, celery stuffed with peanut butter or cheese. Olives and pickles offer variety of taste. The more fresh fruits your children have the better.

And then there is the milk group. For beverages you have a wide variety of milks — whole milk, skim milk, chocolate milk, buttermilk. You can flavor whole milk with fruit juice. Or make milk shakes, which brings in ice cream or ice milk. You will have used butter on the sandwiches. And there's a cheese for every taste and pocket book.

If you have a cooler day or evening, soups enriched with milk will give your child grand nutrition.

A Word of Caution

I mentioned egg salad earlier. A word of caution. On a picnic or camping situation, you must be very careful with such mixes. They must be kept cool to guard against spoilage. But at home with refrigeration this is, of course, no problem. Hard-cooked eggs, a favorite with everyone, are a delight.

The main point for summer lunches is they should be fun for everybody — including Mom. So let the kids help prepare things and lighten your own burden. Properly instructed they don't have to make a mess.

And eat out of doors, of course. Use picnic plates and utensils. And isn't this the best time, too, to let your children invite their friends? It will be less trouble than inside in the winter.

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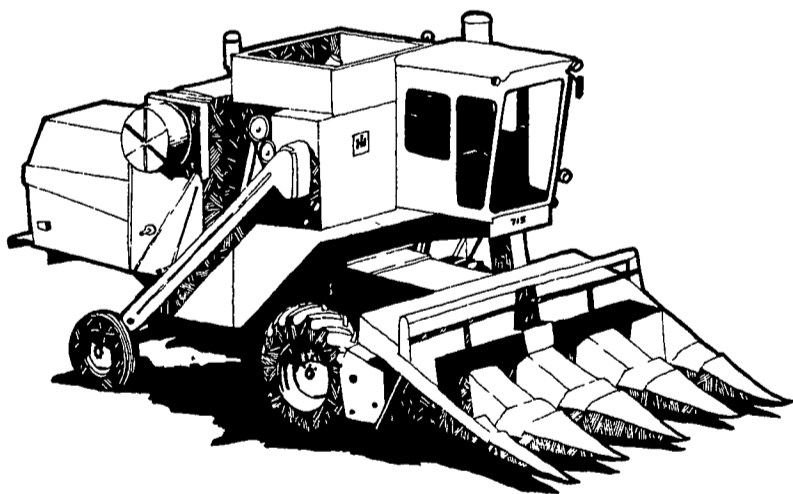
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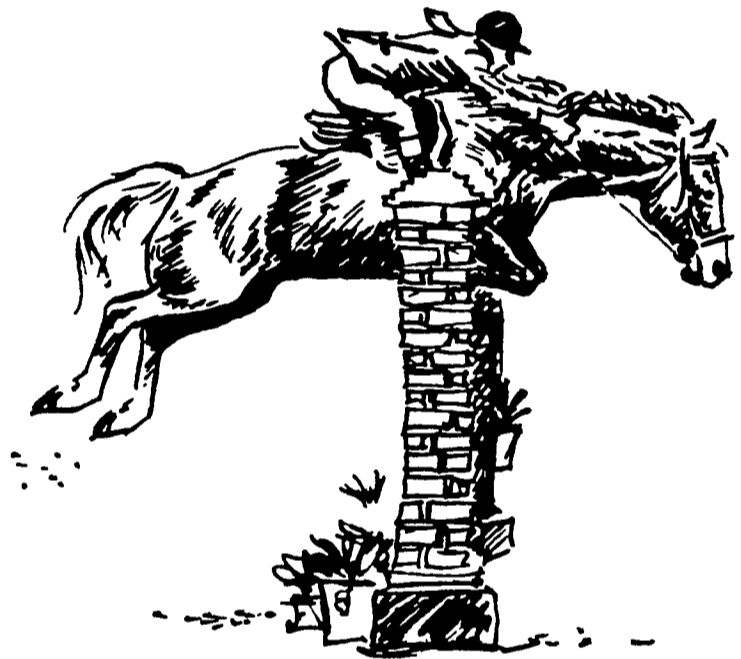
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