

Tips On Using Shallots

Shallots are an old seasoning but they may be new to you. The shallot supposedly came from the lands along the eastern Mediterranean. The French

In the Kitchen

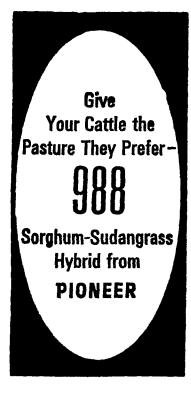
CORNED BEEF SPREAD **BREAD**

- 1 pkg. hot roll mix
- (13¾-oz.) 34 cup warm water 2 cans corned beef spread
- (4½-oz. size) 1/4 tsp dry mustard 1 tbsp. instant minced
- onion

1 thsp. poppy seed

Sprinkle yeast from roll mix onto water. Put remainder of roll mix into a bowl and mix in corned beef spread, mustard and onion. Stir in yeast mixture and knead until smooth. Cover bowl with plastic bag and leave to rise for one hour. Cut dough in half. Roll each piece into three sausagelike strips. Make two braids. Sprinkle with poppy seeds. Let rise 15 minutes. Bake 50 minutes at 400 degrees.

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brought them to Europe many centuries ago. Charlemagne had them grown in his famous garden twelve hundred years ago. All this while French cooks have thought of more and more delicious uses for them. The French who settled Louisiana almost three centuries ago had shallot bulbs with them. And shallots have always been used in New Orleans and Cajun cookery. The freeze-dried shallots on your spice shelf were no doubt grown in California and prepared and freeze-dried by the most efficient modern methods.

You can identify shallots by their distinctive bulbs which are made up of garlic-like "cloves." Unlike garlic, however, the individual cloves are not encircled by membrane.

Shallots have not been an everyday ingredient in American kitchens until recently because they were not available most months of the year. Now freezedried shallots can be stored on the spice shelf ready for instant use. Sprinkle shallots on food or measure out in desired amount

for any recipe while mixing or cooking - in salad dressing, soups, stews, fish, poultry, meats, sauces, stuffings and eggs. The delicate distinctive aroma of shallots is ideal for chicken, yeal and seafood dishes,

you are modernizing a. traditional recipe which calls for shallots, use just as many teaspoons of freeze-dried shallots as fresh. Whenever a recipe calls for "one shallot" that means one clove, never a whole bulb.

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Now, paint the body of the filing cabinets to match or contrast with the painted door. Then, paint the file drawers a contrasting color, or cover them with a harmonizing fabric.

You can even put this arrangement of filing cabinets and table-top door between two twin beds, giving you beside tables as well as desk space. The ideas for decorating and using this desk are unlimited. Just use your imagination.

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Samuel O. Swartz, Jr. RECORDER OF DEEDS

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Isabelle R. Rudisill

JURY COMMISSIONER

Manager of local business office Volunteer in numerous local charity organizations • Past chairman of County Young Republicans, won Young Republican of Year Award, 1965 . Delegate to Republican National Conventions • Served on GOP National Credential Committee • Member, Trinity Luthern Church

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Corporate Patent Attorney •

Graduate of Penn State with BS Electrical Engineering

Dickinson School of Law

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national American Bar Asso-

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ciations • Member Republican

Evelyn Neff

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