

Girl Scout Leader Likes To Teach Girls To Cook

(Continued From Page 34)

Mrs. Gregory is 4-H Leader for the Clay-Brickerville 4-H Cookers. She organized it six years ago. They have always had food projects and did outdoor cooking. There were eight girls in it last year and 10 girls before that. Debbie, Jane and Martha have been in it. Debbie was also in a 4-H sewing club.

The three girls are in the Broken Bit 4-H Horse and Pony Club which is in the area of Ephrata to Lititz. It is one of the six 4-H horse clubs in the county.

All three girls are also in the 4-H Holstein Club. They started their calves at home but their cows are now at the Clarence Stauffer farm because of the lack of space at home. He milks their three cows.

Mrs. Gregory is second-vice-president and pin custodian of the Society of Farm Women of Lancaster County. She has belonged to Farm Women Society for nine years and served as their immediate past president. She served on various committees including program, flower, scholarship and membership. She helps with most of their activities. This society is an active group and the members vary in ages. They take turns working at the snack bar at the Ephrata Hospital once a month. Mrs. Gregory helped last month. The Society also helps with Meals on Wheels. Mrs. Gregory says of the Farm Women Society - "It's educational, it's social I've certainly enjoyed it."

Mrs. Gregory is on the Farm and Home Center Board which meets every month. She was active in the Lancaster County Home Economics Association but gave it up this year as their meeting night conflicted with another meeting. She also gave up the Penn State Alumni group for lack of time. She served from 1967 to 1970 on the Lancaster County Extension Board.

Mrs. Gregory has been chairman of the Dairy Princess contest for three years. The state sends out the rules and regulations for it the middle of March and the county committee starts making plans for the pageant about the beginning of April. They familiarize the girls with what is expected of them. Mrs. Gregory says "It's been sort of a fun thing to do. The thing I've enjoyed is meeting all the girls in the county."

Gregorys are members of Saint Luke's United Church of Christ in Lititz. Mrs. Gregory teaches the three-year-old children's Sunday School class. She belongs to the Women's Guild and attends their monthly meetings regularly. She was president of it last year. She and her husband help as advisors with the Senior High Youth Fellowship. Jane is in it also. Robert did serve on the consistency.

Mary Alice does all the sewing for herself and nearly all for the girls. She says "I enjoy cooking. I'd rather teach foods than

sewing and I'd rather sew than cook."

Mrs. Gregory has a lot of flowers in the summer and has a lot of bulbs planted for spring flowering. She also grows mint tea, sage tea and parsley near the house where it is handy to get.

In the way of hobbies she does some crewel work. She has done crocheting and knitting but doesn't do much now because she doesn't have time to. She plays the piano, just for her own amusement she says.

Mary Alice says "Antiques is one of our pride and joys." She has a spinning wheel which came from her mother's side of the family and is looking forward to learn to spin. She has a dough tray, a dry sink, tables, pie and jelly cupboards, desk, poster bed, old bureaus, some old dishes and a clock. She has done some refinishing of this furniture.

Mrs. Gregory gives credit to her family for her being able to keep the home going while working and at the same time be a leader in her various organizations. She says, "During the school year we all have to chip in and help." They also found time to go ice skating together at project 70.

This Home Economics teacher, Scout and 4-H Leader has this to say in regards to food seasonings, "I really feel spices and seasonings should be used only to bring out the flavor in foods and not to change the flavor." She gives us her Girl Scout Troop's favorite milk drink and their cookout favorite recipe. With the spring season just commencing there is a recipe for all the delicious lettuce you'll have in your gardens. Then file the special, frilly, luscious strawberry tart recipe to serve company as soon as the local berries appear. A main dish she finds handy to prepare ahead of time and speed her on her way is ham loaf. And since today is Saint Patrick's Day here is an easy but elegant jelly roll to try.

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Banana Milk Drink

1 pint vanilla ice cream
1 cup mashed banana
1 tablespoon lemon juice
3 cups milk

In the mixing bowl beat the ice cream, gradually add lemon juice and bananas. Blend in milk and beat well. Serves 6 glasses.

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Camp Vegetable Soup (A Scout cookout favorite)

1 pound lean ground beef
1 small onion
1 quart can tomato juice
4 medium potatoes (cut in small cubes)
3 medium carrots diced
3 stalks celery diced
Salt and pepper

In a heavy kettle brown the hamburger and the onion. Add the tomato juice. Cover and bring to a boil. Add the potatoes, carrots and other vegetables as desired. Add seasonings and

continue cooking until vegetables are tender, about 30 minutes.

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Sweet and Sour Lettuce

Fry three slices of bacon until crisp. Remove from drippings and crumble. Stir 1½ tablespoons flour into bacon drippings, blend well. Add ¾ cup hot water and cook, stirring constantly over low heat until thick. Add 1 tablespoon sugar, ¼ teaspoon salt, dash of pepper and 1½ teaspoons vinegar. Pour over two cups lettuce pieces, toss lightly and serve. Garnish with the bacon and hard cooked egg slices if desired. Yields 4 servings.

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Strawberry Tarts 8 Medium Tarts

Tart Shells

Combine:
2 cups flour
¼ pound butter or margarine
½ cup sugar
1 egg

Press or roll into tart pans. Bake at 350 degrees for 15 minutes and cool before filling.

Filling:

1 cup mashed berries
½ cup sugar
1 teaspoon cornstarch
1 quart berries

Dissolve the cornstarch in small amount of cold water. Bring the mixture of sugar and mashed berries to a boil. Add the cornstarch. Cook three minutes. Pour this glaze over the fruit and fill the tart shells.

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Ham Loaf

1 pound ground cooked ham
1 pound ground fresh pork
2 eggs, beaten
1 cup cracker crumbs
1 cup milk
¼ teaspoon salt
¼ teaspoon pepper
1 cup canned pineapple chunks

Maraschino cherries

¾ cup brown sugar
2 teaspoons dry mustard
¼ cup vinegar

Combine ham, pork, eggs, cracker crumbs, milk, salt and pepper. Mix well. Arrange pineapple and cherries in bottom of a 10x5x3 inch loaf pan. Combine sugar, mustard and vinegar. Spread half of mix over fruit in pan. Top with meat mixture. Spread top of loaf with rest of the sauce.

Bake in oven at 375 degrees for 1½ hours. Serves 8.

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Jelly Roll Deluxe

Sift together ½ cup sugar, ¼ cup all-purpose flour, 3 tablespoons cocoa and ¼ teaspoon salt. Beat 5 egg whites

with ½ teaspoon cream of tartar until stiff but not dry; gradually add ½ cup sugar, beating constantly. Beat 5 egg yolks till thick and lemon colored; add 1 teaspoon vanilla and fold in the dry ingredients. Fold the yolk batter into the beaten whites.

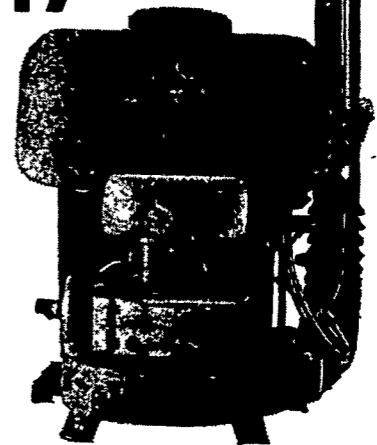
Spread batter in a greased and lightly floured 15½x10½x1 inch pan. Bake at 325 degrees about 25 minutes.

Immediately turn cake out onto towel sprinkled with confectionary sugar. Roll cake up in towel, cook. Unroll, spread 1 cup whipped whipping cream flavored with 1 tablespoon green Cream de Menthe over cake; and roll again. Sprinkle cake with confectionary sugar and chill till serving time.

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