

Farm Women Societies

Society 5

Farm Women Society 5 members were entertained at Evans' Restaurant Manheim recently at which time their regular monthly meeting was held. Mrs. J.G. Longenecker presided. Devotions were led by Mrs. Betty Mutzer, daughter of Mrs. Hershey.

During the business session, the Farm Women by-laws were read. The president gave a report of the meeting of the County Board and announced that the date to sew at Lancaster General Hospital is April 9. Also, any news or material pertaining to Farm Women shall be saved for the scrapbook.

Busses are being chartered for

the Spring Rally on May 16. Reservations should be made as soon as possible.

On April 3-4 the Cooperative Extension Service of Lancaster is having a seminar called "The Challenge of Being A Woman". The outstanding speaker is Dr. Joyce Brothers, PhD, Consultant Psychologist. Other features will include a fashion show, various workshops and other able lecturers. It will be held at the Lancaster Hilton. All Farm Women are encouraged to attend.

The next meeting will be held March 31 at the Church of The Brethren, East Petersburg, Pa.

Society 11

Farm Women Society 11 held its monthly meeting Thursday afternoon, February 22 at the home of Mrs. Richard Henry, Lancaster.

The meeting was called to order by the president, Mrs. Ammon Huber. Devotions were conducted by Mrs. Paul Nolt.

After the Pledge of Allegiance Mrs. Huber read the resolutions which were approved by the Pennsylvania women at the State Convention in Harrisburg in January. Mrs. Huber also gave the group information on the Spring Rally to be held in Johnstown in May.

The group voted to give a donation to the Welsh Mountain Medical Center, the County project for this year.

Mrs. Welb of the Alpha Committee was guest speaker. She explained the program which is being carried out to help mental patients.

The next meeting will be held March 29 at the Quarryville Methodist Church at 1:30 p.m.

Hostesses for this month's meeting were Mrs. Richard Henry, Mrs. Paul Nolt, and Mrs. Harry Shank.

Society 12

Farm Women Society 12 met last week at the home of Mrs. John Kindig, Conestoga RD1.

One-hundred bed pads, size 22 x 36, were made for Conestoga View. After lunch a business session was held.

The Ways and Means committee reported on a future bus trip to Hagley's Museum and Winterthur. The group voted to support the Welsh Mountain Clinic as their choice for the County Project this year.

Spring Rally will be held May 16 at Johnstown.

Society 28

Farm Women Society 28 heard William Wilson speak on the subject "Is Your Financial House in Order?" at a meeting held recently at the home of Mrs. Lloyd Denlinger Wilson is resident manager of Channing Company, Inc.

Society 28 will hold a food sale Saturday at the farm of Mrs. Dorothy Martin, Strasburg. Proceeds will be donated to Christ's Home, Paradise.

The next meeting will be held March 22 at the home of Mrs. George Eckman, Smoketown.

* * *

Thanks, Doc

Dr. Crawford W. Long was the first surgeon to use an anesthetic to render a patient unconscious. Dr. Long used sulphuric ether gas during an operation on James Venable in Jefferson, Ga., on March 30, 1842

Standards Set for Peanut Butter

Americans are eating more and more peanut butter, says Catherine B. Love, Extension consumer education specialist at The Pennsylvania State University. For 1970 over 700 million pounds of peanuts went into the making of peanut butter.

In 1971 more specific standards for peanut butter were put into effect by the federal government. Peanut butter must contain at least 90 percent ground roasted peanuts by weight. The other 10 percent may be seasonings and stabilizers, which prevent the oil from separating out and rising to the top of the product.

Seasonings that are permitted are salt and sweetening agents. The only sweet agents allowed by federal standards are sugar, dextrose, honey, dried corn syrup and dried glucose syrup.

When the butter does not meet federal standards, it must be labeled "Imitation Peanut Butter." Specific standards regulate the texture, color, consistency, flavor and aroma.

One of the greatest things about peanut butter is its nutritive value. In a United States Department of Agriculture analysis of commonly consumed foods, peanut butter was ranked near the top in at least six categories, one of these protein. Two tablespoons of peanut butter contain as much protein as one egg. If your family shuns eggs for breakfast, or you'd like some variety, peanut butter sandwiches just might be the answer.

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