

Likes Busy

Continued From Page 20

College of Home Economics at Penn State, a major which she describes as being "business and home economics."

Her first job was with Metropolitan Edison Company in Reading where she worked for two years. She was then transferred to Lebanon where she helped design the home living center in their office building. After seven years, she was promoted to Director of Home Economics for the entire Met Ed area which includes Easton, Lebanon, Reading and York. In this capacity, she had nine home economists working under her. After three years she went to work for Extension.


The way Extension work is organized, Lettie says, "It gives you a good opportunity to keep in touch with people, and really do something about problems which you see about you. It gives me great satisfaction to see the end result of my work. You can see changes which have taken place and know that people appreciate your help because they report back."

Spare time is rare, but Lettie enjoys "cooking, sewing, reading and crewel embroidery." She also mentioned that she can barbecue a few hundred chickens on occasion, something she has done for members of the Distelfink Aero Club, an organization for local couples who fly.

Her husband Bill is the flier in the family. He is a licensed instructor and an "avid aviation fan." His hobby is rebuilding airplanes which means the Schadler home is often filled with airplane wings, engines and spare parts. A graduate chemist from Lebanon Valley College, Bill is employed by Hamilton Technology, Inc. as an engineer. He hails from Richland, Lebanon County, and he hopes to be accepted at Dickinson Law School soon.


Life is very busy for Lettie, sometimes hectic, but she says, "That's just the way I like it."

WANT ADS
ON TARGET EVERY TIME



Ladies, Have You Heard?

By Doris Thomas,
Extension Home Economist



Well-Groomed Inner Self
The beginning of a new year is the time when most people are usually more conscious of "starting over", of making resolutions . . . and of taking stock of their two selves. It's usually easy to see what can be done with the outer self . . . it's plainly visible. But let's look at what can be done to the other side of the mirror . . . the inner self.

What goes into a well-groomed inner self? These ingredients vary from person to person, yet there are certain ingredients usually found in a pleasing personality. It'll take a daily appraisal of attitudes, emotions, personal traits, and accomplishments to find out about yourself. So, at the end of the day, stop and think . . . what nice things happened today, and how did you contribute to making them pleasant? Did you accomplish all that you hoped to? Did you communicate well with others?

If you're objective in your thoughts . . . you'll realize that most persons are a composite of good and poor qualities. And it's up to each person to develop his best traits. Minimizing undesirable qualities calls for hard

work and self-discipline. After all, few persons find it easy to admit they've made a mistake or have shown unwise judgment.

Patience, perseverance, and humor can help a person hurdle his difficulties. Mix those three ingredients with such personal characteristics as honesty, integrity, and loyalty . . . add a dash of generosity, thoughtfulness, and sincerity and you'll have a well-groomed inner self that others will respect and like.

A Taste of Apples

Too busy to cook? Too busy to fuss? But not too busy to want to enjoy a real delicious fruity flavor in desserts, main dishes and garnishes? What's the answer? - Applesauce, of course, that convenience food that rates a special place on the efficient homemaker's shopping list.

Add applesauce to your food preparations and you'll add a flavor hard to beat in taste appeal. Since the U.S. Department of Agriculture's Agricultural Marketing Service says applesauce is now plentiful and reasonably priced, this is a good time to add plenty of applesauce to your desserts, garnishes, meatloaves, baked beans, sweet potato casseroles, and scores of other dishes.

Serve applesauce as is, if you prefer, it tastes delicious. Or add a touch of cinnamon, peppermint, cranberry sauce, or pineapple for variation. Use it as a topping for pancakes, muffins, waffles, rice pudding and custards. Include it as an ingredient in a meat loaf instead of another liquid. Bake an Applesauce cake, cookies and breads - they'll fill your home with a heavenly aroma. Or melt mint jelly and mix it with applesauce as a go-with for turkey, lamb or pork.

For a special occasion try this sumptuous Applesauce Chiffon Pie if you want to please the family and friends:

Applesauce Chiffon Pie

3 egg yolks, slightly beaten
1½ cups applesauce
¼ teaspoon ginger
¼ teaspoon cinnamon
½ cup milk
1 tablespoon lemon juice
½ teaspoon grated lemon rind
½ cup sugar
1 tablespoon gelatin
¼ cup cold water
3 egg whites
¼ teaspoon salt
9-inch baked pastry shell, or graham cracker shell
Nutmeg, if desired

To prepare:

Mix the egg yolks, applesauce, ginger, cinnamon, milk, lemon juice and rind, and half the sugar.

Cook over low heat, stirring constantly, until mixture thickens. Sprinkle gelatin on water, let stand a few minutes. Add gelatin to the hot mixture, stir until dissolved. Cool until thick but not set.

Beat egg whites until foamy. Add salt and beat until stiff. Add rest of sugar slowly, beating constantly.

Blend egg white mixture with thickened gelatin mixture. Pour into the pie shell and sprinkle with nutmeg, if desired. Chill until firm.



Free

Current copy of Harvestore Farmer Magazine featuring latest information on crop and livestock management and automation.

ASmith HARVESTORE Products Inc. world's leading manufacturer of automated feeding systems.

Please rush my free copy to:

Name _____

Address _____

Telephone _____

County _____

City _____

State _____ Zip _____

I farm _____ acres

Check Livestock Enterprise:
Dairy Beef Hogs

Number of Animals _____

Check if attending school

Mail to:

PENN-JERSEY HARVESTORE SYSTEMS INC.
New Holland, Pa.
Ph. (717) 354-5171

'71-72 Farm Debt Outpaces Assets

Farm assets went up by \$24 billion from the start of 1971 to 1972, and exceeded \$339 billion on January 1, 1972.

Farm debt during the same time increased at a faster rate, up a record \$5.8 billion to \$66.9 billion. The debt-to-asset ratio was thus raised from 19.4 percent in 1971 to 19.7 at the start of '72.

That was the picture for all States except Alaska and Hawaii, the USDA's Economic Research Service reports in a balance sheet compiled for 1972.

Two-thirds of the advance in asset value during 1971 was due to a record \$15.6-billion increase in the value of farm real estate. Most of the remaining third came from increases in value of livestock, machinery, and motor vehicles.

About two-thirds of the rise in farm debt was in non-real estate debt and the remainder was in farm mortgages.

Total realized net farm income of farm operators dropped from \$16.8 billion in 1970 to \$16 billion in 1971. Realized net farm income per farm slipped to \$5,560 in 1971 from \$5,740 in 1970.

On balance, the structure of farm asset values has changed relatively little since 1940. Except for a few years, real estate has accounted for about two-thirds of total value of farm assets.

GARBER OIL CO.
TEXACO HEATING OIL
BUKNER SALES AND SERVICE
MOUNT JOY, PA.
Ph. 653-1821

Try A Classified Ad It Pays!



REVCO CHILL CHEST FREEZERS

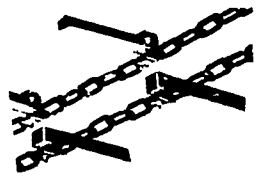
THE CUSTOM CHEST FREEZER THAT SAVES YOU MONEY.

WALTER BINKLEY & SON
R.D. 4, Lititz, Pa. Phone 626-4705

BARN CLEANER REPLACEMENT CHAIN


Our Chain Will Fit Most Other Make Cleaners

FARMWAY



½ & ⅝" Nickel Alloy Chains
With 2½" High Flights

BERG



High Tapered Heights
Easy Detachable chain 3" High Flights.

CALL US FOR MORE INFORMATION

SHENK FARM SERVICE
RD4 Lititz, Pa.
Ph. 626-4355