Fix-It Tip

Following up last week's tips on sandpapers, there is more than type to be picked. Choose the correct grade. Basically, the grades are fine, medium and coarse, also extra fine and extra

plus extra fine and extra coarse.

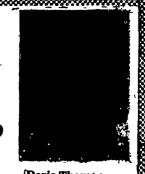
Now and then you may find sandpaper with the olderstyle number markings. The

larger the number, the finer the grit. For example, 2/0 is finer than 1 and 5/0 is finer

While power sanding is O.K. for most jobs, final sanding is best done by hand. Wrap the paper around a block made from a scrap piece of wood to keep the sanding even. If you do not use a block, you must keep your hand perfectly fixed your hand perfectly flat or your finished work will have streaks.

ผิดที่พลดูก,....คระงากการการการที่ทำการทางการที่เกล่านี้กับการคลีก็การ Ladies, Have You **Heard?**

By Doris Thomas, **Extension Home Economist**



Doris Thomas

How To Choose Apples

When you go food shopping these brisk autumn days, you're likely to see a microcosm of fall at the fruit counter. Glorious shades of red, gold, and greenbright, tempting colors that mark the seasonal abundance of fresh apples.

For satisfaction follow these suggestions for choosing apples. For good eating as fresh fruit, the commonly available varieties are Delicious, McIntosh, Stayman, Golden Delicious,

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Jonathan, and Winesap. For making pies and applesauce, use tart or slightly acid varieties such as Gravenstein, Grimes Golden, Jonathan, and Newtown.

For baking, the firmer-fleshed varieties-Rome Beauty, Northern Spy, Rhode Island Greening, Winesap, and York Imperial-are widely used.

Lood for firm, crisp, wellcolored apples. Flavor varies in apples and depends on the stage of maturity at the time the fruit is picked. Apples must be mature

"It's smart to

be Thrifty"

when picked to have a good flavor, texture, and storing ability. Immature apples lack color and are usually poor in flavor. They may have a shriveled appearance after being held in storage.

Avoid overripe apples (indicated by a yielding to slight pressure on the skin and soft, mealy flesh) and apples affected by freeze (indicated by internal breakdown and bruised areas). Scald on apples (irregular shaped tan or brown areas) may not seriously affect the eating quality of the apple.

Try fresh apples in APPLE MEATBALLS, a pleasing sur-

- prise as main course fare: 1 lb. ground beef
- 1 cup grated fresh apple
- 1 cup dry bread crumbs 1 cup tomato juice
- 2 eggs, beaten 1 teaspoon salt

1/4 teaspoon pepper

TO PREPARE: Mix together meat, grated apple, bread crumbs, egg and seasonings. Form into 1½ inch balls and place in a casserole. Cover with cup of tomato juice. Bake 1 hour at 375 degrees. It may be necessary to add more tomato juice before baking is completed. VARIATION: Substitute cream of mushroom soup, thinned with milk, for tomato juice.

XXX

About Holiday Stain

Removal Hints At holiday dinners the tablecloth sometimes seems doomed. But if stains are treated while still fresh, generally they can be removed. Here are some suggested methods for treating the most common holiday-type

Fruit stains including cranberries: Soak the area in warm water and enzyme pre-soak, then launder. If necessary and color and fabric permit, launder again using chlorine bleach.

Gravy or milk: Use an enzyme pre-soak with cool water or make a paste of detergent and water and work that into the stain. Then launder. Should the stain remain, use a dry-cleaning solvent.

Wine or soft drinks: Soak with an oxygen bleach in the hottest water safe for the fabric, then launder. If necessary, launder again with a chlorine bleach.

Coffee or tea: Soak in hot water with enzyme pre-soak or oxygen bleach. Then launder, and, if the stain is not removed, launder again using chlorine bleach if the color and fabric of the tablecloth permit.

Candle wax: Scrape off as much as possible, then place the stain between paper towels and press with a warm iron. Next place the stain face downward on paper towels and sponge the back with dry cleaning solvent. Let dry, then launder. If the stain remains, launder again with an oxygen bleach. If the spot is still not removed and color and fabric type permit, launder finally with a chlorine bleach.

A few general hints are to (1) test any stain remover on a corner of fabric first, (2) do not add chlorine bleach to an enzyme pre-soak product, and (3) treat spots from the back of the fabric. Place the spot downward on some paper towels so that the stain will come off the fabric instead of going through it.

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