# 27th Annual Southeast District Dairy Show

The 27th Annual Southeast District Dairy Show was held Thursday, August 31 at the Allentown Fair Grounds, Allentown Two hundred and six animals were exhibited by 4-H Club members from 10 counties in Southeast Pennsylvania Of the 57 animals exhibited by Chester County 4-H Club members, 37 received blue merit ribbons and qualified for the State Junior Dairy Show to be held at Harrisburg on Monday, September 25, 1972

Catherine Wollaston, Toughkenamon, exhibited the grand champion Jersey cow, her sister, Nancy, exhibited the reserve grand champion. The Chester County Jersey exhibitors also won first place with their county group-of-four animals

In Ayrshire competition, Edward Henley, Cochranville won grand champion honors with his seven year old cow His sister, Sharon, won reserve grand champion honors

The first place county herd of Ayrshires was also exhibited by Chester County members Susan Weaver, Glen Moore, won the reserve grand champion Holstein ribbon with her junior yearling heifer Harry Leininger, Bir-

chrunville, exhibited the junior champion Brown Swiss, and Ernest Pyle, Malvern, showed the reserve junior champion Guernsey.

Judge for the Holstein and Guernsey show was Elvin Hess, Holstein breeder from Lancaster County. John Smith, York County agricultural agent, judged the Jersey, Ayrshire, Milking Shorthorn, and Brown Swiss shows

During the course of the show, exhibitors who did an outstanding job of fitting and showing their animals were awarded master fitter or master showman ribbons. Of the 51 Chester County 4-H Club members participating in the show, 20 received the recognition of being master fitters and 25 were awarded the master showman rosette. Judges for the fitting and showmanship awards were Alan Bair, assistant Lancaster County Ag Agent, and John Harris, associate Dauphin County agent.

The show was sponsored by the Cooperative Extension offices of the 10 counties and the Cooperative Extension Service of Pennsylvania State University.

### Noise Pollution in the Home

One of the greatest nonfatal health hazards today is noise or ear pollution. A little noise may do no harm at all, but excessive noise is a leading cause of hearing loss, according to June Wilke, Chester County Extension home economist.

Your hearing is one of your most precious possessions. The cost of hearing losses is high - in physical and psychological discomfort, in job efficiency and money for medical bills.

Recognize your sensitivity to noise, Miss Wilke says. Some people are more sensitive to noise than others. But everyone is affected by excessive noise to some degree. Your sensitivity depends on the loudness and pitch of noise, the amount of time you're exposed and your distance from it. Your surroundings, position of the noise source, your age and any previous ear trouble will also influence your sensitivity. Long periods of exposure to noise can result in permanent damage to the inner ear. Also, intermittent noise is easier on your ears than continued noise.

When you have all of the appliances in your kitchen running, it's the noisiest room in the house. With many appliances going at once, the noise level may be in the danger level for hearing.

Think of all the devices you have in your kitchen that may be running at the same time—a range vent fan, garbage disposal, dishwasher, refrigerator, blender, mixer. Don't forget the water faucet and the sound the drain makes. Add sounds from other parts of your home — air conditioner, hair dryer, fans or furnace, washing machine and dryer, vacuum, typewriter. Then add family conversation and a radio or television.

To control the noise in your home, decide what noises are necessary. Then eliminate those others that you don't need. Or make changes to lessen their illeffects.

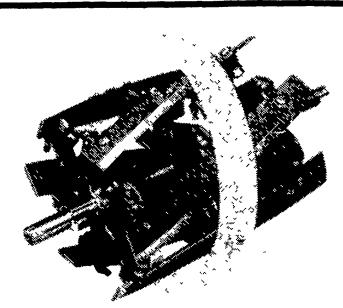
You can make your home a quiet, restful place, says Miss Wilke. Use cushions under noisy appliances. When your dishwasher or washer are running, leave that area. Test out draperies and rugs for sound absorption before you buy them. Make rules for loud music. When no one is listening, turn off the radio and television. Make an effort to speak in quieter tones and have special "quiet times" in your home.

Be sure to include a hearing examination in your regular medical examination. In case of accident or infection, get professional medical attention. If you're exposed to job noise, wear the protective equipment and make sure it's in good condition.

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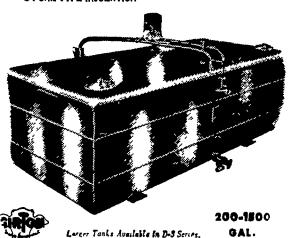
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