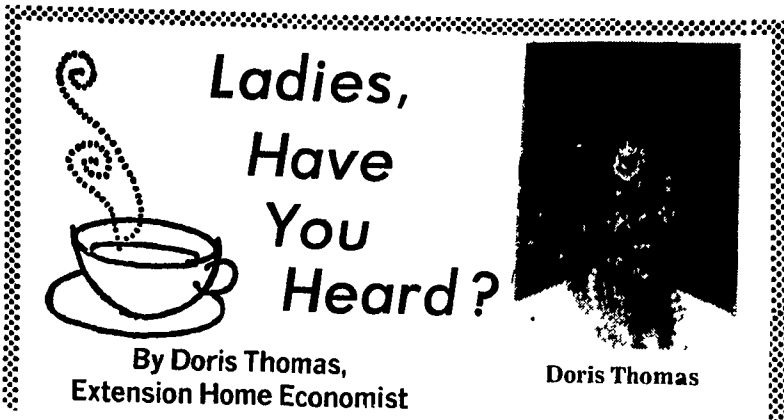


There's a little place at the University of Chicago called the Nonesuch. Basically a coffee-and-sweet roll type of place, it has achieved local fame by catering to the unusual tastes of yogurt lovers. For example, "Chinese yogurt with bean curd," "salmon-supreme" and "Italian beef" yogurts are popular favorites (natural, unflavored yogurt base). The Nonesuch sells about 30 cups of yogurt daily and sometimes runs a weekly special on the distinctive dairy product. The Nonesuch manager does admit, though, that conservative taste in yogurt keeps strawberry and raspberry flavored yogurt as the top sellers.



By Doris Thomas, Extension Home Economist

Doris Thomas

CHEESE AND CELERY
Cheese and celery . . . cheese and celery . . . go together like a horse and carriage. There's no rhyme in that, but there is a basic truth so noteworthy for tasty mealtime beginnings that it's worth a little poetic license. Cottage cheese, ornamented with any number of flavorful

concoctions, is a perfect mate for garden-fresh, crisp celery stalks. Cottage cheese and other dairy products, and celery and other summer vegetables, are in seasonally plentiful supply — so let them loose in your menu plans.

For dieters, cottage cheese-stuffed celery is an hors d'oeuvre or appetizer enjoyable without guilt. For anyone, this refreshing finger food is a light and nourishing way to begin dinner.

To prepare the celery, wash and separate the stalks. Remove the green tops, and chop them to use in tossed salads. Dry inside the stalks before adding filling. If

the celery is not as crisp as desired, place washed and separated stalks in ice water for about an hour, or until recrisped.

Whip the cottage cheese in an electric blender, or press through a ricer, and whip with an electric beater. The result should have a smooth, slightly moist consistency.

Stuff the celery stalks with cottage cheese mixed with any of the following combinations (be sure to chop all meats, fruits, and vegetables very fine): chopped peanuts, crushed pineapple, chopped cooked chicken and sweet pickles, crushed garlic, diced fresh oranges and grated orange rind, chopped chives and pimento.

Of course, trying some of these dainty fillings is just the start in developing culinary finesse with cottage cheese. Branch out into other delicious mealtime uses for cottage cheese — such as fruit salads, gelatin molds, blintzes, and velvety-smooth cheese cakes and pies.

IT'S MOSQUITO TIME!

But—who needs them? If you act fast perhaps you can

eliminate their breeding places—if you can find them—and make your home and yard comparatively mosquito free. At least it's worth the effort. Some species of mosquitoes transmit diseases such as malaria to men, encephalitis to man and horses, and heartworm to dogs.

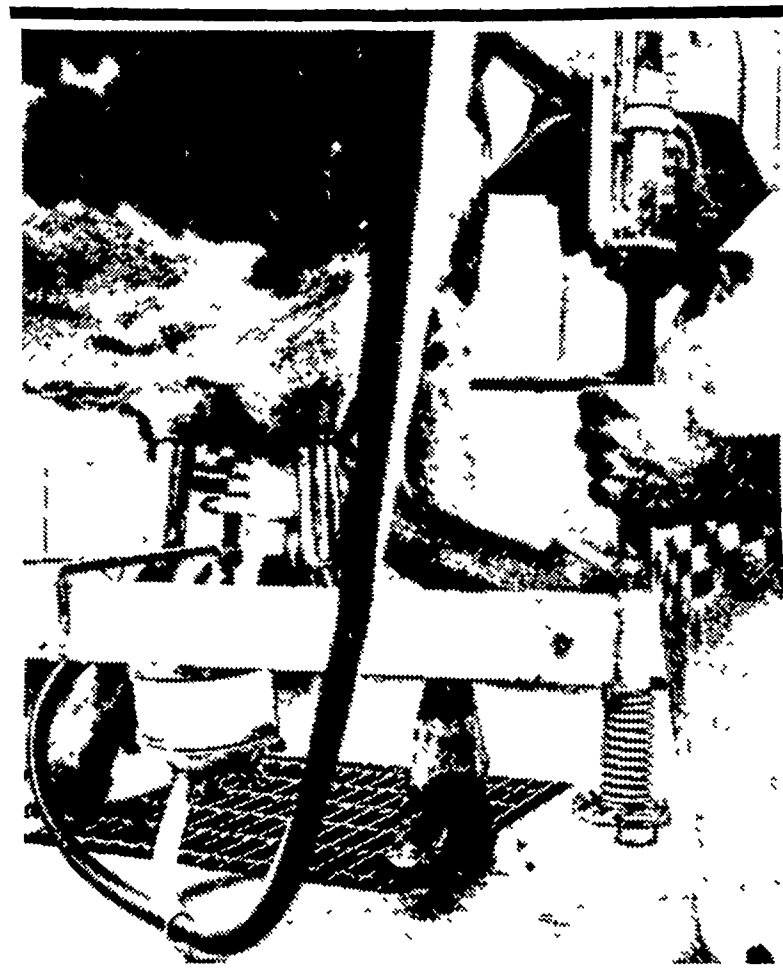
Mosquito eggs cannot hatch unless they are in water according to the Entomology Research Division of ARS of the U.S. Department of Agriculture. Keep that in mind.

First, look for the standing water on your premises, eliminate (if at all possible) all "standing" water. Then check your premises for any receptacle where rain water or any run-off water could accumulate; any temporary water containers; flatten or dispose of tin cans, place discarded bicycle and automobile tires in places where water cannot get into them, tightly cover cisterns, cesspools, septic tanks, fire or rain barrels and tubs where water may be stored, check your birdbath—empty it and thoroughly wash it at least once a week; clean out rain gutters, check the plants potted in soil—that won't breed mosquitoes—but, enough water for breeding may accumulate in saucers (under the plant)

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And Donald Walker of Berlin, Pa. . .

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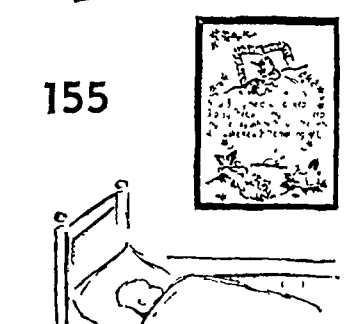
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