

Mrs. Garman, Speech Pathologist, Busy Farm Women Member

Mrs. Charles McSparran
Farm Feature Writer

Mrs. Scott (Fay) Garman, 18 Woodland Ave., Lititz, is an active community leader as well as a speech pathologist for the Lancaster-Lebanon Intermediate Unit 13, a homemaker and mother of two sons.

Fay, daughter of the late Mr. and Mrs. W. Cullen Carpenter, was born on a 100 acre farm at Pine Hill, northeast of Lititz. Her father raised tobacco and did general farming. She was the only child. The family moved to Lititz and she graduated at Lititz High School. She graduated from Carnegie-Mellon University, Pittsburgh, where she specialized in History and English. She and her husband received their Masters degree together from Franklin and Marshall College, Lancaster. She was in the first class that permitted women to attend this all-male college. This was before it became co-educational. She also spent one summer abroad at Oxford University, England.

Mrs. Garman is a speech pathologist in the Rothsville, Brunnerville, Kissel Hill and Lititz Elementary Schools and the Warwick Middle School and Senior High School. She works with any children who have a deviation in speech and have problems such as cleft palate, cerebral palsy, language disability or stuttering. They have an interest in the language development of the child, to see that the child can speak adequately. She teaches children from kindergarten through twelfth grade.

Mrs. Garman was one of the initial speech teachers in the county. She started in five districts: Penn Manor, Cocalico, Hempfield, Warwick and Ephrata.

Lancaster-Lebanon Intermediate Unit 13 headquarters is in the Farm and Home Center building. They have a pre-school diagnostic center at the First United Methodist Church on North Duke Street, Lancaster. It is for evaluation and placement in a school and operates during the school term. They have deaf and hard of hearing classes at the Hearing Conservation Center on Janet Avenue, Manheim Township. Also another at Martin Mylin School, Lampeter. There are 25 speech teachers in the Lancaster-Lebanon Intermediate Unit 13 serving approximately 2,500 to 3,000 children. And there are six hearing pathologists serving about 300 to 400 children on an itinerant basis.

Mrs. Garman started teaching in 1947 in a one room school, White Oak School in Elizabeth Township. Her mother was teaching there and became ill so she took her place. She taught there two years. From there she went to Bainbridge High School in Conoy Township and taught History and English four years. She left there and taught at Carlisle High School a year. She got married and taught at Warwick High School till 1957. It was then she went into speech work.

Mrs. Garman is a member of Farm Women Society 1 which was organized in 1917. Her mother joined not too long after it was organized and as a little girl Fay attended the meetings with her mother. She says she can't remember when she didn't go to the meetings. She, herself, joined as a teenager. She says "I think it's the most wonderful organization." Her mother served as president six years and Fay was president 1969 and 1970. Prior to that she served as vice-president two years. She also

served several times as program and as social chairman. Mrs. Graybill Hollinger is president of the Society and there are 36 members. They meet the first Saturday afternoon of each month.

Farm Women Society 1 supports all community projects such as the red feather drive and the heart fund. A main community project through the years was serving a dinner and presenting a Christmas program for the Moravian Home in Lititz. They also gave the guests gifts and had favors for the dinner. The home is closed now so they are looking for another project. They have always gone into the homes of their members at the time of a death and served a dinner. They sew at hospitals, provide programs and treats at Conestoga View, play games and take a treat to the patients at Embreeville State Hospital, prepare Christmas seals for the Tuberculosis Association and help with apple butter making at Landis Valley Museum the first Saturday of October. Some of their money-making projects are making and selling hoagies at factories three or four times a year, selling food at sales, having a food and plant sale at one of their meetings in the fall and this year they have divided their membership and ask four of them to bring home-made items such as food, produce, aprons, candles and crafts to a meeting and Mary Clark auctions them off.

Mrs. Garman has been a member of the Lititz Woman's Club at least 20 years and served two years as president, two years as first vice-president and two years as second vice-president. They have about 130 members. They meet the third Monday evening of the month. They have book reviews and meetings when they learn to do knitting, crewel embroidery and flower arranging. They have a bridge club which meets during the day. They had a tea this year in the recreation center showing "My Most Prized Possession."

Exhibits included china, silver, antiques, pictures and fancy work and each one gave the history of their exhibit. This was not a money-making project. They intend to make this an annual affair. For a money-making affair they sponsor a bridge and pinocle tournament January through May each year. Some of their community activities are putting plantings in the center of Lititz to beautify the town, sponsor Lititz Girl Scouts, back the Lititz Springs Park Commission and the Lititz Recreation Center, provide some of the chaperones and give financial support to the post-

prom in the school cafeteria and have a book sale for the Lititz Public Library.

Mrs. Garman belongs to the county unit of Delta Capa Gamma which is a national honorary organization for teachers that promotes better educational procedures. They do this primarily four times a year by offering educational programs. One of their main projects is entertaining all retired teachers yearly. They also sponsor a scholarship. They have 90 members.

Mrs. Garman is a member of Eastern Star. She has just become interested in and working on an environmental committee for Warwick School.

Last year Mrs. Garman became the first woman president of the church council of Saint Paul's Lutheran Church, Lititz. It is the governing body of the church with a lot of committees working under it. They take care of finances, building, education, music and worship and social service for individual members. They meet the last Thursday of every month. She belongs to Lutheran Women of the church. In Sunday School she teaches occasionally the adult Bible class, a Bible study group and adult courses offered on a semester basis.

Mrs. Garman is a good housekeeper and cook and has several hobbies. She loves to read. She says "I'd read all the time if I could." She reads anything. She raises a lot of annual flowers. She gathers dried weeds and flowers and makes fall arrangements and also puts them in picture frames for their home. She knits. She has made six afghans, lots of mittens and sweaters. She used to sew when she had more time. She and their family and other relatives go cherry picking. She freezes lots of fruits, vegetables and makes about 25 quarts of vegetable soup which she freezes. She also makes jellies. She has several nice antiques, particularly dishes, which have been handed down in the family. When asked how she does so much she replied "I have a wonderful husband who is most understanding and always encourages me, and I have a wonderful family."

Scott has been teaching public speaking at Millersville State College seven years. He also taught it at Warwick High School. He thoroughly enjoys teaching. He enjoys playing tennis and badminton and has won lots of trophies. He took part in the National Badminton Tournament in Louisiana, Nevada, Nebraska and was runner up in the 1971 tournament. He plays tennis on the Manheim and Lancaster



Mrs. Garman holds a piece of Steigel glassware which is a prized part of her collection of antique dishes. The cupboard was made in 1812 and has been handed down in the Carpenter family.

clubs. The Manheim team has been champion in the county for seven years. He is also a great reader. He likes to read professional books.

Garmans have two sons. Gregory will be in tenth grade at Warwick High School this fall. Greg is on the high school tennis team. His main interest is collecting rocks and fossils. He is on a trip to Denver, Colo. now, visiting cousins, and going on fossil trips. He belongs to Earth Science Club at F & M Museum which meets monthly. He also goes every Saturday. He entered his exhibit of rocks and fossils at the county Science Fair and received honorable mention. He wants to study this in college. He is also an avid reader. He takes a book wherever he goes. He took some piano lessons and plays the trumpet in the high school band.

Jesse will be in fifth grade at Kissel Hill this fall. Jess, like the rest of the family, is a great reader. He won the year-long reading contest at school by reading 115 books. He is interested in playing midget football and is built for football. He has taken some piano lessons and wants to take trombone lessons to play in the school band.

Garmans went camping six years ago to the west coast and Mexico. Since that they have gone to New England, Florida and Louisiana. They took a trip to Europe one summer. They flew there and returned by ship. Their main object in going was to see the Oberammergau Passion Play in Germany. This was a great religious experience for the whole family. The trip was a real education to the whole family. They rented an automobile and toured the European continent four weeks and the British Isles four weeks.

Some of the Garman family favorite dishes are:

Russian Tea Serves 35

Bring to a boil and simmer for 30 minutes:

- 1 cup pineapple juice
- Juice of 2 oranges
- Juice and rind of 1 lemon
- 1½ cups sugar
- 2 cups water
- 10 whole cloves

Pour 1 pint boiling water over 10 tea bags and let steep until fusion is strong. Combine the two mixtures. Add 10 cups hot water. This can be stored. It can be served hot or cold.

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Congeaed Salad

- 2 boxes lime jello
- 2 cups hot water
- ½ cup mayonnaise
- 1 cup creamed cottage cheese

- 1 cup chopped nuts
 - 1 No. 2 can crushed pineapple
 - 1 can condensed milk
- Dissolve jello in hot water, add mayonnaise and blend. Add remaining ingredients and mold.

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Hot Fruit Compote

- 1 No. 2½ can Elberta peaches or pear halves or peach and pear halves

- ½ cup white sugar
- ½ cup brown sugar

Put ½ teaspoon butter in center of each half peach or pear and a maraschino cherry. Add juice from canned fruit. Sprinkle white sugar, then brown sugar, then ¼ cup flour over fruit. Bake at 350 degrees for about one-half hour. Serve warm as a decoration around fowl or as a side dish with a meal.

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Pork Chops

- ¼ cup catsup
- 2 tablespoons lemon juice
- 1 teaspoon Worcestershire sauce
- 1 small onion
- ¼ cup hot water

Use 6 one-inch pork chops. Season chops with salt and pepper. Coat with flour. Dip in two beaten eggs, then in bread crumbs. Brown in fat on both sides (with medium heat). Add combined liquids. Top chops with onion slices. Combine other ingredients and pour over chops.

Cook in skillet till tender, about 1 hour.

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Chopped Ham with Fruit

- 1 12-oz. can canned chopped ham
- 1 No. 2-can fruit cocktail, crushed pineapple or peaches (use ½ fruit)

- ¾ cup brown sugar

Drain fruit cocktail. Put juice in pan. Slice meat about ¼ inch thick. Put in skillet. Spread ½ can of fruit cocktail on top. Sprinkle sugar on top. Simmer till sauce is thickened. The other half of fruit can be used in a molded salad.



Mrs. Scott Garman, 18 Woodland Ave., Lititz, looks over the report of the Executive Director of Lancaster-Lebanon Intermediate Unit 13 where she is a speech pathologist.

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