

# Dairy Farmers

(Continued From Page 22)

blueberries, strawberries and grape juice for making jams and jellies in the winter time. Here are some family favorite recipes. The first one is Polish or Hungarian.

## GOLOMKI Cabbage Rolls

2 eggs, beaten lightly  
1½ pounds hamburger  
1½ pounds ground fresh pork (shoulder)  
1 cup uncooked rice  
1 qt. can tomatoes  
1 No. 2½ can sauerkraut  
3 medium onions, chopped and sauted lightly  
2 large heads cabbage (winter cabbage preferred)  
1 teaspoon salt  
½ teaspoon pepper

Simmer cabbage heads in a little water till leaves soften. As they soften, pull off leaves. Cut base of hard thick vein out of cabbage leaves. (Makes a V in leaf).

Mix pork, hamburger, rice, onions, seasonings and eggs together. Take large rounded tablespoon of mixture and put in center of each leaf. Roll it up, tucking in ends of cabbage leaf to keep meat inside. Put in large pot. Make a layer of cabbage rolls, 1-3 of tomatoes and 1-3 of sauerkraut and liquid. Make three layers. Bring to boil. Simmer 1½ hours on top of stove on slow heat. Check to see there is enough liquid during cooking.

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## Kruschicki Bow Ties

9 egg yolks  
2 tablespoons sugar  
Approximately 3½ cups flour  
½ pt. sour cream  
1 tablespoon sweet cream or milk  
Beat egg yolks, add sugar and sour and sweet cream together.

Start with 2 cups of flour, add to mixture. Knead dough with hands and continue adding flour until contents blister and snap. Roll dough thin on floured board. Cut diagonally into strips 1½ inches wide and three to five inches long. Make small slit in each rectangle. Pull one end through slit in center, to make bow tie. Have oil in skillet about three inches deep and heat to 375 degrees F. Fry a few bow ties at a time, a few seconds on each side. Drain on brown paper. When cool sprinkle with powdered sugar.

Serve with ice cream, fruit or serve alone.

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## Harvest Soup

Cook ham bone with some meat on it in three quarts water for one hour. Remove bone and reserve chopped meat. Chop meat ½ head cabbage, chopped  
2 to 3 chopped onions  
2 to 3 stalks celery, chopped  
4 medium potatoes, diced  
1 quart tomatoes  
1 pint sour cream  
Cook all vegetables in ham broth about one hour. Add ham pieces.

Take 1-3 cup flour and make thin paste with water. Take some of hot broth and mix in the paste and add to soup.

Add a little of broth to sour cream and stir. Add to soup. Just bring to a boil but don't boil.

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## Almond Crust Cherry Cream Pie

8 inch shell  
1-3 cup slivered almonds  
Put almonds on the unbaked pie shell and bake at 400 degrees till done.

Filling:  
2 cans condensed milk  
2-3 cup lemon juice  
1½ teaspoons vanilla

## Homemakers Want Carefree, Durable Textile Products

USDA's Statistical Reporting Service, in a study of buying habits and attitudes toward natural and manmade fibers, found homemakers preferred easy care and durability in sheets, blankets, room-size rugs, and tablecloths.

Although they bought mostly cotton sheets, homemakers were especially concerned about ease of care regardless of the fiber. Comparing all wool, all cotton, and all synthetic blankets, wool, while considered durable, rated lowest because it shrank and couldn't be washed.

When it came to curtains and draperies, most respondents seemed to favor fiberglass for living rooms.

All-acrylic, all-nylon, and all-wool were preferred for room-size rugs because they looked good for a long time and were easy to care for. All-acrylic received the top marks for use in bedroom scatter rugs with all-cotton the favorite in the bath.

Cotton was the leading fabric reported purchased as yard goods for sewing at home.

## Fix-It Tip

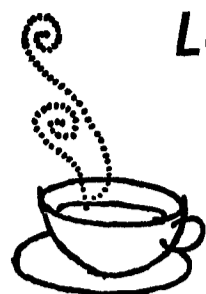
Caster wheels on heavy furniture make moving the pieces easier. The wheels can be mounted in either a rigid or swivel frame. The wheel moves only backward or forward in a rigid frame. A swivel caster, with the aid of ball bearings, turns in a complete circle. Swivel casters are more expensive but worth it in versatility.

½ teaspoon almond extract  
1 cup whipping cream, whipped  
Mix condensed milk, lemon juice and flavorings until it thickens. Fold into whipped cream. Spoon into baked, cooled shell and chill.

Cherry Glaze: (Can use prepared cherry pie filling instead)

2 cups canned sour cherries, drained or slightly cooked fresh cherries  
2-3 cup cherry juice  
¼ cup sugar  
1 tablespoon cornstarch  
2 to 3 drops red food coloring, if desired.

Blend cherry juice with sugar and cornstarch over low heat, stirring constantly, until thickened and clear. Add cherries and food coloring and spread over cream filling and chill.



Ladies,  
Have  
You  
Heard?

By Doris Thomas,  
Extension Home Economist

Doris Thomas

## Cool Surface Cooking Units Now on the Market

The newest kitchen cooking appliance on the market is the "cool surface," drop-in counter range. The surface of the range stays cool and only the cooking utensil and food inside it are heated.

The new concept in cooking works on the principle of induction heating. Foods are cooked when a high frequency current passes through coils underneath the ceramic cooking surface. This generates a magnetic field which induces a high frequency current in the pan and causes it to heat.

The unit actually stays so cool you can place a pan of water to boil over a paper napkin and the napkin won't even be singed. The heat from the pan itself is the only heat you'll ever find on the range top.

Another advantage to this new unit is that cooking starts and stops almost immediately. You can only use pans made of magnetic materials such as iron and steel, cast iron, porcelain-coated steel and steel laminates—not aluminum, copper, glass or ceramic utensils.

Because the smooth ceramic top is crevice free, it's easy to keep clean. And spills will never burn on the unit.

Controlling the temperature of the units on this cooking top is made more exact with a slide-rule type control. Once you select a temperature, the food will be kept at that degree. When you aren't cooking, you can use the range top as extra counter space or as a cutting board.

Because this new unit is new, it's cost is high. But it may well be the cooking appliance of the future.

## Home Fires are Possible

It's not a pleasant thought, but a fire in your home is a possibility. The best insurance against a home fire is caution. The second best is a fire extinguisher.

When you shop for an extinguisher look for the compact, dry chemical-type that's recommended for flammable liquid and electrical fires and has the UL seal of approval. It will

also douse flames on wood, fabrics and paper. Then you can add water to squelch burning embers. The dry chemical agent is non-toxic, too. And you can sweep the excess away with a broom.

A fire extinguisher won't do much good unless it's within each reach. If you have a two-story home, you should have an extinguisher on each floor. Install it on a wall where it's within easy reach from all rooms.

Make sure that every member of your family knows how to use the extinguisher—just in case a fire starts when no adults are home. If someone is alone in the house, he should call the fire department first. Then try to use the extinguisher. If two or more people are present when a fire starts, one should call the firemen while the others use the fire extinguisher.

Remember—don't depend on putting out a fire with makeshift devices. And don't rationalize by saying "it can't happen to me." It can. A fire happens to someone in this country every two minutes. Be ready if your turn ever comes.

## Tour Planned By State Farm Women

Plans for a State Farm Women's tour to Amsterdam and the Holy Lands were announced at a recent meeting of the executive board of the Lancaster County Farm Women's Society.

The tour, which will be conducted September 19-October 10, will include a flower show in Amsterdam. Those interested should contact the tour leader, Mrs. Wilbur Erb.

Board members approved a \$10 donation to the Dairy Princess Pageant, which was held Thursday in the Farm and Home Center.

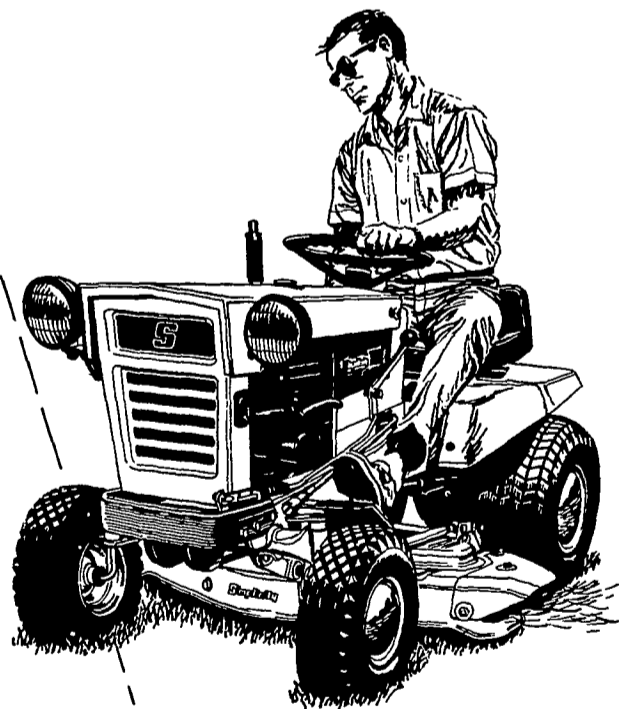
Mrs. Aaron Denlinger, county president, noted that Camp Easter Seal is accepting S & H Green Stamps to buy camping equipment. Those interested should send stamps to Mrs. Paul Witman, Mount Joy RD2.

Persons interested in knitting sweaters for the Red Cross are asked to contact Richard Barr for details.

The next meeting, open to all Farm Women members and their families, will be a picnic held August 2 at noon, with the place to be announced later.

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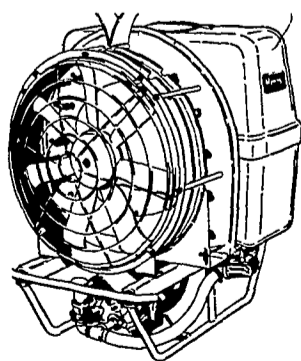
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