

National Angus Heifer Show Deadline June 1

Entry deadline for the National Junior Angus Heifer Show, set for July 13-14 at the Cass County 4-H Fairgrounds in Logansport, Indiana, is June 1.

Dean R. Hurlbut, director of

Junior activities for the American Angus Association, reports, "This is two weeks earlier than last year and means that only entries postmarked on or before June 1 will be eligible to

show in the national contest."

A special highlight of the show again this year will be the National Junior Angus Judging Contest.

Heifer show entries should be mailed to the Junior Activities Department, American Angus Association, 3201 Frederick Blvd., St. Joseph, Missouri, 64501, before June 1.

Lehman

(Continued From Page 1)

the Chapter, a current member of the Lancaster County Swine Producing Association, has lived on a farm all his life, loves animals and the outdoors. In other words, his whole life has been geared toward the farm and it is there he intends to earn his living.

"There is one other reason for my being a farmer," says Roger. "I can be my own boss. Success and failure depend on me, not someone else. I like it that way."

If the past is any mirror of the future, young Roger Lehman will someday be giving to his son the legacy given to him by his father and grandfather before him.

Mail Box Market

For Sale - 50 8 month old laying hens, Weaver Fox, Leola RD No. 1, Pa.

For Sale - Allis Chalmers G, accessories and completely overhauled. Phone 733-4509.

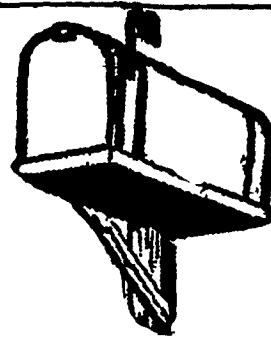
For Sale - G.E. Washer and Dryer in good condition, Phone 215-932-8920.

For Sale - 1969 Chevy 3/4 ton pickup, V8 in good condition. Phone 442-4074.

For Sale - 2 row Mechanical planter, Tool bar hookup. Phone 215-269-3442

For Sale - J.D. KBA 28 Disc used 1 year. Complete carrier and track. Phone 656-7926

Mail Box Market



For Sale - Clean bright wheat straw \$35.00 per ton or 40 cents per bale at the barn. Can deliver small quantities. Phone 464-3883

For Sale - Norge wringer type washer; roller harrow Phone 626-2134

For Sale - Case twine-tie baler with motor; Also 801 J.D. 3 pt. hitch. Daniel Hoover, RD1, Leola, Pa.

For Sale - 1959 Dodge cabin chassis, T tag. Phone 733-8925

For Sale - 1962 Dodge 1 ton truck will make a good cattle truck. Also a home made metal truck bed 8 ft. long with cattle racks, will fit a 3/4 or 1/2 ton truck. James T Parlett, Airville, Pa. Phone 862-3610

For Sale - McDeering 4 bar side rake; grain bin; spike harrow; new Idea 4 bar side rake. Phone 717-442-4510

For Sale - Farmall H rear mounted corn planter IHC 3 bottom Hyd. trailer plow. Phone 215-286-5434

For Sale - Hershey Transplanter, like new, on rubber, used for 16 acres. John Deere T2 2-row front end cultivator. Phone 665-3154.

For Sale - 8 Registered Holstein Heifers due in Aug. Sept. Phone 215-932-9762

For Sale - 8,000 gallon rubber lined tank \$550. Henry Blank, Bird-in-Hand RD1, Pa. 1 mile north of Bird-in-Hand on Gibbons Rd

For Sale - 6 room house, 1 1/2 acre, stream, on township road. Good hunting in western Perry County. Glenn E. Smith, RD1, Elliottsburg, Pa. Phone 582-4750

Wanted to Rent - Reliable christian farmer with help would like to rent a large dairy farm for Spring of 1973. Has his own cows and equipment. Phone 215-484-4145

Mennonite Children's Home Benefit Auction Sat, May 27, 1972 10:30 A.M. located at East End of Millersville, Pa Terms by Mennonite Children's Home Trustees.

Mail Box Market

For Sale - 1 Purebred female German Shepherd, 2 year old, very friendly. Phone 653-5710.

For Sale - Goose Eggs. Phone 464-2159

For Sale - Fresh Rhubarb, also 35 MM Argus slide camera, like new with flash gun. Call 932-2039. Roger Bleuins, Oxford, Pa.

For Sale - A good dependable mare mule, a safe and fast leader. Also works good along side. Levi Kunsinger, Kirkwood RD1, Pa. 17536 at Oakshade.

For Sale - 10'x35' metal silo, is on the ground in two 17 ft sections for easy moving, ideal for two grain bins Price open. Oxford, Pa area. Phone 215-932-2393

For Rent - 4 room cottage, 5 miles from Lancaster and 5 miles from Columbia on Route 30. Adults only. Phone 285-5427

Wanted - A herd of Holstein cows with good breeding, T.B. and Bangs tested. Call 215-683-7214

Custom corn planting with IH cyclone planter. Lititz Area. Phone 626-6168

100 nests, Storm Community Type, yours for the taking. Also for sale - 1 Storm Egg Collector Drive Head. Phone 665-4368

Custom Work - No till corn planting. Phone 717-529-2432

For Sale - 2 Ewe sheep. Make offer. Phone 354-9645

For Sale - 3/4 AKC Basset, 1/4 beagle puppies, from good hunting stock, 8 weeks old, wormed, \$25. Phone 717-529-2723

For Sale - New Holland flail chopper \$175. Clayton G Oberholtzer, Ephrata RD2, Pa. 17522 near Metzlers Church

For Sale - 350 Leghorns, May hatch, 70 cents each, Also IHC binder canvasses. Apply to John M Martin, Denver RD1, Pa. 17517 at Fivepointville, NE 1st farm

For Sale - Light horse and sheep 2-wheel trailer with new 6.50x16-6 ply tires only \$60. 200 Terra Cotta tile, like new only 18 cents each. G Jay Umberger, Denver, Pa. Phone 1-215-267-2605

For Sale - Twin Yrlg. Hampshire Ram, 4 Ram Lambs H J. Showalter, 109 Fulton St., Akron, Pa

Custom Pea Shelling You pick 'em, we shell 'em Floyd H. Ranck, Anytime except Sunday. Phone 442-4949.

Wanted - Metal corn crib in good condition Call 684-5228

FOOD FROM VENDING MACHINES

One of today's phenomena is the vending machine. It's estimated that nationwide there are over 5 million such machines in use. They are "silent salesmen" ready day or night to sell their products to you.

How popular are vending machines? It's said that people all over this nation drop nearly 200 million coins into vending machines every 24 hours. That's about 139,000 coins a minute, or 2,300 every second.

Machines Influence How We Eat

It's obvious to us all that vending machines have become increasingly involved in what the nation eats — and how it eats. What this means is the vendor has a responsibility to offer a balance of foods. And the consumer as always owes it to himself to choose wisely what he eats. There's no question that both the consumer and the vendor have a long way to go. But improvement is constant. You can, for example, meet the requirements of balanced four-food-group eating quite easily.

Take lunch at work: If you choose, say, a meat or cheese sandwich, plus hot vegetable soup and milk, you've done it. You've chosen from the meat or so-called protein group, the milk group, fruits and vegetables, and breads and cereals. Incidentally, did you know that vending machines indicate milk's popularity? Annual statistics say that more than 84,000 vending machines

are in operation just dispensing milk. And on the average these machines each sell 230 half-pints of milk per week, or a total of almost 1 billion half-pints per year.

But vending machines, I have discovered, are not all that new. As early as 215 B.C., worshippers in temples could get holy water by dropping in five drachmas (a drachma today is worth about 74 cents). In 1615, coin-operated tobacco boxes appeared in English pubs. After a coin was inserted, the lid opened and the patron helped himself to a pipeful of tobacco. The real beginning of vending machines in this country was in 1888 when Thomas Adams installed tutti-frutti gum machines on the platforms of New York City's elevated trains. This prompted the vending of candy, nuts, and other items.

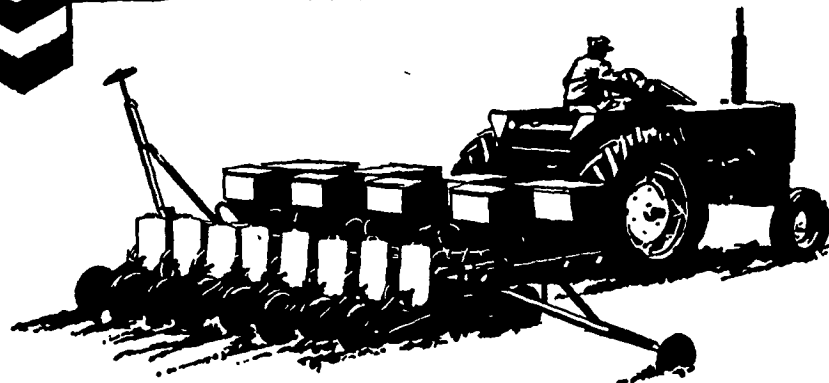
Refrigeration The Key

The perfection of refrigeration in the 1930's opened up new markets for milk, ice cream and soft drinks. Dispensing of hot food that is appetizing and nutritious soon followed. The list of foods now available from vending machines is long indeed. It includes hot and cold sandwiches, salads, soups, hot and cold drinks, (including milk), desserts such as ice cream and pies, fruits, nuts, sweet rolls, popcorn — you name it.

But remember, it's up to you to make sensible selections.

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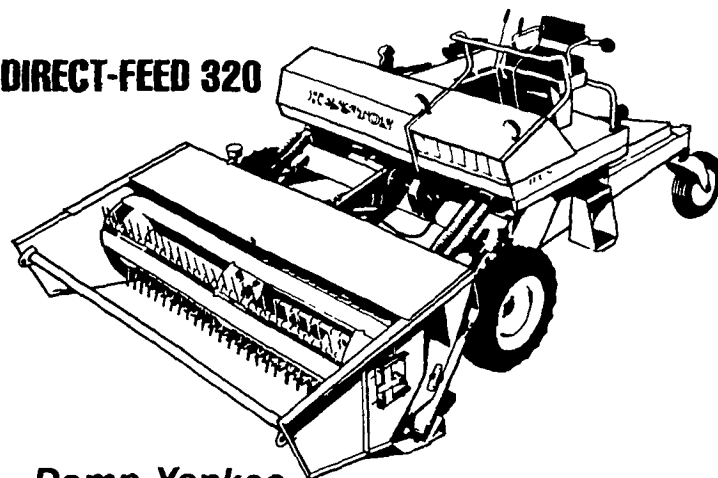
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