

# Stauffer Active in Farm Organizations

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Keystone Degree from FFA which he received at Harrisburg January 1970 when Earl retired as state FFA treasurer.

Mr. Stauffer is on the Clay Township Planning Commission. He is zone chairman for the Lions Club for District 14D, zone B, which is Lebanon and Lancaster Counties. As such, he visits six clubs.

He is a member of the Pennsylvania Farmers Association. He served three years as membership chairman. He and Earl are Safemark dealers for PFA. They handle mainly tires and batteries for the members.

Mr. Stauffer is a State Holstein Association director from Lancaster County. He is on the youth committee now. This committee selects youth winners on the basis of pounds of milk and butterfat produced.

He won at the District and State Holstein Show and placed third at the Eastern National Show at Harrisburg. He was chairman of the District Holstein Show at the Guernsey Barn last year and will be this year. Mrs. Stauffer helps him set up the catalog for the district show. They have to list all the age groups for the animals entered.

Stauffers are members of Hopeland United Methodist Church. Mrs. Stauffer and Earl are on the Local Conference Church Board. Mrs. Stauffer is a member of the Women's Society of Christian Service. Rhoda is a substitute Sunday School teacher for fourth, fifth and sixth grades.

Mrs. Stauffer is the daughter of Mr. and Mrs. Stanley Weit of Hopeland. She graduated from Lititz High School. She does not find time for hobbies, as she is kept busy not only with farm and

household chores, but also chauffeuring the children to school, 4-H and other activities. She cans pickles and freezes vegetables, meats and fruits to supply her family with lots of good food.

Vivian does her own paper hanging with some help and does a fine job. She just finished doing three bedrooms. Presently she is antiquing a bedroom suite.

She made white outfits for her four girls to show their animals. She also made a couple outfits for Nan to take to college.

She is a good housekeeper and likes to cook.

Here is the recipe for the cookies she serves the chicken catchers and a few other recipes:

### SOUR CREAM COOKIES

- ½ cup shortening
- 1½ cups sugar
- 2 eggs
- 1 cup sour cream
- 1 teaspoon vanilla
- ½ teaspoon soda
- ½ teaspoon baking powder
- ½ teaspoon salt
- 2-¾ cups flour

Mix and chill at least one hour. Drop on cookie sheet and bake at 375 degrees for 8 to 10 minutes. Ice them with a 10X sugar icing.

### SWISS STEAK SUPREME

- 1 slice round steak, cut in serving pieces
  - Flour
  - Salt and celery salt to taste
  - 1 large onion, sliced
  - 1 can cream of chicken soup
  - ½ soup can water
- Pound flour into meat; brown in hot fat. Season with salt and

celery salt; cover with onion. Warm soup and water; pour over meat and onions. Cover and cook at 325 degrees for 1 hour and 30 minutes or until meat is tender.

### JELLO SALAD

Dissolve two packages jello in one cup boiling water. Add 1 number 2 can of crushed pineapple with juice. Stir and chill. When it starts to set, add ½ cup chopped walnuts and ½ cup of maraschino cherries. Fold in one pint sour cream.

### CHOCOLATE CAKE

2¼ cups Gold Medal flour  
2 teaspoons baking soda  
½ teaspoon salt  
½ cup butter  
1 lb. light brown sugar  
3 eggs  
3 squares baker chocolate  
½ cup sour milk  
1 teaspoon vanilla  
1 cup boiling water

Sift together flour, baking soda and salt. Cream butter and brown sugar. Add eggs and beat. Melt chocolate and add. Add alternately the sifted dry ingredients and sour milk. Add boiling water and vanilla. Bake at 350 degrees one-half hour or till baked.

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## Ladies, Have You Heard?

By Doris Thomas,  
Extension Home Economist



Doris Thomas

### About Proper Use of Medicine

Remember medicines can be either a boon or a bane—depending on whether you use them properly or unwisely. And how you use them is up to you.

Because modern medicines have a powerful, and at times, an unpredictable effect on the mind and body, you should never take any prescription tablet or capsule unless your own doctor has prescribed it especially for you. And then make sure you take it only in the recommended dose.

For example, a doctor may prescribe a medicine that affects a patient's mood, if there's been an abnormal reaction to a problem situation.

But not all people react in the same way—even to the same situation. So the medicine that is needed by one person may be unnecessary for another. When it comes to tension and frustration, only a clinic doctor or a qualified physician can help decide whether a mood-changing medicine might help.

Because children learn by imitating their elders, parents have a special responsibility to make sure that children cope with life by facing it—not by swallowing tablets or capsules. Evading problems in that way can lead to even more serious problems.

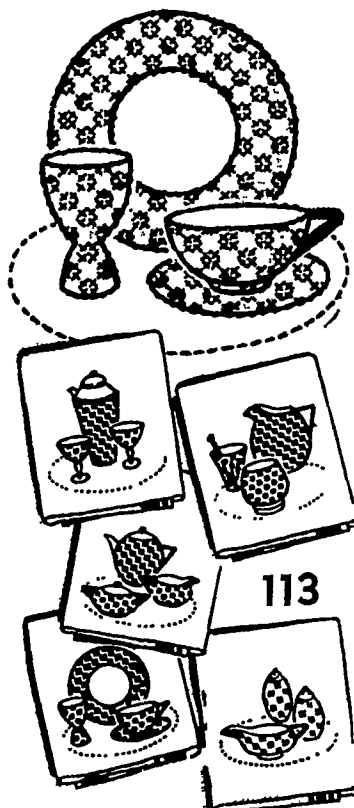
Are you setting a good example for your children?

### About Safety Tips On Cleansing Agents

Mixing common household cleansing agents can be extremely dangerous. Stick to the

## Needle Arts

By NANCY SEWELL



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safety rule—read the label carefully and follow the manufacturer's directions exactly.

Remember that modern scouring powders often contain chlorine bleach. To be on the safe side, never mix bleach with any other cleansing compound. It's not worth the risk.

When two or more cleansers are combined, they can generate a poisonous gas. If inhaled, these fumes can cause serious injury and possibly death.

Sometimes a homemaker feels that one cleanser isn't doing the job for her, so she adds another.

Or, she may think that because one product is good, a combination will be even better. On the contrary, one product may neutralize or dilute another, or combine in a disastrous way.

The addition of a chlorine bleach—a sodium hypochlorite solution—to an acid or acid-producing substance, such as a toilet bowl cleanser or vinegar, will suddenly release a quantity of toxic chlorine gas.

Similarly, when you mix bleach with other alkaline matter, ammonia or lye, the chemical action liberates a highly irritating gas.

Never mix bleaching agents with toilet bowl cleansers, am-

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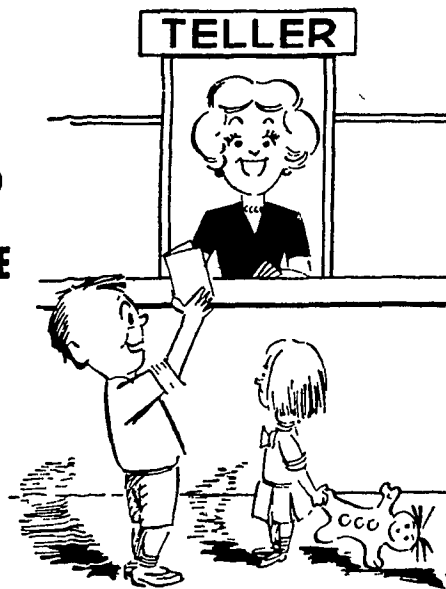
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