

# Farm Women Societies

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Some Society members will attend the Sweetheart Banquet at Willow Valley Restaurant on February 28.

The March meeting will be held

at 7:30 p.m. March 9 at the home of Mrs. Arthur Groff.

## Society 27

Farm Women Society 27 met at the home of Mrs. Albert Fry Jr.

Manheim RD2, with Mrs. Leon Schnupp serving as cohostess. Devotions were led by Mrs. Roy Wolgemuth.

Mrs. Roy Sauder, president, was in charge of the business meeting.

Featured for the evening were the Milk Maids, a vocal trio from Society 29, and a demonstration on ceramics by Mrs. Howard Witmer, Manheim RD2. Both were very entertaining and interesting.

Husbands will be included in February's meeting as members entertain at Sweetheart Night at the Musser Spring House, Mount Joy. Planning responsibilities will be in charge of the food and social committees.

## Society 29

Farm Women Society 29 met recently in the gymnasium of the Maytown Elementary School for a "Physical Fitness" evening. Following group exercises the members enjoyed playing volleyball.

During the business portion of the meeting, members decided to sell hoagies as a money-raising project. Also discussed and approved was selling "Farm Wife News" subscriptions.

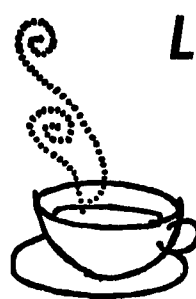
The Society's newest member Mrs. Lindley Wells, was installed. It was also noted that Mrs. Eugene Wenger will be installed as a new member at the February meeting.

The group voted to assist the Lancaster County Chapter of the Red Cross in making wheelchair bags for Lebanon Veterans Administration Hospital.

Sharon Hiestand, president, informed members of important future events. On February 17, Societies 28 and 29 will visit guests at Conestoga View. May 10 is the date of the Spring Rally to be held in Somerset County. County convention will be held November 4 at Lancaster School of Bible.

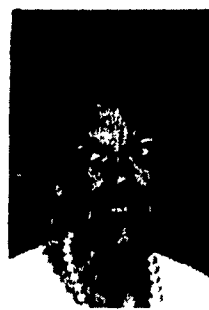
Members approved a \$10 donation for the kitchen shower benefiting the Farm and Home Center.

The next meeting will be at St. Mark's United Methodist Church, Mount Joy, on February 21 at 7:30 p.m. A movie concerning drugs, "Flip Side," will be shown.



Ladies,  
Have  
You  
Heard?

By Doris Thomas,  
Extension Home Economist



Doris Thomas

### P Is For Potatoes—and Plentiful

Some of life's good things begin with a "P" and not the least of them is the Popular Potato.

And if your budget is bursting at the seams, it's good to know that Potatoes and Potato Products are on the Plentiful List, hence kind to the Pocket-book!

In fact, this is the second month the tasty tuber has made the list, published by the U.S. Department of Agriculture's Consumer and Marketing Service. C & MS says that because of the large supply available prices are expected to remain at low levels during the month. Inventories of frozen French fries in particular are of nearly record proportions.

Speaking of frozen French fries, keep a few packages in your freezer and you'll never be at a loss for something to accompany the main dish. Try mixing sauteed onions with them.

Instant mashed potatoes, too, are a boon to the busy cook. Vary the liquid when you make them; try cream soups, sour cream or buttermilk sometimes instead of whole milk and you'll be pleased with the results. Fold in some chives with the sour cream and you'll really have a special treat.

Second-day mashed potatoes can be appetizing fare, too. For instance, try seasoning leftovers with onion, salt and pepper and rolling them into balls; then fry them until golden brown.

And if it's fresh potatoes you're after, remember that the best ones are firm, smooth and well-shaped. They should be free from cuts and blemishes. Avoid the ones with green color on some part of the surface, for these spots have a bitter taste.

And keep them in a cool, dark place when you get home. Never

store them in an airtight container, for they need air circulating around them.

Now that you're a potato expert, try this interesting recipe for PAO DOCE, a sweet bread made in Portugal:

- 1 tablespoon sugar
- 1 package active dry yeast
- ¼ cup lukewarm potato water
- ½ cup mashed potatoes
- ½ teaspoon ginger
- ½ cup milk
- 1¼ teaspoon salt
- ¼ cup butter or margarine
- 3 eggs
- ¾ cup sugar
- 4 cups enriched all-purpose flour (approx.)

**TO PREPARE:** Add the tablespoon of sugar and yeast to the lukewarm potato water and stir until dissolved. Blend in lukewarm mashed potatoes and ginger. Set aside to rise until double in bulk.

Scald milk, add salt and butter, and cool to lukewarm.

Beat eggs; save a tablespoonful to use as glaze. Add ¾ cup sugar gradually to the remainder of eggs and continue beating until light.

Combine yeast, egg and milk mixture (be sure all ingredients are lukewarm). Blend thoroughly and then stir in two cups of the flour. Beat until well blended, about 5 minutes. Add remaining flour gradually, kneading when dough becomes too stiff to beat. Turn out on a floured board and knead until smooth and elastic, about 5 minutes. Add only enough extra flour to prevent sticking.

Place the dough in greased bowl, turning once to grease surface. Cover and let rise in a warm place until double in size, about an hour.

Punch down dough, and divide it into 2 balls. Allow dough to rest about 5 minutes—this makes it easier to handle. Shape into round loaves or other desired shapes. Place in greased baking pans or on cookie sheet. Cover and allow to rise in a warm place until double in bulk, about 1½ hours.

Brush loaves with beaten egg. Bake at 350 F. for about 30

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