

Ida's Notebook

We had something different happen this year.

Our Calico cat had four kittens in the base of a hollow tree. That is, she did until our Irish Setter found them and carried them around. Then they were moved into a box in our summerhouse.

They are a roly poly little bunch. The Baltimore Orioles have come back to nest again. The black and orange plumage is beautiful and I enjoy their cheerful song when I'm working in the garden.

It is time to hunt for those first oversized strawberries which are turning red.

It is quite an experience to volunteer for work at the clothing bank in Lancaster.

One does not realize the number of families who depend on it for their clothing supply. Some of the people who come cannot choose the items which are speak English and their children allotted to them, they impart



By Ida Risser

Farm Women Calendar

Tuesday, June 1

1 30 p m — Lancaster County Farm Women board meeting, home of Mrs Hiram Graybill.

Thursday, June 3

1 30 p m — Farm Women Society 20 entertain Society 15, Quarryville Memorial Methodist Church

Farm Women Society 17, home of Mrs Harry Harsh.

Saturday, June 5

12 30 p m — Farm Women Society 10 entertain Society 18, covered dish luncheon, Farm and Home Center

2 p m — Farm Women Society 6 entertain Society 14

Ladies, Have You Heard? ..



Freezer Can Save Time, Money

It's a proven fact that just because you have a home freezer you are not necessarily saving money.

However, if you plan how you're going to use a freezer and use it properly, it can save you money.

Freezing is an excellent way to preserve food. Foods that are frozen taste more like fresh foods than those preserved by other methods. Freezing doesn't improve the quality, but if you choose food carefully, prepare it properly, and wrap it correctly, you'll preserve this freshness.

Home freezers are ideal for preserving locally produced fruits and vegetables for better meals the year round. You'll save money if these fruits and vegetables come from your garden.

Since grocery stores are generally supplied with a large quantity of fresh vegetables, it may not be wise to monopolize valuable freezer space with quantities of home-frozen vegetables.

You may want to freeze vegetables if your family is especially fond of one that's in season for only a short time, or if you have a surplus of choice vegetables from your own farm or garden.

It's possible to serve better meats of less money if you take advantage of specials or buy a quarter or side of beef and have it cut, frozen, and wrapped.

With planning, you can save some time and energy by making fewer trips to the supermarket, or by baking in quantities.

A freezer can transform you from cook to hostess when you entertain. If you've kept your freezer stocked with desserts, breads, or company casseroles, you won't be flustered when unexpected guests arrive. Entertaining is easy with made-ahead foods.

A home freezer used wisely can be a time and money saver.

Buying, Using Fresh Rhubarb
Rosy, red rhubarb seems to spell spring more clearly than any other food. That's why it's a natural choice to add variety and color to your meals.

Rhubarb you see in stores has the leaves removed. That's because you never eat rhubarb

leaves and they take up valuable counter space.

You see long, slender rhubarb stalks that are mostly pink or red early in the season. That variety is grown in hothouses.

But now you're seeing field-grown rhubarb. It's greener than the hot house variety. Also, fieldgrown rhubarb has larger stalks but it's still tender and tart.

Look for firm, tender, and fairly thick stalks when you shop. And select stalks that have some rich, red color. Limp, wilted stalks may not have the flavor you expect to get in rhubarb.

Teaming rhubarb with other fruits is a good way to tone down its tart flavor. And you'll find strawberries, pineapple, bananas, oranges, and apples make good partners for rhubarb.

Your family might enjoy rhubarb sauce. You can keep a good supply on hand in the refrigerator. Or why not serve it along with roast pork chops?

And for a special parfait, team rhubarb, strawberries, and ice cream. To do this, prepare rhubarb sauce ahead of time and chill. Then arrange alternate layers of chilled sauce, ice cream, and thawed frozen strawberries in parfait glasses.

Why not take advantage of fresh rhubarb while it's in good supply?

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bits of information about their family life and background. Many times the stories are pathetic.

However, there are always those who take advantage of a situation. A group of older teenagers came in and furtively put on sweater upon sweater. Then they nonchalantly walked out.

Many families appreciate the efforts of the Lancaster County Council of Churches and benefit from the clothing bank.

Soon the public schools and colleges will be closing and there will be more plates to put on the table. Our college-age son will be home soon to help us build an addition to our barn and his help is most welcome.

Even our oldest girl will be home for a few days over Jeff's graduation exercises. And she is bringing two friends, so we will have a full house — the more the merrier.

Standards for Oriental Foods

The U. S. Department of Agriculture has established standards for oriental foods—the type you buy at the supermarket and then heat and serve. This means that foods containing meat and poultry passed the USDA inspection for wholesomeness and were produced in plants meeting established requirements for sanitation and facilities, explain extension consumer economics specialists at The Pennsylvania State University. Such foods must be truthfully labeled and meet minimum standards for meat and poultry content.

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