

Agricultural, Home Economics Extension Assn. Has Banquet

The Lancaster County Agricultural and Home Economics Extension Association held its annual banquet at the Farm and Home Center Tuesday night.

Mrs. Jean Thomas, 118 East Ferdinand St., Manheim, received the 4-H Alumni Recognition Award. The award was presented by Jay Irwin, associate Lancaster County agent.

Joining her first 4-H club in 1941, Mrs. Thomas was on the Lancaster County poultry demonstration team that won the state championship in 1949. She went to Switzerland in 1951 under the International Farm Youth Exchange program (IFYE).

On the leaders council and the 4-H development fund committee, Mrs. Thomas is a member of the Extension service executive board. She has been a 4-H club leader for 18 years and is leader of the Manheim Joys of All Trades Home Economics Club.

Five members of the extension Association's 21 member board of directors were elected for three year terms.

Three re-elected were: Melvin G. Rohrer, Litz RD3; Mrs. John W. Sangrey, Conestoga RD2, and Mrs. Roy H. Book, Rons RD1. Newly elected were: Lewis Bixler, Marietta RD1, and Donald B. Trimble, Peach Bottom RD2.

In her report, Mrs. Doris Thomas, Extension home economist, reported continued progress in 1970 on the clothing program. A total of 61 clothing workshops were held compared to 26 the year before. Persons participating in the workshops paid salaries of persons hired to teach the program, she explained. Additional courses are now being set up, she added.

New Nutrition Program

Mrs. Thomas also gave a detailed explanation of the new nutritional education program which is now being established in Lancaster County. There are now 51 counties in Pennsylvania with the program, she said.

The program involves 10 nutrition assistant aides including four black three Spanish speaking and three white and a new nutrition assistant Kay Maisano, 209 E. Chestnut St. Lancaster, who will spend part of her time with an adult program and part of her time developing youth programs patterned after 4-H. She will work with both mothers and children.

Mrs. Thomas said the program involves working on a one to one basis to get homemakers to help themselves. This is the basic philosophy — helping them to help themselves. It is not a hand out program but an educational program, she said.

Mrs. Thomas who has been working full time on the new program is helping to get established, emphasized that the nutrition program is being funded on a permanent basis as an ongoing part of the County Extension program. Besides food, the program will involve all aspects of family life in which poor persons may need assistance, including handling of money, clothing, and other phases of family life, she explained.

County Agent Reports

Max Smith, Lancaster County agricultural agent, noted that this is a "time of change." One of the changes, he said, includes a new emphasis on low income families. He noted that at a two day conference of Extension personnel recently most of the time was devoted to low income people and civil rights. This is a big change from the time when Extension personnel were

involved almost exclusively with such matters as how to make cattle produce and how to grow alfalfa.

Smith also pointed out a trend toward the use of area Extension agents covering several counties. These area agents are usually specialists with detailed knowledge in specific areas. They can be valuable to commercial farmers who need specialized information in a hurry, he said.

Smith noted the success of the TV 4-H action program on emergencies introduced last year. About 5,300 boys and girls took part through their schools.

The county agent also noted changes are underway in the area of pesticides. DDT is "going out the window and some others will follow," Smith said.

Area Extension Staff

Miss Ellen Garber, Penn State area Extension staff, spoke briefly on various Extension programs involving the family. She noted that James Van Horn has been added to the Extension staff as Penn State as a family advisor. Family health including the drug problem, and the housing shortage, are among issues on which more information and help will be made available, she said.



Among those on the program at the banquet of the Lancaster County Agricultural and Home Economics Extension Association this week were: left to right, Carl Herr, 840 Penn Grant Road, Lancaster, Extension Association president and toast-

master of the banquet; Marion R. Deppen, Penn State extension staff; Miss Ellen Garber, Penn State Extension staff, and Max Smith, Lancaster County agricultural agent.

Speaking on the new nutrition program, she noted that nutrition is related to health and

that the mental health of unborn children can be hurt if they do not receive proper nutrition. She noted that the new program will include food preparation, meal planning, and such basic things as getting rid of bugs. It also involves individual and community development, she said.

showed slides on "The Steward of the Environment" pointing out the historical interest of extension in emphasizing conservation in farm practices. In the future, he said, farmers can expect trends toward non-pesticide controls, such as the use of insects to destroy insect pests, and to much more emphasis on recycling. He noted

Marion R. Deppen, Penn State area Extension staff,

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Judy Longenecker displays lace and material, draped over her shoulder, she obtained while in Great Britain for six months last year under the IFYE program.

AGRICULTURAL EXTENSION SERVICE

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