

An Old Organization Comes to Life

(Continued from Page 17)
 said that when the Federation helps stop the passage of poor legislation, it benefits everyone in the industry. Mareks, which the Federation has been working to combat, adversely affects everyone in the industry, as well as the consumer; now, with the help of the Federation, a successful Mareks vaccine is ex-

pected in the state within months.

Whether it's stopping poor legislation or development of an important new medicine or some other business important to the industry, these things don't just happen. "These things are made to happen," Bickler stated.

And he said much of the work

in obtaining the results comes from the donated time of individuals within the industry.

Not everyone can make a major contribution to his trade organization, Bickler acknowledged, but he said it's important for everyone in the industry to belong and provide financial and moral support for the Federation's programs and policies.

Eggs Prescribed to Help Combat Physical Ailments

For persons suffering from certain physical ailments or disease, the cure may include a high protein diet centered around eggs.

One such ailment occurring in some Americans today is hypoglycemia, which means below normal blood sugar levels in the human body.

As explained by Herbert Jordan, Penn State extension poultry specialist recently, hypoglycemia may be the result of several disorders. A defective functioning of the cortex of the adrenal gland can cause hypoglycemia which is often the most frequently observed disorder in the greater condition called hypoadrenocorticism.

By definition hypoadrenocorticism is either a lack of adequate adrenal cortical hormone production or an imbalance among these hormones. The quantity and quality of hormone production in the body depends greatly on a well-balanced diet.

Carbohydrates, especially the high (quick) energy ones like sugars found in foods such as pastries, candies, and other sweets, aggravate the hypoglycemic disorder. These rapidly absorbed carbohydrates can cause blood sugar levels to sharply rise and fall. This fluctuation in blood sugar levels is characteristic of many hypoadrenocortical patients.

To prevent great fluctuations

in blood sugar levels and problems associated with it, intake from carbohydrate sources should be reduced and protein consumption should be increased.

Short-range correction of hypoadrenocorticism includes drug therapy.

But a primary part of the long-range treatment is nutritional. The patient is encouraged to reduce carbohydrate intake and increase fat intake to a moderate level. Protein consumption should be increased by eating such foods as eggs, milk, cheese, meat, fish, shell fish and some vegetables.

Jordan also explained that the egg is the only naturally packaged food designed to start feeding life from its beginning as a cell. All other foods are designed to sustain life after it is born or hatched into the environment.

The egg is the only complete food package a young bird has for the first several weeks of its life. The egg offers man this same delicate balance of nutrients to sustain his life.

Although the egg offers no magic as a therapy, Jordan said, it is and has been a well-balanced package of essential proteins, fats, minerals and vitamins which are the nutrients necessary for human health.

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