

Farm Women Societies

Society 1

The Society of Farm Women 1 will meet at the home of Mrs. Franklin Weber on Saturday, October 10 at 1:30 p.m. A Plan and Food Sale will be featured at the meeting.

Miss Rachel Bollinger will present the devotions and Mrs. Fim Hershey will serve as co-hostess.

Society 4

Society of Farm Women 4 was entertained with an original skit "Preparation for the Spelling Bee" directed by Mrs. John Melange at a meeting in St. Paul's U.M. Church, Mountville. Mrs. Charles A. Shellenberger and Mrs. D. L. Shellenberger were hostesses and served refreshments bagged as a school lunch in keeping with the back-to-school theme.

Mrs. Luke Brandt was in charge of devotions. Mrs. Harold Miller, Mrs. Henry Reist and Mrs. Brandt presented vocal selections. Miss Karen Shellenberger played a flute solo.

Miss Alice Marie Nissley conducted the spelling bee and Mrs. Frank Nolt was declared spelling champion.

A gift of \$25 was forwarded

to the County Farm Women Project, Mental Health. Mrs. Richard King, Mrs. Brandt and Mrs. John Gingrich were assigned chairmen of a display table on November 30 at the Home-makers Christmas Program at the Farm and Home Center.

Miss Edna Yeagin, social activities chairman, announced that reservations for a bus trip to Philadelphia on October 20 are filled.

Next meeting will be held October 24 when a gentlemen's night is planned with a dinner at Willow Valley Motel. Dr. J. Calvin Wenger will speak on "From Where I Stand." Reservations may be made with Mrs. Robert Garber, Columbia RD2.

Society 6

A bus tour of places of historical and educational interest in Lancaster County highlighted the October meeting of Society of Farm Women 6.

Places visited included the Elizabethtown Continental Press, New Holland Division of Sperry Rand, Kauffman's Store, American Wonderland near Zinn's Diner and the Cloisters of Ephrata.

During the business portion of the meeting conducted by Mrs.

Milton Elam, president, six volunteers were named to hold seats for the Tuberculosis Society. \$20 was approved to the United Company and plans were made to entertain guests at the Loan Nursing Home at Christmas.

A new member, Mrs. Harry Shock, Matamoras, PA, was installed. There will be no meeting in November because of the County Convention on November 7. The next regular meeting will be December 5 at the Rheems Fire Hall when members and their families will gather for the annual Christmas dinner.

Society 20

Unusual hardos and makeup provided the entertainment at the October meeting of Society of Farm Women 20 held in the home of Mrs. Marshall Rintz, Quarryville RD3. The hostess led devotions.

Mrs. Elam Hess, president, was in charge of the meeting. Punch recipes were exchanged. A donation was given to the United Fund.

Officers for 1971-72 were named. Mrs. Hess was reelected president. Mrs. Silas Rice vice.

(Continued on Page 25)

Ladies, Have You Heard? . . .

By Doris Thomas, Extension Home Economist



Revelations of a Cash Register Tape

Are you puzzled by your food bill? Does it seem to be bigger and bigger every time you set foot in the grocery store?

There's a natural reason for us to blame food prices for growing grocery bills. And they are partly responsible. But the size of the register tape total depends a great deal on consumer habits.

In recent years food prices have risen along with the cost of just about everything else in the family budget — housing, transportation, medical care, and personal services. But food costs have not risen as fast as these others, and fortunately, none have risen as much as family incomes.

When we bring home more money, as most of us have been doing, we often spend some of it at the grocery store for higher valued foods — better cuts of meat, gourmet items, and convenience foods.

These actions help to inflate the size of the family food bill. But the size of the family itself can blow it up even more. Every baby, every birthday boosts the bill. A moderate budget of, say \$20 a week will be enough to pay for all the food a young couple eats at home. But add two small children to the family and the bill jumps to around \$30. When they are in elementary school the total is closer to \$35. And with two teenagers, it's a whopping \$40.

Of course, these estimates do not include the nonresident members — your young children's playmates the neighbor who is over for coffee, the weekend house guests.

You changing family and you changing tastes are clues to your changing food bill. So are foods themselves.



THOMAS

Many 'mod' foods include Chef services, that help a vice cook turn out delicacies, maid services that cut preparation and cooking time, nutritional expertise that boosts the vitamin and nutrient content of many foods.

Better refrigeration, industry and government research, and faster farm-to-store travel have played a part in improving the quality and wholesomeness of modern foods.

Supply and demand, the economic facts of life, also show up in our food bill.

On the demand side of the economic coin more people with more money to spend have been pressuring prices inside and outside the retail store.

Some of the things in our shopping cart that take a bite from the family budget are things we don't bite back things.

(Continued on Page 26)

5 3/4% INTEREST

COMPOUNDED DAILY

Now, we have savings plans with a higher yield than most common stock dividends and without risk of loss due to market decline. As little as \$100 starts you with these more lucrative, safer savings plans. Your deposits are insured for up to \$20,000 by Federal Deposit Insurance Corporation. Start today by calling 397-7411. Ask for a Savings Specialist at any of our 14 offices and bring your deposits to the Key Bank where they're really big on interest.



LANCASTER COUNTY FARMERS NATIONAL

MEMBER F.D.I.C.

ATTENTION: ALL POTATO GROWERS

Announcing our new potato bag warehouse location for Lancaster County area is now at Noah Kreider and Sons Farm at Manheim, R.D. #1, Telephone 717-665-4415.

COMPLETE STOCK OF 10's, 20's AND 50 LB. BAGS AVAILABLE IN BLUE LABEL AND OTHER STOCK BRANDS AND BAG TIES.

We extend our services to all growers in bag supplies and selling service in marketing your potato crop.

If we can help you call our Harrisburg or Neffs office:

Pennsylvania Cooperative Potato Growers, Inc.

25 N. Progress Ave., Harrisburg, Penna. 17109
Telephone: 717-652-4200 Neffs Office: 215-437-9808

IT PAYS TO "RITCHIE-LINE" YOUR FARM THRIFTY RITCHIE AUTOMATIC LIVESTOCK WATERERS



73 Waterers in 27 Models For Every Farm Need INSURES water warmed in winter and pipe-line cool in summer. Use in Lot or in a Fenceline.

'Round the Clock They'll Money For You!
Come In Today

LESTER A. SINGER
RONKS, PA. 687-6712