

# Farm Women Societies

## Society 1

Mrs. Ruth Orvis, occupational therapist at the Chester County Home For the Aged, was the guest speaker at the Society of Farm Women 1 meeting at the home of Mrs. George Zahn, Chester, last Saturday.

Devotions were presented by Mrs. Roy Bollinger and Mrs. Roy Brubaker served as song leader.

During the business meeting, conducted by Mrs. Scott Garman, president, the society voted to donate \$50 to Mental Health and \$10 to the United Fund Campaign.

A report of the executive board meeting and county fami-

ly picnic held on August 5 was given by Mrs. Zahn. Mrs. Roy Brubaker reported on the recent bake sale.

Mrs. Garman announced the following schedule of meetings: October 13 from 9 a.m. to 2 p.m. sewing at the Lancaster General Hospital; November 7 — County Convention luncheon meeting at the Farm and Home Center; and Apple Butter Making at the Landis Valley Museum on October 3.

Evelyn Ay Sempler will be the guest speaker at the County Convention and the Bell Ringers from the Martin Mylin School will entertain Tickets for this affair may be secured from Mrs. Garman.

Women from the local society

who will participate in the Harvest Days at Landis Valley include: Mrs. Martin Hess, Miss Rachel Bollinger, Mrs. Martin Moore, Mrs. Roy Brubaker, Miss Mildred Shreiner, Mrs. Willis Bucher, Mrs. Daniel Brubaker, Mrs. Henry Shreiner and Mrs. Garman.

The next Society meeting will be held at the home of Mrs. Franklin Weber, Lititz RD2. Mrs. Elmer Hershey will be the co-hostess. Miss Rachel Bollinger will present the devotions.

## Society 2

A donation was made to the United Campaign by Society of Farm Women 2 at a meeting held in Mt. Gretna. Hostesses were Mrs. Rufus Waltz and Mrs. Fred Hahn. Mrs. Anna Cape-

(Continued on Page 26)

## Ladies, Have You Heard? . . .

By Doris Thomas, Extension Home Economist



### Shop October Plentiful

What's your favorite apple? Red Delicious, McIntosh, a tart Northern Spy? You can be the judge because there is a large hardy fall dish.

For dessert you can depend on the old favorite — apple pie, or apple cobbler, or even spiced apples. You can try your hand at making mulled cider when the frost is on the pumpkin this fall, or you might try apple-cranberry punch for the football crowd.

Whatever your taste buds thrive on you can satisfy the whole family with an apple-assortment of apples at retail markets now, and more coming in. Apples head USDA's Plentiful list for October.

An apple makes a good low-calorie snack (only 70 calories if it's medium size) or you can use apples in your main course — perhaps mincemeat apple filled peaches which provides recipe. Fresh apple production forecast for the 1970 harvest is the second largest in 30 years. On the plentiful list for October in addition to applesauce and apple juice will be pork, broiler-fryers, dry beans, canned peaches, canned salmon, onions, eggs, potatoes, and dried prunes.



THOMAS

October, the month of crisp autumn days, thoughts of Halloween and pumpkins, provide the perfect setting for interesting menus with succulent dishes. Use the USDA daily food guide and plan meals around the "Basic Four" — milk, vegetable-fruit, meat and bread-cereal groups.

Mincemeat-apple filled peaches (8 servings). Use 1 cup finely chopped apples, 1/2 cup mincemeat, 1/2 cup miniature marshmallow, 8 canned peach halves, drained, and peach syrup as needed.

Mix apples, mincemeat and marshmallows. Place peaches in baking dish and fill centers with apple mixture. Pour a few tablespoons of peach syrup into bottom of dish. Bake at 375° F. for about 20 minutes, until

(Continued on Page 31)

# AGWAY

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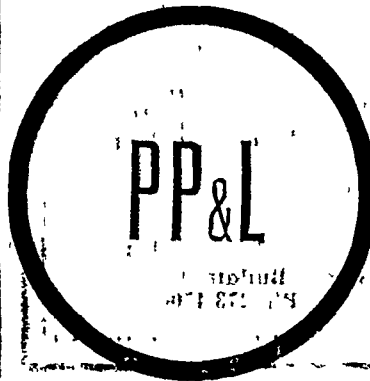
The stylish, no-chip brushed chrome cooktop of this range, Model RF756, is as easy to keep clean as its extra-wide oven with patterned window door. Hotpoint automatic oven cleaning is a simple four-step procedure: lift the window shield, latch the door, set the solid-state oven control to "clean," and set the oven timer to the desired cleaning time.

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