### Omelet King Leads



Rudy at work at the Hilton. Here, he has just rolled the omelet to the edge of the pan. In the background, some of the nearly 200 persons who attended the Tuesday evening affair watch intently as they await their omelets.

(Continued from Page 6) ready for purchase within a day of production

Heibeit Joidan, Penn State poultry specialist, continued by stating that people today are being advised of the need to increase their protein consumption and decrease carbohydrates and snacks

"We're excited about this trend because eggs are one of the best and cheapest sources of pro tein," he said.

Joidan used the comments as an introduction to his main topic, an explanation of eggs as a means of fighting hypoglycemia which Joidan described as low blood pressure. One to five eggs a day are recommended by nu tritional authorities to combat this condition, he said (See separate story for details.)

Jordan also demonstrated how to distinguish a cooked from an uncooked egg Simply spin them The uncooked egg won't spin readily, while the cooked egg will spin easily.

Pennsylvania's secretary of agriculture, Leland H Bull, said the state inspection program is important to the egg industry because it insures the quality which helps make the consumer interested in buying eggs time after time

Bull also said product research is important to help find new ways to sell agricultural products in new forms

But the real attraction of the evening at the Hilton was Stanish himself

Using three skillets, the omelet king stirred his omelet mix into each one in tuin, skillfully

offers



Many VIP's, including Pennsylvania Secretary of Agriculture, Leland H. Bull, (lower left) attended the omelet promotion at the Hilton. Admiring the omelet with Secretary Bull are: Miss Nanette Stauffer, Lancaster County Poultry Queen, who will be competing for the state title today (Saturday); Sherman Hill, Pennsylvania House of Representatives, house agricultural committee, and Clarence Manbeck, Pennsylvania Senate, vice chairman of the senate agricultural committee. Lancaster Mayor Thomas J. Monaghan (not shown) presented the key to the city to Stanish.

nearly done, quickly sprinkling deter him. some cheese, then rolling the Stanish received a plaque from loaded onto waiting plates

which he did it at the rate of gledients one every 20 seconds when he was at peak performance, but he seemed to wear down a little after the first few dozen diners went through the line

Also, it was observed that he seemed to go faster when the Heildelberg Polka Band had a fast number going

Two small fires, which tempo-

### To Be Treated at Freys

The Lancaster County Holstein Association will treat state bureau of marketing officials to a steak barbecue at the J Mowery Frey faim at 2 pm Tuesday.

The marketing officials are taking time out from a meeting in Philadelphia to toui Lancaster County.

The officials will come to Lancaster County at about 10 am The schedule includes a visit at noon of the Noah W Kreider and Sons farm at Manheim RD3.

stirring the mixture till it was rarily upstaged the egg, didn't

omelet to one end of the skillet. the Pennsylvania Poultry Feder-This was repeated with the other ation for his work in promoting two skillets, then each was un- the egg It was reported that he prepares 20,000 to 30,000 omelets The guests, including many a year, using up to 300 different women, admired the ease with recipes and 150 different in-

> Stanish was at the Dutch Days celebration in Hershey later in the week, where he used 150 dozen fresh eggs in making his

### Pa. Marketing Officials

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