

Omelet King Leads Local Eggfest

Health food, inflation fighter, largest farm income producer—versatile and good tasting too—What is it? An egg. That's the picture of the egg King that was painted in Lancaster County Tuesday. The egg as the housewife's hero in every sense. The celebration of the egg—second only to milk as the area's

centered around Rudolph Stanish, who has gained a worldwide reputation as the World's Omelet King. Living up to his reputation, Stanish prepared more than 200 omelets Tuesday while he was here. Most of the king's omelets,

made from fresh eggs supplied by R W Sauder Inc. Lititz, were enjoyed by leading egg producers and allied industry men and their friends who attended a meeting Tuesday evening at the new Hilton Inn in downtown Lancaster.

Stanish also gave a demonstration of his skills earlier Tuesday when he first arrived at the Lancaster Airport. He also visited the Plain and Fancy Egg Ranch near Manheim Wednesday.

At the Tuesday night program, Samuel Beienson noted the increasing efficiency of the egg industry. He noted that today's hen produces 100 more eggs per year and consumes 37 per cent less feed to produce a dozen eggs than her counterpart in 1930.

Donald Hoin, of D E Hoin & Co., Inc., went on to explain that a dozen large eggs weighs one and a half pounds. At the current local supermarket price of 60 cents a dozen, eggs cost 40 cents a pound.

"Where can the housewife get more for 40 cents a pound?"

He also said that since 1947, the car that cost \$1,500 will now cost \$4,000, while retail egg prices have dropped from 82 to 60 cents a dozen. "The egg is one of the few inflation fighters

available to the housewife today," he said.

At prices of 30 to 50 cents a pound, depending on the market price, Hoin said, eggs are the cheapest source of protein on the market. Most other protein costs at least twice as much, he said.

Hoin also said many persons use non-protein foods for their energy, but he said high protein diets, which can be centered around eggs, give the best re-

sults. With the high protein diet, a person can lose weight more easily, relieve fatigue and irritability.

Hoin also noted that "the fresher the egg the better the quality." Hoin asked Stanish, who was still preparing omelets for confirmation and the omelet king replied, "Amen!"

Hoin said many eggs produced in this area are in supermarkets. (Continued on Page 7)



Rudolph Stanish, World's Omelet King, greets small crowd at Lancaster Airport before demonstrating his skills with the omelet. Becky Jo Fritz, Pennsylvania Poultry Queen, looks on.

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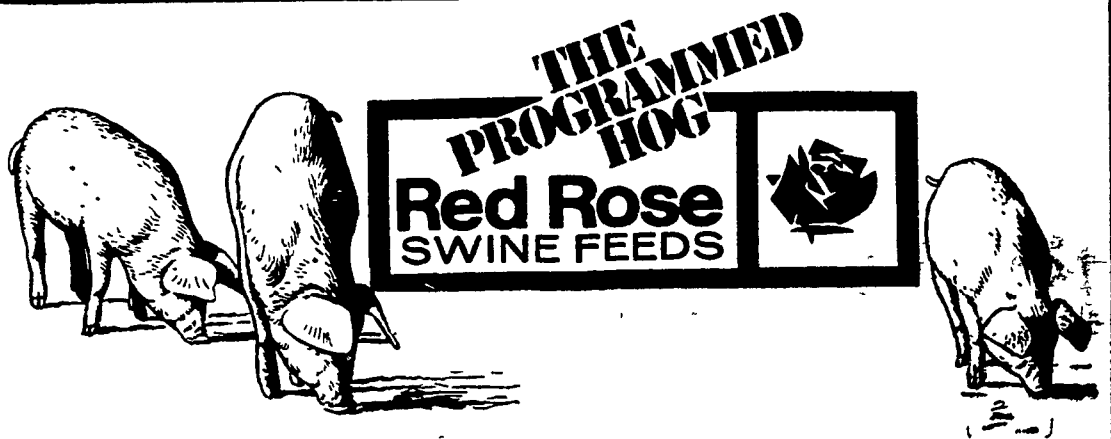


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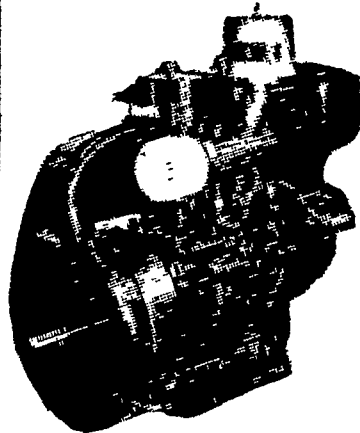
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