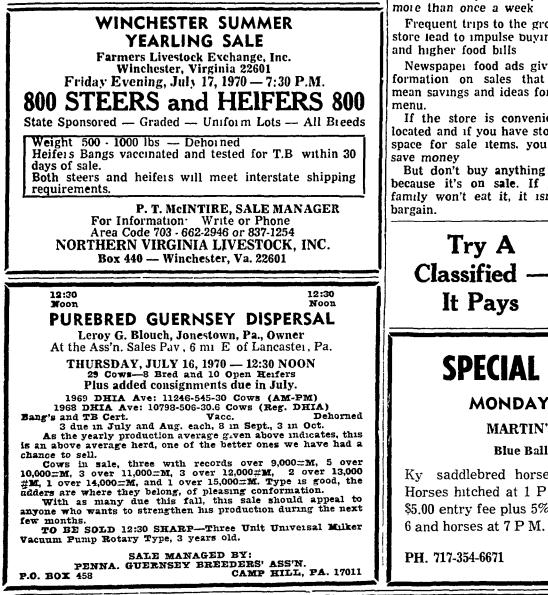
National Holstein Sale the Holstein-Friesian Association Plan Shopping,

J. Mowery Frey Jr , Fultonway

Farms of Lancaster, consigned Nearly 1,000 persons from 12 Compare Costs an animal at the National Hol. slates and Canada witnessed the stein Convention Sale, reportsbidding

Try A Classified Ad It Pays!



Advance planning can mean the difference between high cost and economical meals

Plan menus for a week at a time and shop for staples no more than once a week

Frequent trips to the grocery store lead to impulse buying and higher food bills

Newspaper food ads give information on sales that can mean savings and ideas for the

If the store is conveniently located and if you have storage save money

But don't buy anything just because it's on sale. If your family won't eat it, it isn't a size and weight.

Arrange your shopping list according to the layout of your store to save time and steps.

its contents

Find out which days offer the best selections of meats and fresh produce

Become familiar with brand names so you can recognize price changes

A price increase in one brand may indicate that you should compare brands and perhaps switch to a lower-priced brand

A price decrease may suggest 7.9 p.m - Garden Spot Comspace for sale items. you can a quantity purchase if you have enough storage space and can use the item.

Buy by weight rather than by volume, package size or number for better value comparison.

Compare costs of different forms of foods.

When buying meats, cost per serving, not cost per pound. is the best measure of values

SPECIAL HORSE SALE

MONDAY EVE., JULY 13

MARTIN'S SALE STABLES

Blue Ball, Pa., Lancaster Co.

Ky saddlebred horses, Standardbreds and ponies. Horses hitched at 1 P M. Change on Comm. rates -\$5.00 entry fee plus 5%. Tack sold at 5 P.M Pomes at TERMS BY 6 and horses at 7 P M.

PAUL Z. MARTIN

Farm Calendar

Saturday, July 11 Get to know your store and 1970 Keystone Stud Ram and Ewe Sale, Harrisburg, Pa

12 30 pm - Farm Women Societies 19 and 26, Church of the Brethren, Lititz Sunday, July 12

730 pm — The New Christy Minstrels Concert. Long Park Amphitheater, Lancaster.

Tuesday, July 14

- 10 am State Milk Marketing Board Hearing, Lancaster
 - munity 4-H baseball game with the Elizabethtown-Donegal Club, Lampeter Community Park, Lampeter.

Wednesday, July 15

- American Poultry and Hatchery Federation Convention, St. Louis, Mo, July 15, 16, 17.
- Southeastern Portion of Ninth Annual Pennsylvania Holstein Judging School, Clarence Stauffer Faim, Ephrata
- 930 am Regional 4-H Day (demonstration and public speaking contest), Owen J Roberts High School, Chester County
- Friday, July 17 Pennsylvania Young Farmers
- Association summer picnic, University Motor Inn. Lewisburg, July 17 and 18
- 3 pm Gloup of English agricultural authorities to visit Lancaster County
- 7 pm Anniversary Sale of 152 animals and Grand Openings of new section of Black and White Holstein Farm barn, 1500 Rohrerstown Road, Lancaster.



Lancaster Farming, Saturday, July 11, 1970-9

Read labels to learn quality,