

Ice Cream, Queen of Fun Foods!

Ice cream is so indisputably a "fun" food that it's even fun to make.

Test its group entertainment value next time there's a warm, leisurely afternoon and a gathering of folk.

Let everyone help fetch ice and oversee cranking. A badminton or croquet tournament will distract while the ice cream "ripens." Winner gets the first taste!

VANILLA CUSTARD ICE CREAM

$\frac{3}{4}$ cup sugar
2 tablespoons regular all-purpose flour
 $\frac{1}{4}$ teaspoon salt
2 cups light cream or half and half
2 eggs, slightly beaten
2 cups light cream or

half and half
1 $\frac{1}{2}$ tablespoons vanilla

In a 1 quart saucepan combine sugar, flour and salt, gradually add 2 cups light cream. Cook over medium heat, stirring constantly, until thickened. Cook 2 additional minutes. Add small amount of hot mixture to eggs, return all to pan. Cook, stirring constantly, 1 additional minute. Remove from heat. Add remaining 2 cups light cream and vanilla. Chill thoroughly. Proceed with freezing according to freezer manufacturer's directions. Yield, approximately 1 $\frac{1}{2}$ quarts.

Variations

Strawberry Ice Cream: Reduce vanilla to 1 tablespoon. Combine 2 cups fresh mashed

strawberries with $\frac{1}{4}$ cup sugar. When ice cream is half frozen, stir in sweetened fruit and continue freezing.

Mocha Ice Cream: Increase sugar to 1 cup. Combine 1 cup cocoa and 2 tablespoons instant coffee powder with sugar.

Chocolate Ice Cream: Increase sugar to 1 cup. Add 2 squares (2 oz.) unsweetened chocolate, cut up, to cream before cooking.

Banana Ice Cream: Reduce vanilla to 1 teaspoon. Add 1 cup mashed banana, 2 tablespoons lemon juice and 34 drops yellow food coloring to chilled mixture just before freezing.

Peach Ice Cream: Combine 2 cups mashed peaches and $\frac{1}{4}$ cup sugar. When ice cream is

half frozen, stir in sweetened fruit and continue freezing.

Maple Nut Ice Cream: Substitute 1 teaspoon imitation maple flavoring for vanilla.

Stir 1 cup finely chopped nuts into chilled mixture just before freezing.

Notes On Freezing

1 Fill ice cream freezer can not more than $\frac{1}{2}$ full with ice cream mix.

2 Pack with 1 cup rock salt to each 8 cups crushed ice in alternate layers until level with top of can.

3 When ice cream has formed, electrical freezer will labor or hand model will be difficult to turn (approximately 20-30 minutes). Remove top and carefully draw out freezer whip. Press ice cream into can. Cover. Repack with salt and ice in 1 to 4 mixture about 1 hour.

Testers, Not Owners, Set DHIA Visit Times

Donald S. Eby, president of the Lancaster County DHIA, has notified organization members that the heir owner must agree to have his heir tested when the supervisor or tester visits the farm.

The tester is not obligated to call the farmer before going to the farm. Although individual testers generally cooperate with the farmer when the farmer calls for time consideration in event of sickness or death in the family or other legitimate reason, such concessions are not mandatory. The owner cannot demand that he be tested at a certain time, Eby said.

Victor Plastow, associate county agent, said the rules clearly

indicate that the farmer has no right to know when the tester will arrive.

The comments were made after it was reported at a recent DHIA meeting that some farmers sometimes refuse to allow the tester to make the test when he calls or arrives on the farm.



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