

● Mrs. Lefover
(Continued from Page 22)

1/2 teaspoon onto greased cookie sheet.

AUNT CLARA'S COCONUT BALLS

- 2 1/2 cup granulated sugar
- 3/4 cup brown sugar
- 1 cup table molasses
- 1/2 cup corn syrup
- 1/2 cup cream
- 2 tablespoons butter
- 1/2 teaspoon salt

Combine all ingredients, and boil to 238 degrees, stirring constantly. Add 1 pound coconut and shape into balls when cool enough to handle.

CARMELS

- 1 cup granulated sugar
- 1 cup white corn syrup
- 1 cup light cream
- 1/4 cup butter
- 3/8 teaspoon salt

Combine and cook to 250 degrees, stirring constantly. Add 1 teaspoon vanilla and pour at once into greased 8x8 pan. Cool. Turn out and cut into pieces and wrap each separately.

For Chocolate Carmels Add 1 square (1 oz.) chocolate to ingredients before cooking, boil to 248 degrees and omit vanilla.

SALT-WATER TAFFY

- 1 cup sugar
- 2 tablespoons corn starch
- 1/2 teaspoon salt
- 3/4 cup light corn syrup
- 1/2 cup water
- 2 tablespoons butter

Combine these ingredients and cook to 260 degrees without stirring (Stir until sugar is dissolved, and mixture begins to boil). Remove from heat and add flavoring and coloring as desired. Pour onto platter or shallow pan, greased lightly. Work by pulling and twisting as soon as possible to handle. (Hands may be buttered lightly.) Cut and wrap when light and satiny-looking.



Have you added a vest to your wardrobe yet? The vested look is tops this season. Put together your skirts and shirts, pants and pullovers with a vest over all. This handsome V-neck version buttons down the front and has horizontal slit pockets at the waistline. The front is patterned with the fleur-de-lis, done in the stockinette stitch. The back is ribbed all in one color and the edges are finished with rib bindings. The sizing covers a wide range from misses' 8-20, plus women's 44. Free instructions are available by sending a self-addressed, stamped envelope to the Needlework Editor of this publication along with your request for leaflet PK 4352.

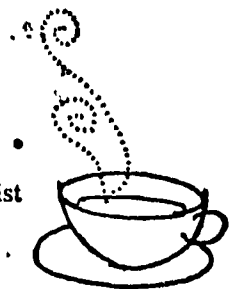
OLD-FASHIONED MOLASSES TAFFY

- 1/2 cup butter
 - 1/4 cup light corn syrup
 - 1 cup molasses
 - 2 cups sugar
 - 1 1/2 cups water
 - pinch of salt
- Combine and proceed as above
- 1-2-2 MAGIC CANDY**
- 1/4 cup butter
 - 1/2 cup white corn syrup
 - 3/4 cup sugar

Boil to 270 degrees, remove from heat, add color and flavor desired. Drop by tablespoons, or pour into cookie molds, on a cookie sheet to make lolly-pops or Christmas tree decorations (Don't forget to insert string or stick before pouring. These can then be decorated with sugar frosting (Or) Boil to 265 degrees, pour onto platter and pull as taffy after flavoring.

**Ladies,
Have You Heard? . . .**

By Doris Thomas, Extension Home Economist



How To Choose Processed Meat Products

If a product is marked All Beef or All Pork, it must contain only the type of meat named.

The term meat refers only to the muscle tissue of animals with natural amounts of fat. If the product is called All Meat, it may contain various meats, such as beef, pork or mutton. Read the list of ingredients to find out what the product contains.

If the product contains extenders, a phrase such as Cereal Added must appear as part of the product name.

Products cannot be labeled All Meat if they contain extenders.

The terms Chicken Meat or Turkey Meat refer to natural proportions of light and dark meat only.

The terms Chicken or Turkey alone refer to the meat, plus skin and fat.

Products called Beef and Gravy contain more meat than do products labeled Gravy and Beef. Also you get more poultry in Turkey with Noodles than you do in Noodles with Turkey.

A minimum amount of meat or poultry must be included in a product before it can be called a beef or chicken product.

For example, Chicken Noodle Soup must contain at least 2 per cent



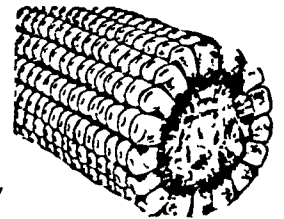
THOMAS

chicken A soup that contains less than the required amount must be called something like Chicken-Flavored Noodle Soup.

Protect Children From Fire. Keep young children in constant sight and mind. Never leave children alone even for a few minutes.

Be sure babysitters have specific instructions in case of a fire. (Continued on Page 27)

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