



Members of 12 different Lancaster County Farm Women's Societies donated 171 hours during a recent week to the Tuberculosis and Health Society of Lancaster County, folding and stuffing mailings in preparation for the 63rd annual Christmas Seal campaign. Shown at work in the Society headquarters, 630 Janet Ave., Lancaster, are, from left to right: Mrs. Joseph Nolt, Mrs. Gordon Mellinger and Mrs. Roy Book, all from Society No. 28; and Mrs. Paul A. Kauffman, Mrs. Norman Siegrist and Mrs. Paul Metzger, all from Society No. 4. There were 57 women from

12 different societies who each worked a three-hour "shift" for the Christmas Seal organization, making a grand total of 171 hours of volunteer service. Farm Women Societies in Lancaster County have aided the TB Society in the annual "stuffing" operation for more than 20 years. Goal of this year's campaign, which began officially on Wednesday, Nov. 12, is \$83,268. John E. Barry, treasurer of the local Society, is serving as campaign chairman for this year's drive for funds.

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Do All Have Cholesterol Problem?

Reminding the public that the problem of above average cholesterol in the blood is not a concern for everyone is a never-ending chore. Helping to clarify this fact are health educators and many medical writers appearing regularly in publications. Just recently, for example, the Chicago Tribune's "How to Keep Well" columnist, Dr. T. R. Van Dellen wrote — "Question In a recent column you had a hint with the following warning: 'Those with a cholesterol problem should eat fewer eggs.' Did that mean that some of us do not have a cholesterol problem?"

"Reply. Yes, in that many people have normal or less than normal amounts of cholesterol

in the blood even though they more to the amount of cholesterol eat foods known to elevate the oil in the blood than what is taken level. In other words, there is en by mouth."

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